Culture Is Communication

In physics today, so far as we know, the galaxies that one studies are all controlled by the same laws. This is not entirely true of the worlds created by humans. Each cultural world operates according to its own internal dynamic, its own principles, and its own laws—written and unwritten. Even time and space are unique to each culture. There are, however, some common threads that run through all cultures.

It is possible to say that the world of communication can be divided into three parts: words, material things, and behavior. Words are the medium of business, politics, and diplomacy. Material things are usually indicators of status and power. Behavior provides feedback on how other people feel and includes techniques for avoiding confrontation.

By studying these three parts of the communication process in our own and other cultures, we can come to recognize and understand a vast unexplored region of human behavior that exists outside the range of people’s conscious awareness, a “silent language” that is usually conveyed unconsciously (see Edward T. Hall’s *The Silent Language*). This silent language includes a broad range of evolutionary concepts, practices, and solutions to problems which have their roots not in the lofty ideas of philosophers but in the shared experiences of ordinary people. In the words of the director of a project on cross-cultural relations, understanding the silent language “provides insights into the underlying principles that shape our lives.” These underlying principles are not only inherently interesting but eminently practical. The readers of this book, whether they be German, French, American, or from other countries, should find these principles useful at home and abroad.

Culture can be likened to a giant, extraordinarily complex, subtle computer. Its programs guide the actions and responses of human beings in every walk of life. This process requires attention to everything people do to survive, advance in the world, and gain satisfaction from life. Furthermore, cultural programs will not work if crucial steps are omitted, which happens when people unconsciously apply their own rules to another system.

During the three years we worked on this book, we had to learn two different programs for our office computer. The first was quite simple, but mastery did require paying close attention to every detail and several weeks of practice. The second was a much more complex program that required weeks of intensive practice, hours of tutoring, and days of depression and frustration when “the darn thing didn’t work.” Learning a new cultural program is infinitely more complicated and requires years of practice, yet there are many similarities in the learning process.

Cultural communications are deeper and more complex than spoken or written messages. The essence of effective cross-cultural communication has more to do with releasing the right responses than with sending the “right” messages. We offer here some conceptual tools to help our readers decipher the complex, unspoken rules of each culture.

Fast and Slow Messages: Finding the Appropriate Speed

The speed with which a particular message can be decoded and acted on is an important characteristic of human communication. There are fast and slow messages. A headline or cartoon, for example, is fast; the meaning that one extracts from
books or art is slow. A fast message sent to people who are geared to a slow format will usually miss the target. While the content of the wrong-speed message may be understandable, it won’t be received by someone accustomed to or expecting a different speed. The problem is that few people are aware that information can be sent at different speeds.

**Examples of Fast and Slow Messages**

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Almost everything in life can be placed somewhere along the fast/slow message-speed spectrum. Such things as diplomacy, research, writing books, and creating art are accomplished in the slow mode. Buddha, Confucius, Shakespeare, Goethe, and Rembrandt all produced messages that human beings are still deciphering hundreds of years after the fact. Language is a very slow message; after 4,000 years, human beings are just beginning to discover what language is all about. The same can be said of culture, which incorporates multiple styles of “languages” that only release messages to those who are willing to spend the time to understand them.

In essence a person is a slow message; it takes time to get to know someone well. The message is, of course, slower in some cultures than in others. In the United States it is not too difficult to get to know people quickly in a relatively superficial way, which is all that most Americans want. Foreigners have often commented on how “unbelievably friendly” the Americans are. However, when Edward T. Hall studied the subject for the U.S. State Department, he discovered a worldwide complaint about Americans: they seem capable of forming only one kind of friendship—the informal, superficial kind that does not involve an exchange of deep confidences.

Conversely, in Europe personal relationships and friendships are highly valued and tend to take a long time to solidify. This is largely a function of the long-lasting, well-established networks of friends and relationships—particularly among the French—that one finds in Europe. Although there are exceptions, as a rule it will take Americans longer than they expect to really get to know Europeans. It is difficult, and at times may even be impossible, for a foreigner to break into these networks. Nevertheless, many businesspeople have found it expedient to take the time and make the effort to develop genuine friends among their business associates.

**High and Low Context: How Much Information Is Enough?**

*Context* is the information that surrounds an event; it is inextricably bound up with the meaning of that event. The elements that combine to produce a given meaning—events and context—are in different proportions depending on the culture. The cultures of the world can be compared on a scale from high to low context.

A high context (HC) communication or message is one in which *most* of the information is already in the person, while very little is in the coded, explicit, transmitted part of the message. A low context (LC) communication is just the opposite; i.e., the mass of the information is vested in the explicit code. Twins who have grown up together can and do communicate more economically (HC) than two lawyers in a courtroom during a trial (LC), a mathematician programming a computer, two politicians drafting legislation, two administrators writing a regulation. (Edward T. Hall, 1976)

Japanese, Arabs, and Mediterranean peoples, who have extensive information networks among family, friends, colleagues, and clients and who are involved in close personal relationships, are
high-context. As a result, for most normal transactions in daily life they do not require, nor do they expect, much in-depth, background information. This is because they keep themselves informed about everything having to do with the people who are important in their lives. Low-context people include Americans, Germans, Swiss, Scandinavians, and other northern Europeans; they compartmentalize their personal relationships, their work, and many aspects of day-to-day life. Consequently, each time they interact with others they need detailed background information. The French are much higher on the context scale than either the Germans or the Americans. This difference can affect virtually every situation and every relationship in which the members of these two opposite traditions find themselves.

Within each culture, of course, there are specific individual differences in the need for contexting—the process of filling in background data. But it is helpful to know whether the culture of a particular country falls on the high or low side of the scale since every person is influenced by the level of context.

Contexting performs multiple functions. For example, any shift in the level of context is a communication. The shift can be up the scale, indicating a warming of the relationship, or down the scale (lowering the context), communicating coolness or displeasure—signaling something has gone wrong with a relationship. In the United States the boss might communicate annoyance to an assistant when he shifts from the high-context, familiar form of address to the low-context, formal form of address. When this happens the boss is telling the subordinate in no uncertain terms that she or he has stepped out of line and incurred disfavor. In Japan moving the direction of the context is a source of daily feedback as to how things are going. The day starts with the use of honorifics, formal forms of address attached to each name. If things are going well the honorifics are dropped as the day progresses. First-naming in the United States is an artificial attempt at high-contexting; it tends to offend Europeans, who view the use of first names as acceptable only between close friends and family. With Europeans, one is always safe using a formal form of address, waiting for the other person to indicate when familiarity is acceptable.

Like their near relations the Germans, many Anglo-Americans (mostly those of northern European heritage) are not only low-context but they also lack extensive, well-developed information networks. American networks are limited in scope and development compared to those of the French, the Spanish, the Italians, and the Japanese. What follows from this is that Americans, unless they are very unsophisticated, will feel the need for contexting, for detailed background information, any time they are asked to make a decision or to do something. The American approach to life is quite segmented and focused on discrete, compartmentalized information; Americans need to know what is going to be in what compartment before they commit themselves. We experienced this in Japan when we were asked on short notice to provide names of well-placed Japanese and Americans to be participants in a small conference. Like most prudent Americans, we were reluctant to provide names until we knew what the conference was about and what the individuals recommended would be expected to do. This seemed logical and reasonable enough to us. Nevertheless, our reluctance was read as obstructionist by our Japanese colleagues and friends responsible for the conference. In Japan the mere presence of certain individuals endows the group and its activities with authority and status, which is far more important than the topic of the conference. It is characteristic of high-context, high-information societies that attendance at functions is as much a matter of the prestige associated with the function as anything else. This in turn means that, quite frequently, invitations to high-level meetings and conferences will be issued on short notice. It is taken for granted that those invited will eschew all previous commitments if the meeting is important enough. As a general rule Americans place greater importance on how long ago a commitment was made, on the agenda, and on the relevance of the expertise of different individuals to the agenda. (For an in-depth discussion of the Japanese, we refer the reader to the authors’ Hidden Differences: Doing Business with the Japanese, in the reading list.)

Another example of the contrast between how
high- and low-context systems work is this: consider a top American executive working in an office and receiving a normal quota of visitors, usually one at a time. Most of the information that is relevant to the job originates from the few people the executive sees in the course of the day, as well as from what she or he reads. This is why the advisors and support personnel who surround the presidents of American enterprises (as well as the president of the United States) are so important. They and they alone control the content and the flow of organizational information to the chief executive.

Contrast this with the office of virtually any business executive in a high-context country such as France or Japan, where information flows freely and from all sides. Not only are people constantly coming and going, both seeking and giving information, but the entire form and function of the organization is centered on gathering, processing, and disseminating information. Everyone stays informed about every aspect of the business and knows who is best informed on what subjects.

In Germany almost everything is low-context and compartmentalized. The executive office is both a refuge and a screen—a refuge for the boss from the distractions of day-to-day office interactions and a screen for the employees from continual supervision. Information communicated in the office is not shared except with a select few—the exact antithesis of the high-information cultures.

High-context people are apt to become impatient and irritated when low-context people insist on giving them information they don’t need. Conversely, low-context people are at a loss when high-context people do not provide enough information. One of the great communications challenges in life is to find the appropriate level of contexting needed in each situation. Too much information leads people to feel they are being talked down to; too little information can mystify them or make them feel left out. Ordinarily, people make these adjustments automatically in their own country, but in other countries their messages frequently miss the target.

The other side of the coin when considering context level is the apparent paradox that high-context people, such as the French, want to see everything when evaluating a new enterprise to which they have not been contexted. Annual reports or tax returns are not enough. Furthermore, they will keep asking until they get the information they want. Being high context, the French are driven to make their own synthesis of the meanings of the figures. Unlike Americans, they feel uncomfortable with someone else’s synthesis, someone else’s “bottom line.”

Space

Every living thing has a visible physical boundary—its skin—separating it from its external environment. This visible boundary is surrounded by a series of invisible boundaries that are more difficult to define but are just as real. These other boundaries begin with the individual’s personal space and terminate with her or his “territory.”

Territoriality

Territoriality, an innate characteristic whose roots lie hundreds of millions of years in the past, is the act of laying claim to and defending a territory and is a vital link in the chain of events necessary for survival. In humans territoriality is highly developed and strongly influenced by culture. It is particularly well developed in the Germans and the Americans. Americans tend to establish places that they label “mine”—a cook’s feeling about a kitchen or a child’s view of her or his bedroom. In Germany this same feeling of territoriality is commonly extended to all possessions, including the automobile. If a German’s car is touched, it is as though the individual himself has been touched.

Space also communicates power. A corner office suite in the United States is conventionally occupied by “the brass,” and a private office in any location has more status than a desk in the open without walls. In both German and American business, the top floors are reserved for high-ranking officials and executives. In contrast, important French officials occupy a position in the