

Department of Kinesiology
California State University, Northridge
18111 Nordhoff Street
Northridge, CA 91330-8287

KIN 338 – Lower Extremity Evaluation

Course Information:

Units: 2
Semester/Year: Summer 2006
Location: KN 172
Time: MW 1:00-2:15
Prerequisites: KIN 337

Instructor Information:

Instructor: Sean P. Flanagan, PhD, ATC, CSCS
Office: KN 261
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Office Hours: By appointment

Course web page: <http://www.csun.edu/~sflanagan/Kin338.htm>

Course Description:

Lecture/demonstration experiences designed to expose the student to the techniques and knowledge required of athletic trainers. Topics covered include lower extremity evaluation, and injury management.

Course Objectives:

Upon completion of this course, students will:

1. Develop knowledge and hand on skills of lower extremity injury evaluation.
2. Learn the basic characteristics of common lower extremity injuries.
3. Learn specific evaluation procedures concerning lower extremity injuries.
4. Gain knowledge of injury evaluation documentation.
5. Learn how to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate injury assessments.

Required Textbooks:

Starkey, C. and Ryan, J.L. (2002). Evaluation of Orthopedic and Athletic Injuries (2nd Ed.). Philadelphia: F.A. Davis Company.
Prentice, W.E. (2006). Arnheim's Principles of Athletic Training: A Competency – Based Approach (12th Ed.). Boston: McGraw Hill.

Recommended Textbook:

Any anatomy text.

Grading:

1. Written exams (3 @ 100 points each)
2. Comprehensive Final 130 points
3. Unannounced quizzes / assignments (3 @ 30 points each)
4. Presentations 30 points
5. Total = 550 points

Grading Scale:

	B+	478-494	C+	424-439	D+	368-384		
A	512-550	B	456-477	C	402-423	D	346-367	F ≤ 329
A-	495-511	B-	440-455	C-	385-401	D-	330-345	

Requests for an Incomplete (I) must confirm to university policies. Among other requirements, "I" is possible only for instances in which a student is demonstrating passing work in the class.

Examination Policies:

1. Any material covered in class, in the corresponding text chapters, or from other assignments is testable on the exam.
2. Students will **not** be allowed to leave the room during exams. Please attend to any personal needs before the exam.
3. Make-up exams will be considered only under exceptional circumstances. (Note: "I overslept", "I'm tired", "I'm not prepared", etc. are **not** exceptional circumstances!) Any student who fails to contact the instructor *prior* to any missed exam may **not** be allowed to makeup the exam.
4. Absence for medical reasons requires *written* verification by a physician.
5. Exams will **not** be rescheduled based on a student's personal work/school schedule. Please plan ahead.
6. Questions/concerns regarding grading for any exam must be resolved with the instructor within **one week** of the date graded exams are returned to the student.

Attendance Policy:

Attendance is not mandatory for this class, but each student is responsible for all material covered along with any changes to the syllabus that are discussed in class. Any foreseeable absences should be discussed with the professor beforehand. If an emergency arises, telephone or email me before class so that I have a record of the absence. If I do not receive any prior notification, I will not allow make-ups for any material missed (i.e., quizzes, exams). It is also expected that you arrive on time dressed in shorts and a tee-shirt, tank top or sports bra since each class will incorporate a laboratory session.

Students with Disabilities:

The instructor, in conjunction with California State University Northridge, is committed to upholding and maintaining all aspects of the federal Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. If you are a student with a disability and wish to request accommodations, please contact the office of Students with Disabilities Resources located in 110 Student Services Building, or call 818-677-2684 for an appointment. Any information regarding your disability will remain confidential. Because many accommodations require early planning, requests for accommodation must be made within the first two weeks of class. Any requests for accommodation will be reviewed in a timely manner to determine their appropriateness to this setting. You must be registered with the office of Students with Disabilities Resources in order to request an accommodation.

Plagiarism and Cheating:

Any student caught cheating on an exam or laboratory assignment will automatically fail the course, and may be subject to more severe University discipline. Please refer to the California Code of Regulations, Section 41301, Title 5 as found in the university catalog. Cheating includes sharing of examination content, questions, etc. to ATS who have not yet completed written or oral practical examinations.

Schedule:

DATE	TOPIC	READINGS
6-19-06	Introduction; Terminology Injury Evaluation Process	Chapter 2
6-21-06		Chapter 1 & 3
6-26-06	Toes, Foot, Ankle & Lower Leg	Chapter 4 & 5
6-28-06		
7-03-06		
7-05-06		
7-10-06	WRITTEN EXAM I	Chapters 1-5
7-12-06	Knee	Chapter 6 & 7
7-17-06		
7-19-06		
7-24-06		
7-26-06		
7-31-06	WRITTEN EXAM II	Chapter 6 & 7
8-02-06	Thigh, Hip, Pelvis, & Low Back	Chapter 8 & 10
8-07-06		
8-09-06		
8-14-06		
8-16-06	WRITTEN EXAM III	Chapter 8 & 10
8-21-06	REVIEW	Chapter 1-10
8-23-06	FINAL EXAM	Chapter 1-10

Notes:

This is a combined schedule for 338/338L. Grading for 338L is discussed under a separate syllabus. Schedule is subject to change, with appropriate notice, as circumstances and opportunities dictate. Students are responsible for staying updated to the changes of the schedule from classroom announcements.