

Department of Kinesiology
California State University, Northridge
18111 Nordhoff Street
Northridge, CA 91330-8287

KIN 338L – Techniques of Athletic Training I Laboratory

Course Information:

Units: 1
Semester/Year: Fall 2005
Location: RE 172
Time: TR 11:30-1:20
Prerequisites: KIN 337
KIN 338 concurrent

Instructor Information:

Instructor: Sean P. Flanagan, PhD, ATC, CSCS
Office: RE 261
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Office Hours: TH 1:30 – 2:30; F 10:00 – 11:00
By appointment

Course web page: <http://www.csun.edu/~sflanagan/Kin338.htm>

Course Description:

Lecture/laboratory instruction and practice of lower extremity injury evaluation techniques and procedures.

Course Objectives:

Upon completion of this course, students will:

1. Develop knowledge and hand on skills of lower extremity injury evaluation.
2. Learn the basic characteristics of common lower extremity injuries.
3. Learn specific evaluation procedures concerning lower extremity injuries.
4. Gain knowledge of injury evaluation documentation.
5. Learn how to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate injury assessments.

Required Textbook:

Holcomb, W.R. (2002). Practical Skills Manual for Evaluation of Athletic Injuries. Philadelphia: F.A. Davis Company.

Dress Requirements:

Laboratory sessions will be incorporated into each class session. ATs are expected to come to class appropriately dressed for laboratory sessions. This will include shorts and tee-shirt, tank top, or sports bra (when necessary).

Grading:

1. Oral exams (2 @ 100 points each)
2. Workbook activities (5 @ 20 points each)
3. Total = 300 points

Grading Scale:

	B+ 260-269	C+ 230-239	D+ 200-209	
A 280-300	B 250-259	C 220-229	D 190-199	F ≤ 179
A- 270-279	B- 240-249	C- 210-219	D- 180-189	

Requests for an Incomplete (I) must confirm to university policies. Among other requirements, “I” is possible only for instances in which a student is demonstrating passing work in the class.

Plagiarism and Cheating:

Any student caught cheating on an exam or laboratory assignment will automatically fail the course, and may be subject to more severe University discipline. Please refer to the California Code of Regulations, Section 41301, Title 5 as found in the university catalog. Cheating includes sharing of examination content, questions, etc. to ATS who have not yet completed oral practical examinations, or falsifying a workbook activity.

Oral Examination Policies:

1. Oral exam material will come from the skills manual.
2. Students will be given a finite amount of time to answer each question. The amount of time will be based on the amount of available questions for each body region. After indicating they have finished a given question, students will not be allowed to return to that question.
3. Make-up exams will be considered only under exceptional circumstances. (Note: “I overslept”, “I’m tired”, “I’m not prepared”, etc. are **not** exceptional circumstances!) Any student who fails to contact the instructor *prior* to any missed exam may **not** be allowed to makeup the exam.
4. Absence for medical reasons requires *written* verification by a physician.
5. Exams will **not** be rescheduled based on a student's personal work/school schedule. Please plan ahead.
6. Questions/concerns regarding grading for any exam must be resolved with the instructor within **one week** of the date graded exams are returned to the student.
7. Depending on the number of examiners, students may be asked to complete the oral examinations at a time that is outside the normal class meeting time.

Workbook Activities:

1. At the beginning lecture for each body region, students will be given a list of proficiencies that must be acquired for that body region.
2. When students feel comfortable with a given proficiency, they can ask to be evaluated by the professor (or designated representative).
3. If the student performs the given proficiency adequately, the professor (or designated representative) will sign off on that proficiency.
4. Students need not (and should not) wait to have all of the proficiencies signed off at once.
5. Proficiencies may be signed off during laboratory time, office hours, 498 T1 time, or by appointment.
6. A student can have a maximum of 5 proficiencies signed off the day before they are due. Late proficiencies will receive a grade of zero.
7. Proficiency grades will be determined as a percentage of the number of proficiencies completed. (For example, if there are 20 proficiencies and the student had 16 signed off before the deadline, he or she will receive a grade of 80%).

Attendance Policy:

Attendance is not mandatory for this class, but each student is responsible for all material covered along with any changes to the syllabus that are discussed in class. Any foreseeable absences should be discussed with the professor beforehand. If an emergency arises, telephone or email me before class so that I have a record of the absence. If I do not receive any prior notification, I will not allow make-ups for any material missed (i.e., exams).

Students with Disabilities:

The instructor, in conjunction with California State University Northridge, is committed to upholding and maintaining all aspects of the federal Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. If you are a student with a disability and wish to request accommodations, please contact the office of Students with Disabilities Resources located in 110 Student Services Building, or call 818-677-2684 for an appointment. Any information regarding your disability will remain confidential. Because many accommodations require early planning, requests for accommodation must be made within the first two weeks of class. Any requests for accommodation will be reviewed in a timely manner to determine their appropriateness to this setting. You must be registered with the office of Students with Disabilities Resources in order to request an accommodation.

Schedule:

DATE	TOPIC	READINGS
8-30-05	Introduction; Terminology	Chapter 2
9-01-05	Injury Evaluation Process	Chapter 1&3
9-06-05	Foot & Toes	Chapter 4
9-08-05	Foot & Toes	Chapter 4
9-13-05	Foot & Toes	Chapter 4
9-15-05	Foot & Toes	Chapter 4
9-20-05	WRITTEN EXAM I	Chapters 1-4
9-22-05	Ankle & Lower Leg Chapter 2, Activity 8 Due	Chapter 5
9-27-05	Ankle & Lower Leg	Chapter 5
9-29-05	Ankle & Lower Leg	Chapter 5
10-04-05	Ankle & Lower Leg	Chapter 5
10-06-05	Knee Chapter 2, Activity 9 and 10 Due	Chapter 6 & 7
10-11-05	Knee	Chapter 6 & 7
10-13-05	Knee	Chapter 6 & 7
10-18-05	Knee	Chapter 6 & 7
10-20-05	Knee	Chapter 6 & 7
10-25-05	Review Chapter 3, Activity 8 and 9 Due	
10-27-05	WRITTEN EXAM II	Chapters 5-7
11-01-05	ORAL PRACTICAL I	Chapters 4-7
11-03-05	Pelvis & Thigh	Chapter 8
11-08-05	Pelvis & Thigh	Chapter 8
11-10-05	Pelvis & Thigh	Chapter 8
11-15-05	Pelvis & Thigh	Chapter 8
11-17-05	Thoracic & Lumbar Spine Chapter 4, Activity 7 Due	Chapter 10
11-22-05	Thoracic & Lumbar Spine	Chapter 10
11-24-05	HAPPY THANKSGIVING	
11-29-05	Thoracic & Lumbar Spine	Chapter 10
12-01-05	Thoracic & Lumbar Spine	Chapter 10
12-06-05	Functional Testing Dr. Flanagan's Activity Due	
12-08-05	ORAL PRACTICAL II	Chapters 8-10
	WRITTEN FINAL EXAM	Chapters 8-10

Notes:

Schedule is subject to change, with appropriate notice, as circumstances and opportunities dictate. Students are responsible for staying updated to the changes of the schedule from classroom announcements.