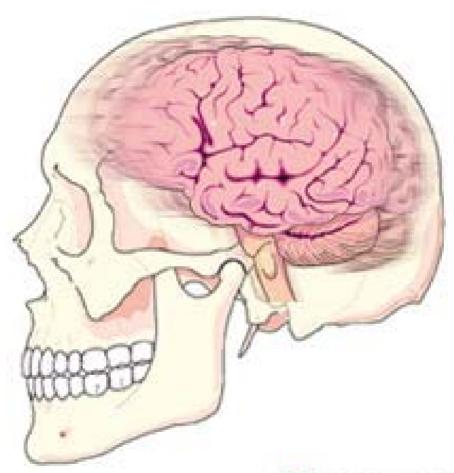
The Head & C-Spine

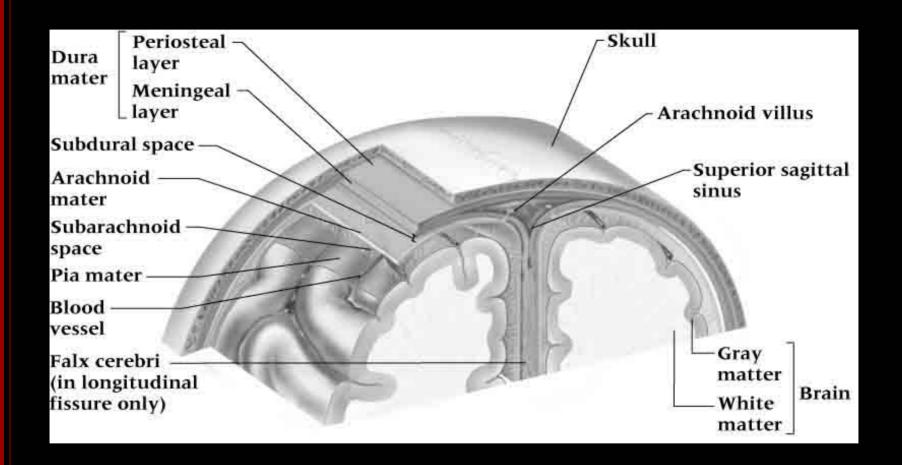
Interactive Skeleton - Sports & Kinetic

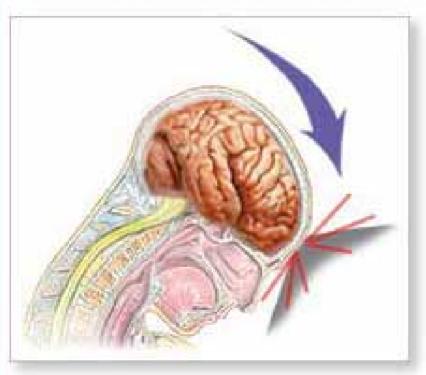


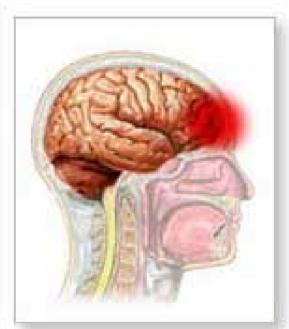
# Traumatic Brain Injury







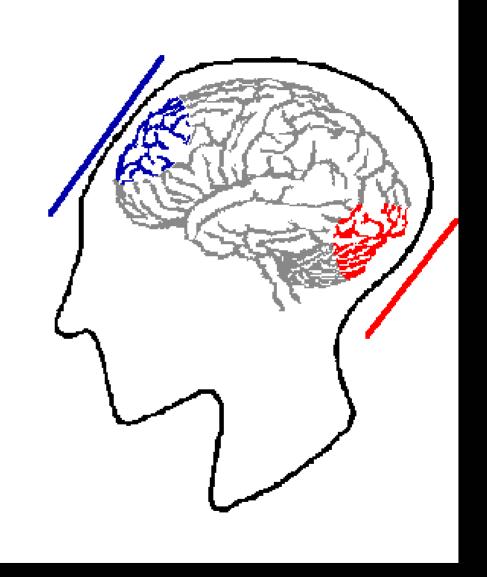


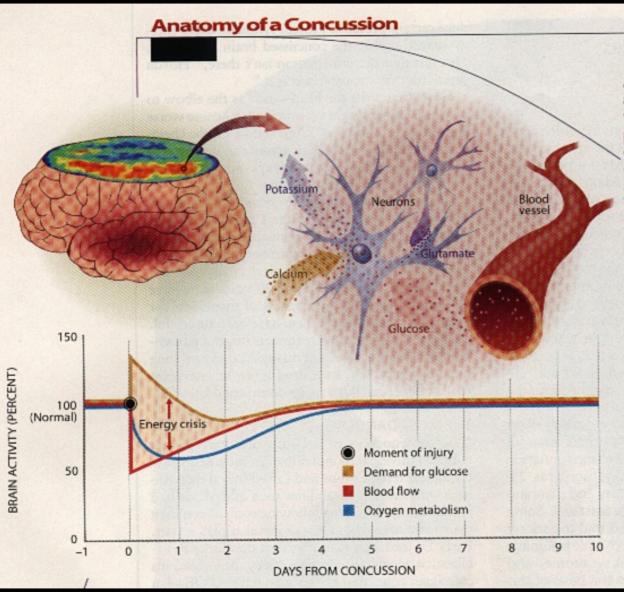




The **coup** injury is caused when the head is stopped suddenly and the brain rushes forward. It not only gets injured by hitting in the side of the skull but is also damaged as it rubs against all the inner ridges.

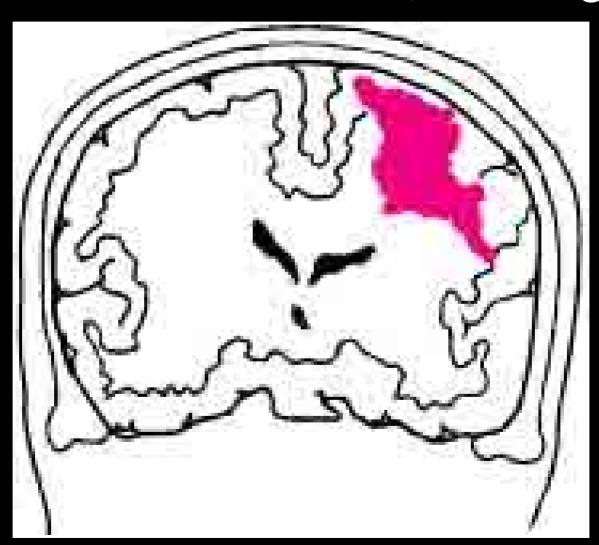
The contrecoup
injury is caused when
the brain bounces off
the primary surface
and impacts against
the opposing side of
the skull. Again,
additional injury
occurs as the brain
again rubs against
all the inner ridges.

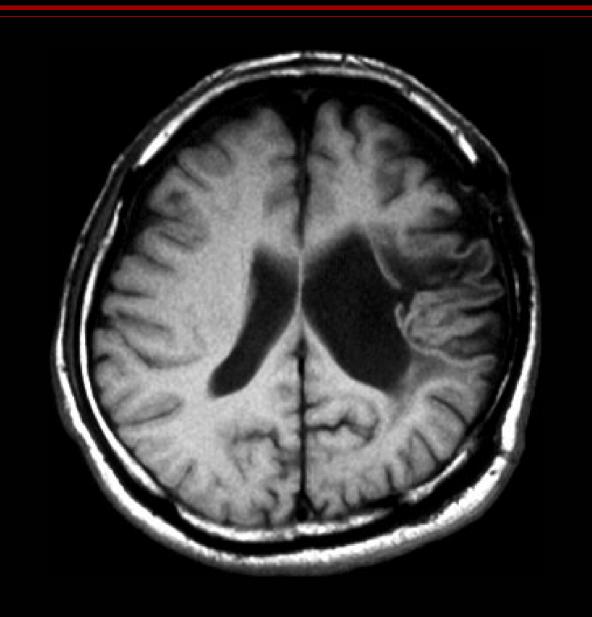




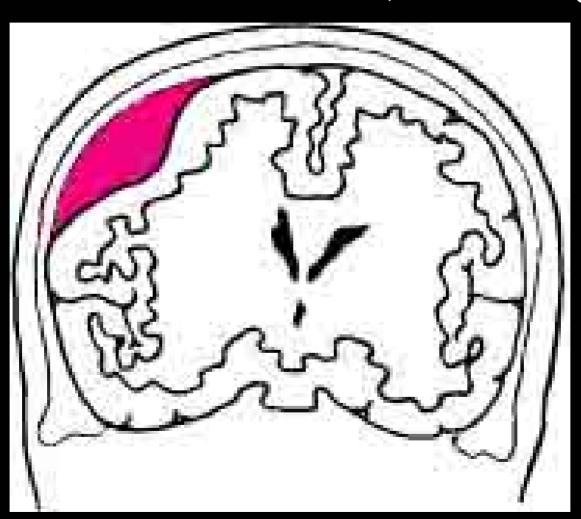
A blow to the brain sets off a flood of neurotransmitters such as glutamate. This prompts neurons to fire incessantly, causing an influx of calcium into the neurons and a release of potassium. To keep firing, the neurons demand extra energy, but the excess calcium reduces oxygen metabolism and thus the cells' ability to generate it. Meanwhile the wash of potassium constricts blood vessels, limiting the supply of new glucose fuel. The high energy demand, restricted blood flow and oxygen debt create an energy crisis that exhausts the neurons, leading to the mental confusion and failed memory of concussion. The brain may take days to restore the chemical balance that constitutes full recovery.

### Intracerebral Hematoma (Bleeding)



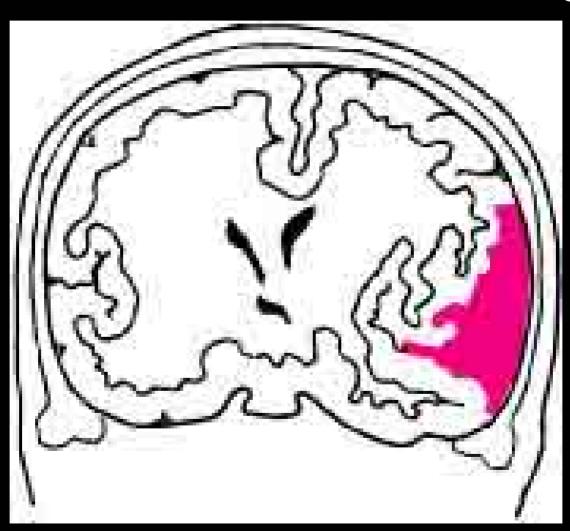


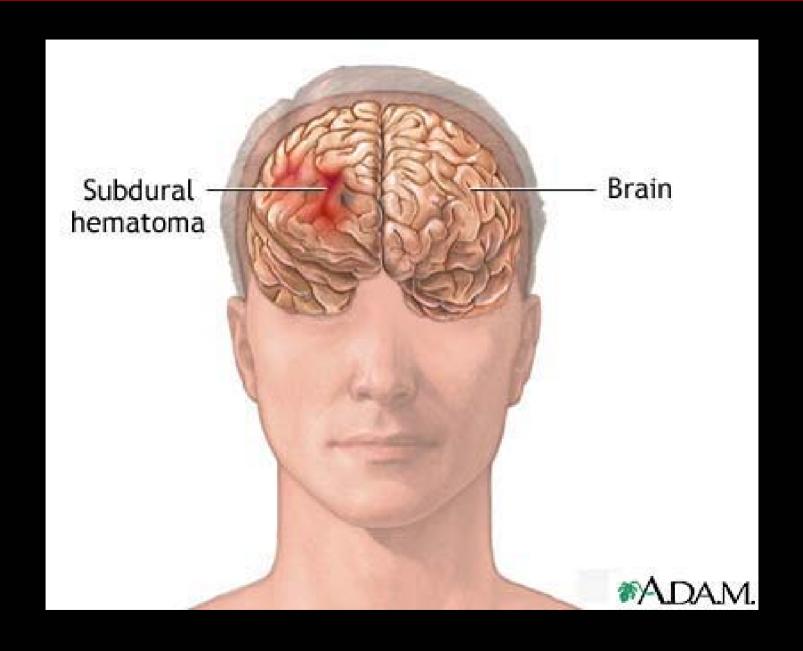
## Epidural Hematoma (Bleeding)

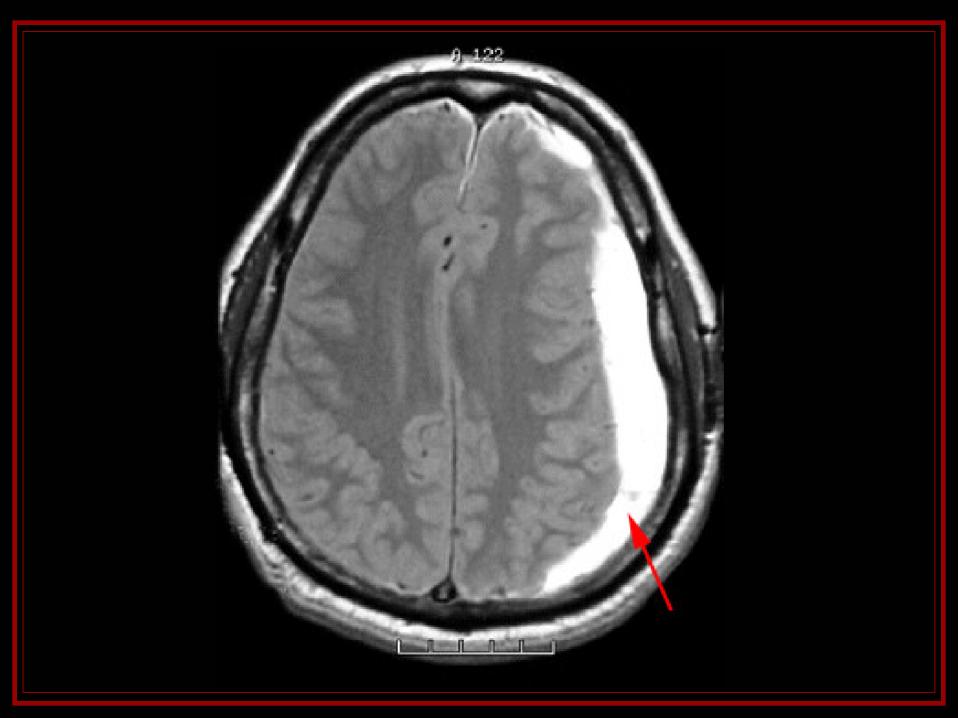




### Subdural Hematoma (Bleeding)

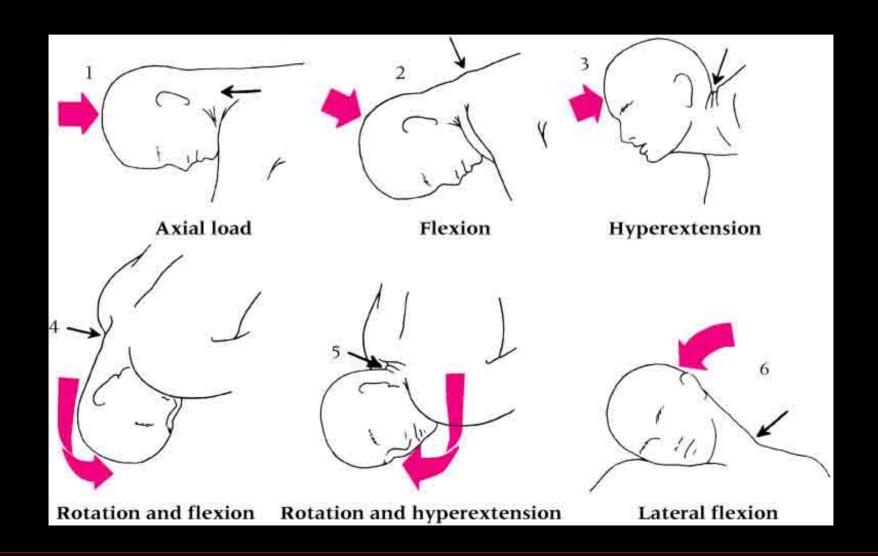


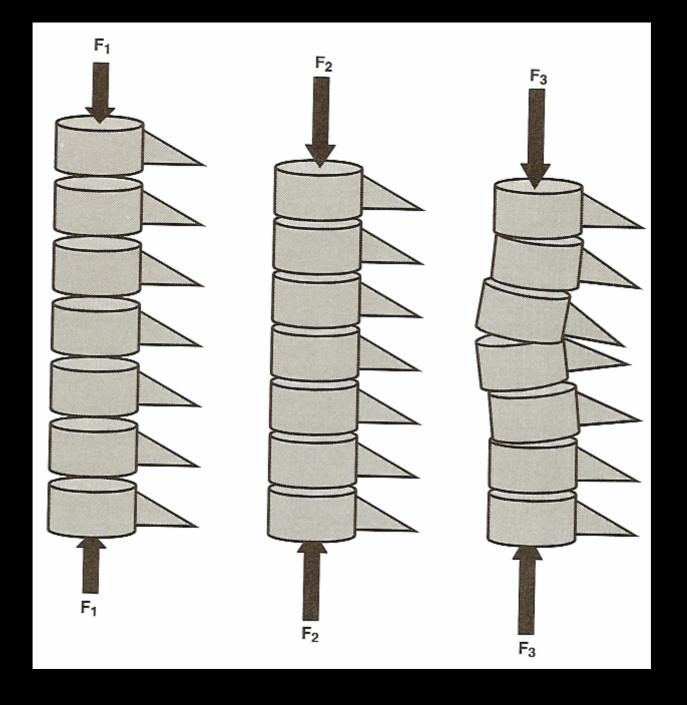




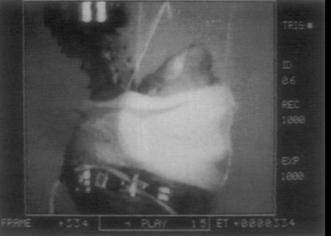
### C-SPINE INJURIES

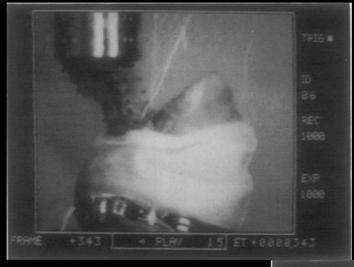
### Cervical Fractures





Nightingale et al, 1996



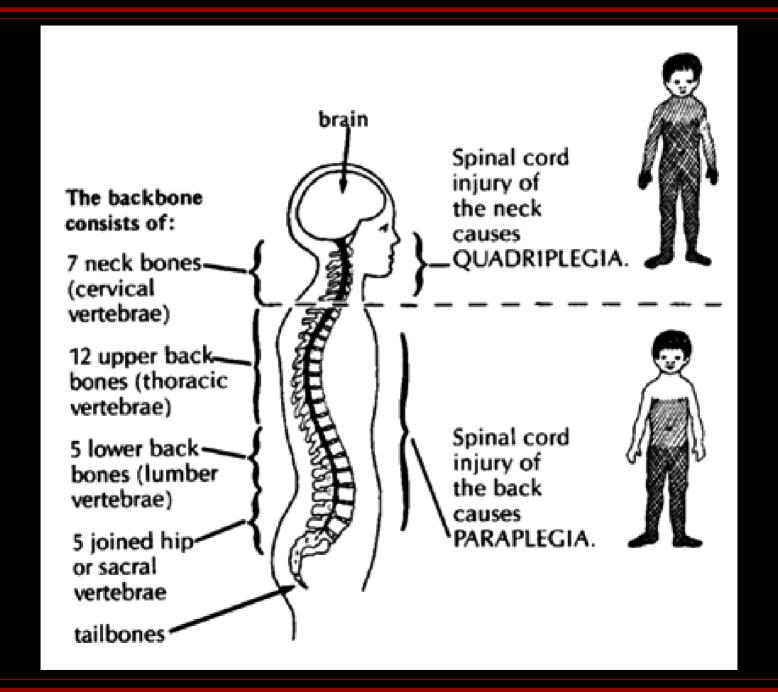




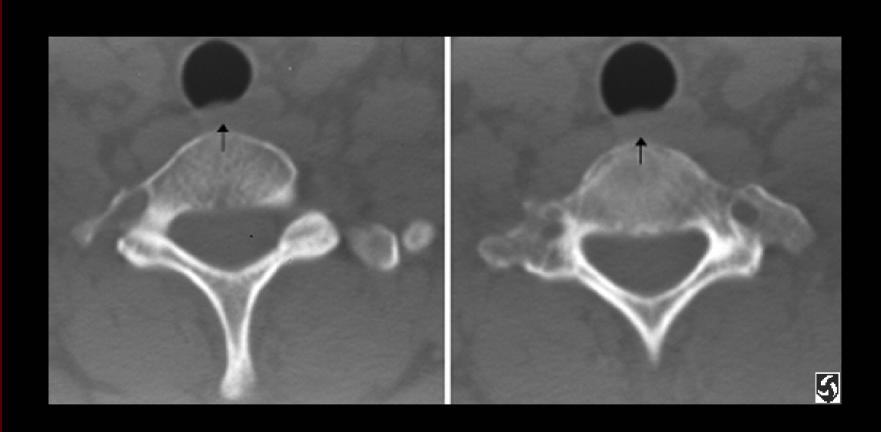
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Nightingale et al, 1996

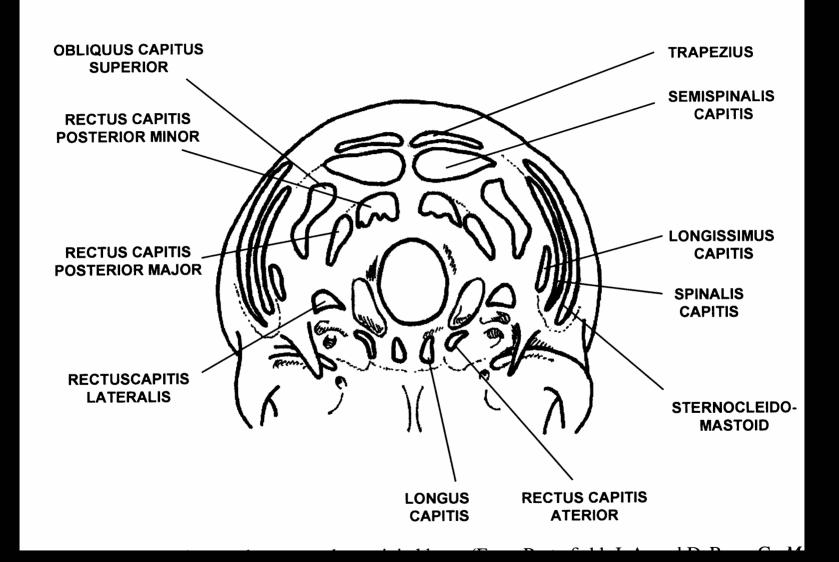








Cervical (C5-C6) Fracture Dislocation



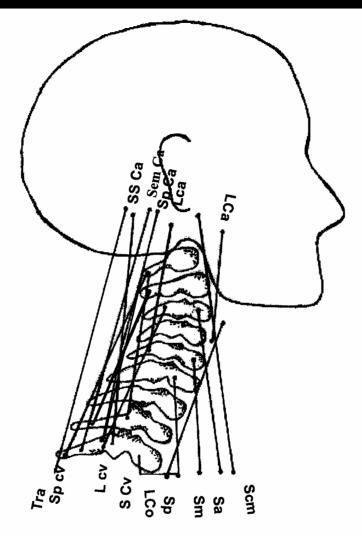


FIGURE 4.13 Sagittal projection of the line of action for cervical musculature. Sternocleidomastoid (Scm), longus capitis (LCa), longus colii (Lco), scalenus anterior (Sa), scalenus medius (Sm), scalenus posterior (Sp), trapezius (Tra), splenius capitis (Sca), splenius cervicis (Sp cv), spinalis capitis (Spi ca), spinalis cervicis (Spi ce), semispinalis capitis (Sem ca), semispinalis cervicis (Sem ce), longissimus capitis (Lca), longissimus cervicis (L cv).