## One Page Profile Overview



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### What is a onepage profile?

- It tells others about our child & great things about them
- It tells others what is important to our child and how to support them
- -They offer a short summary of information that can be shared with family, friends, and other professionals involved with our child

## What is covered in a one page profile?

- $\checkmark$  A picture of the child or things that they like
- ✓ What people like & admire about me...
  - -summarize positive characteristics
  - -things we love about our child
  - -lets them know who our child is
- ✓ What is important to me...
  - -summarize interests, hobbies, and things that are special to our child
  - routines that make it a good day for our child
  - other things/people that are important to them
- ✓ How to best support me...
  - -specific information that those you share the profile with need to know to best support our child

#### How are they developed?

• The can be done with input from family, friends, therapists, infant specialists, DHH teacher and anyone else that is important in the child's life

#### How will the information be used?

- Help others get to know our child
- Learn about what is working or not working in a child's life
- · Connect with our child and those supporting them



## Remember to have fun, be unique and enjoy the process!

Based on the work of Helen Sanderson & Associates- <u>www.helensandersonassociates.co.uk</u> and The Learning Community for Person Centered Practices- <u>www.elpnet.net</u>

One Page Profile

Attach picture of the child or young person after printing the profile What's important to me

What people like and admire about me

How best to support me







## Voyage tips for developing your one page profile

- Insert your photo here
- to make your one page
- profile more personal.
- This is particularly
- helpful if you are
- sharing your profile
- with people before you
- meet them.
- Enter your name on
- top of the profile.

## What people like and admire about me...

- This needs to be a proud list of your positive qualities, strengths and talents.
- Make it clear and avoid using words such as 'usually' or 'sometimes' be positive.
- It is helpful to ask staff, colleagues, friends and family what they like and admire about you.
- Do as an exercise in a team or house meeting, or use positive feedback you have received.

## What's important to me...

- This section needs to have enough detail that someone who does not know you could understand what matters to you, and if you took the names off the profile you could still be identified.
- Add things about your whole life that are important to you (your hobbies, interests, passions), as well as things that relate to what's important at work.
- Add detail that will help give people an idea of who you are and what you value most ensuring a good match can be made.

# X

#### Instead of this

Solving problems



#### Write this

Trying to solve difficult problems - in my spare time I love finding the right wording for a letter or report, or getting the right angle on the way to present a tricky situation to others.

Having fun

Having fun at work - I enjoy harmless practical
jokes and time to sit and relax with people over
lunch or coffee.

## How to support me well...

This section includes information on:

- What is helpful? What is not?
- What others can do to make your time more positive and productive.
- Specific areas you want to identify for support. For example, you may be working on being better organised and have specific things that others can do to support you.
- The help you need to create the best environment and outcomes for you.



#### Instead of this

Stay positive



#### Write this

I am a glass half full person and it helps me enormously when people look for solutions and not problems. I find it very draining if I am the only optimist.