Students represent individual molecules that move around to represent matter in a sealed container.

I take my students in a nearby low-traffic hallway that has no classroom doors (to minimize disturbing others).















"You should still be moving around following the same rules. You go straight until you hit another molecule in the container or a barrier wall (which is really just another molecule!). But now you are all clustered much closer together, feeling a stronger attraction to one another. You're at the bottom of the container because the big, slow moving cluster doesn't have enough energy to overcome gravity."





"I see that you are all wiggling or vibrating back and forth. Do you collide and touch? It turns out that molecules in a solid are loosely bonded to their neighbors, and those attractive bonds behave sort of like springs that prevent molecules from getting either too far apart or too close. But they do allow the molecules to interact and transfer energy even when they don't crash together.* So show me what would happen to the energy if I heat up this side of our solid [gently shake one student]."



*Metals bonds are different and can also include some energy transfer by collision between free electrons. This 'extra' energy transfer option explains why metals conduct heat so well compared to other materials!

