

Graphics Project
SED 618
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This is a graphic of the two things I enjoy most in my free time. The vastness of space and majestic vistas are the greatest callings for me to be out in nature. Being surrounded by trees, sky, and mountains fills me with peacefulness and consciousness-expanding energy. Although I have a fear of heights, rock climbing helps me to move past fear and reach for my goal. Climbing is like meditation and yoga. Balancing on tiny ledges and reaching for small holds increases my focus and flexibility. Facing a steep rock presents many challenges but also many opportunities to be creative. When I feel the fear rise, I get quiet and I focus on my breath. As I relax and open my mind I begin to see the possibilities and by shifting my weight I can reach further and gain momentum to move forward. After a long day of climbing the best way to rest is to jump into an icy alpine river or primitive hot springs, then sleep under the stars next to a crackling fire.

The vision for the graphic was clear and simple so I started with light and dark, then shades followed by details. I wanted to balance the focus of the image in a positive/negative field using only shadows and highlights. The colors convey my sense of passion and regard for the nature around me. The gradations convey my sense of movement and time; just as the route unfolds, so does the river flow. The reflected light on my face reveals my connection to the rock. The background expands behind me, representing my strength and energy- the whole ground rises in my support.

