

**Psychology 460
Counseling & Interviewing
Group Task #4**

Instructions

Break into groups of _____. Discuss and answer the following questions.

1. What is empathy? How is it different from sympathy?

2. A person can have empathy in some situations, but not in others. What kinds of situations do you have special empathy for?

3. How would you differentiate your own feelings and experiences from those of the other person?

4. Identify potential areas of concern about giving and receiving feedback that you might have.

5. Discuss other situations where feedback might be useful besides the counseling relationship.

Points for Task: _____ (15 possible)

Name of Student Participant: _____