

**Psychology 460  
Counseling & Interviewing  
Group Task #2**

**Introduction**

So far we have been discussing things a counselor is and is not, what we would want in a counselor/therapist, etc. Now let's concentrate on ourselves and what we bring to the counseling relationship.

**Instructions**

Break into \_\_\_\_\_ groups. Each group gets a set of value cards.

Rank Order these value cards in two piles:

- (1) the top three values that ALL of you share, and
- (2) the bottom three values that all appreciate least

**Decision:** Group consensus, not democratic voting.  
All must agree.  
Try not to agree with group simply to avoid conflict.  
Have your choices truly reflect you.

**Discussion:** Share the lists.  
  
Why this order?  
  
How did you come to agreement?

**Then, take a few thoughtful moments to write some short answers/reactions to some of the following questions:**

- What are values?
- How did you acquire them?
- Situational or constant?
- As you persuaded each other, would you do that to clients?
- How not??
- Where do they come from?
- Are they your own or society's?
- How do values change?

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Points for Task: \_\_\_\_\_ (15 possible)

Name of Student Participant: \_\_\_\_\_