Contents

	List of illustrations Foreword Preface Acknowledgements	x xi xv xxiii
	_	
1	H.G. Wells: Inspired the creation of the "World Technique" References	1
2	Margaret Lowenfeld: Originator of the "World Technique" Basic tenets of the World Technique The equipment Introducing the World Technique Therapist response Recording Written works and professional presentations Conclusion References	5
3	Erik Homberger Erikson: Originator of the "Dramatic Productions Test" (DPT) The Dramatic Productions Test Research with the DPT Conclusion References	23
4	Charlotte Bertha Bühler: Originator of the "World Test" Basic tenets of the World Test (a.k.a. Toy World Test) Introduction to the World Test Examiner response Research on the World Test Conclusion References	29

viii

5	Hedda Bolgar and Liselotte Fischer: Originators of the "Little World Test" Basic tenets of the Little World Test (a.k.a. Bulgar–Fischer World Test) Written works and professional presentations Scoring categories Research findings Conclusion References	39
6	Dora Maria Kalff: Originator of "Sandplay" Basic tenets of Sandplay Physical guidelines for the work Introducing the tray Therapist's role and attitude Recording Written works and professional presentations Conclusion References	46
7	Laura Ruth Bowyer (Pickford): Major contributor to sand tray research Research contributions Evaluation criteria Developmental norms The use of sand Comparison of World Technique with other projective approaches Assessment of special populations Conclusion References	65
8	Current trends Expansion of Kalffian Sandplay theory The healing process Therapeutic power of Sandplay from a Jungian perspective Role of the therapist Transference Delayed interpretation	73
	Current practice Professional and personal development Development of the Sandplay environment Introduction of Sandplay to clients Deciphering of trays	

Empirical research

Reliability of Sandplay technique

The effect of children's age on their use of miniatures

The effect of children's age and mental health on use of miniatures

Piagetian stages in children's Sandplay

Comparison of MMPI scores to adult Sandplay products

Effectiveness of Sandplay in eliciting fantasy play

Sandplays of psychiatric patients

Sandplays of men abused in childhood

Archetypal themes in Sandplay

Sandplay as used by Jungian-oriented therapists

Conclusion

Use of Sandplay with special groups

Maternal deprivation

Sexual abuse

Post-traumatic stress

Use of Sandplay in schools Current leadership References

9 The future of Sandplay

Questions for the future

What is the role of empirical research in the future of Sandplay?

Sand tray as diagnostic instrument or clinical technique?

Besides the sand picture, what other elements need to be considered to further psychological integration?

How can the sand tray be better integrated into clinical practice?

In what settings, under what conditions, and with what types of clients should the sand tray be used?

Can the present structure of ISST meet training needs of therapists interested in using Sandplay?

What are the future challenges for effective training?

The place of Sandplay within emerging therapeutic and world trends References

Bibliographies

Sandplay and other related techniques (English language)

Sandplay and other related techniques (Non-English language)

ISST Sandplay papers on symbols or theory

ISST final case reports

Videotapes and audiotapes on Sandplay

Index

123

112

Illustrations

PLATE SECTION

[Between pages 72 and 73]

Figure 1	Margaret Lowenfeld
Figure 2	Charlotte Bühler
Figure 3	Hedda Bolgar
Figure 4	Dora Maria Kalff
Figure 5	H. G. Wells
Figure 6	Erik Erikson
Figure 7	Laura Ruth Bowyer (Pickford)
Figure 8	H. G. Wells and his wife Jane, with their two young
	sons playing Floor Games
Figure 9	Doorway backing into Dora Kalff's historic home
Figure 10	Dora Kalff's Sandplay room in her home
Figure 11	Margaret Lowenfeld
Figure 12	Liselotte Fischer