SPRING 2008 WORKSHOPS

PRESENTING CONTINUING EDUCATION WORKSHOPS SINCE 1980
MICHAEL D. EISNER COLLEGE OF EDUCATION
EDUCATIONAL PSYCHOLOGY & COUNSELING

- Child Abuse: Prevention, Identification, Intervention and Treatment
- Coaching for Clinicians: How Therapists Can Use Coaching to Expand Their Services
- Domestic Violence Counseling Strategies: From Resistance to Real Change
- Hypnosis for Clinical Practice
- “The Secret” Your Clients Want to Know About
- The Voice of Individuation: Listening, Creating & Healing
- What is This Thing Called Grief? A Mindful Journey into the Depths of Your Body/Mind
- What’s So Good About Bad Feelings? A Mindful Journey into the Depths of Your Body/Mind

**CONTINUING EDUCATION IS APPROVED BY THE BOARD OF BEHAVIORAL SCIENCES**

We provide affordable quality continuing education hours and training to the professional community of licensed MFTs, LCSWs, Teachers, Interns, Trainees & other mental health professionals. We are an approved provider (#PCE 306) for mandatory continuing education hours for MFTs & LCSWs requiring CEHs for license renewals by the Board of Behavioral Sciences. Conference attendees who complete all required evaluations and attendance documentation are eligible to receive the number of contact hours for workshop(s) attended. This program is open to professionals and advanced students in health-related fields and is not suitable for the general public.

If you receive duplicate mailings, please give this brochure to a colleague.

TO:

Program Coordinators:
DIANA ELAINE CASTLE, M.S.
HEIDI KWOK, M.S., MFT
Advisory Committee
Stan Charnofsky, Ed.D.
Rie Rogers Mitchell, Ph.D.
Luis Rubalcava, Ph.D.
Charles Hanson, Ph.D.
Adele Gottfried, Ph.D

http://www.csun.edu/~epcwkshp
– Program Information
http://tsengcollege.csun.edu
– To Register

California State University
Northridge
18111 Nordhoff Street
NORTHRIDGE, CA 91330-8265
(818) 677-2549
(818) 677-2559
NORTHTRIO: 91330-8265
1811 NORDHOFF STREET
DIANA CASTLE, M.S.
HEIDI KWOK, M.S., MFT
Workshops Program
DEPARTMENTS OF EDUCATIONAL PSYCHOLOGY & COUNSELING
MICHAEL D. EISNER COLLEGE OF EDUCATION
REGISTRATION INFORMATION

How to Register:
Registration for CSUN Educational Psychology seminars is now online only. Participants must register prior to the start of each seminar. The deadline for completion of online registration is 11:59 p.m. on the day before the seminar begins. NOTE: Registration is not available at the seminar site nor is it possible to register late. Since these seminars fill quickly, early registration is highly recommended.

Online Registration Instructions:
Go to http://tsengcollege.csun.edu. Click on Courses (in black menu bar at top of screen). From the “Course Lists” menu (on left), select By Subject, then click on Education (non credit) – workshops provide continuing education hours for MFTs & LCSWs requiring CEHs for license renewals by the Board of Behavioral Sciences. Select the workshop of your choice and follow the Registration Page link listed on the middle of the page. Then select “How to Register (on left).” If you have used the CSUN Portal before, click on Returning Student. If you are a first time user, click on New Student (this is the process for non-students as well). Follow instructions.

These courses do provide continuing education hours for MFTs & LCSWs requiring CEHs for license renewals by the Board of Behavioral Sciences.

Seminar Fee: $75, half day. $95, full day.

Methods of Payment: Acceptable methods of payment are credit card (Visa or Mastercard) and electronic check. Directions for paying via electronic check are available on the online registration Web site. NOTE: Payment is due upon registration.

How to Withdraw from a Seminar and Receive a Refund:
Registered participants must officially withdraw using the online withdrawal process by 11:59 p.m. the day before the seminar begins. The amount paid for the seminar in question will be automatically credited to the CSUN account of the withdrawing participant.

If you wish to receive a refund instead of a credit, request the refund by contacting a client services specialist at (818) 677-2504 or ExL@csun.edu. If you make your request via e-mail, be sure to include your full name as well as the name and class number of the seminar from which you have withdrawn.

If you paid with a credit card, your refund will be credited back to that credit card. If you paid by electronic check, the University will mail a check to your address of record.

NOTE: No withdrawals, refunds or credits will be granted after 11:59 p.m. of the day before the start of the seminar.

For Questions or Help with Online Registration: Call CSUN Tseng College Client Services at (818) 677-2504.

PLEASE REGISTER EARLY!

FOOD SERVICES:
Brown bag lunch is recommended, as there are no food services available on campus during the weekends, local restaurants also an option.

SPECIAL NEEDS REQUESTS:
The Workshops Program strives to meet the special needs of continuing education attendees. Please submit requests prior to workshop at 818-677-2549 or diana.castle@csun.edu. Please leave a detailed message regarding your request.

PARKING PERMIT REQUIRED

http://www-admn.csun.edu/parking/general_park.html

Daily Parking Permits cost $5.00. Parking on campus requires a valid CSUN parking permit purchased on day of workshop. The parking permit must be clearly visible from outside of the vehicle at all times while parked on campus.

Please place it on the dashboard at the lower left corner of the windshield (driver side).

Parking information and daily parking permits may be purchased at Information Booth #2 located on Prairie Street off Darby.

Daily parking permits are only valid in student parking lots B5 and B6 (entrances located off Plummer St).

Please call 818-677-2157 if you need information.
“WHAT IS THIS THING CALLED GRIEF?: HELPING THE BEREAVED CHILD”
Saturday, March 29 8:30 a.m. – 12:30 p.m. Room# Educ. 1214 BBS Approved \ 4 CEHs
[XEDU 953 - CLASS #2083 - 18673] Death is a natural life cycle event. While grief is a normal reaction, few clinicians have been trained to assist grieving families. In this four hour workshop, participants will gain an understanding of the physical, cognitive, emotional and behavioral responses of grieving children and teens along with a model for understanding grief from a developmental perspective. Participants will acquire effective intervention strategies to utilize with clients and learn how to safeguard against Compassion Fatigue.

Topics include:

• University of grief
• Developmental responses of grieving children and teens
• J. William Worden’s Task Model for understanding grief
• How cultural variations affect the grieving process
• Preparing children and adolescents for mourning rituals
• Use of age appropriate language and practical intervention strategies
• Guarding against Compassion Fatigue

Lauren Schneider, LCSW
Clinical Director of Child and Adolescent Program, OUR HOUSE grief support center
A recognized authority in children’s grief, Lauren has provided grief training for OUR HOUSE group leaders, mental health clinicians, and students throughout the community since 2000. She has supervised dozens of group leaders as well as MSW and MFT clinicians and students. Lauren leads in-house and school-based grief support groups and maintains a private practice specializing in grief and attachment issues.

Randi Wolfson, MA, LMFT
Adult Program Coordinator, OUR HOUSE grief support center
Randi is a Licensed Marriage and Family Therapist and facilitates both adult and children’s grief support groups for OUR HOUSE. She is an experienced trainer, supervisor and community presenter on grief and bereavement. She is the author of “I Wish I had a Book to Read: Helping a child’s heart heal when someone special has died”.

“The Secret” “YOUR CLIENTS WANT TO KNOW ABOUT
Saturday, March 29 1:00 p.m. – 5:00 p.m. Room# Educ. 1214 BBS Approved \ 4 CEHs
[XEDU 929 - CLASS #2083 - 18674] Your clients have heard of “The Secret” either on Oprah, saw the DVD or read the book. But you’re not sure what secrets they are talking about. Helaine has been using the techniques outlined in this material for years. She has gone from living abuse and poverty in childhood to living a life of comfort, love and grace. Now she can share the secrets she has learned and lived with you!

In this uplifting class you will:
• Understand the principles in “The Secret”
• Learn to use the Law of Attraction
• Notice changes that come from gratitude
• Know how your energy affects your outcome
• Use Emotional Freedom Techniques (EFT) and Hypnosis to change your beliefs
• Recognize the Beauty inside you!

PRESENTER: HELAINE Z. HARRIS, MA, MFT
Helaine Z. Harris, MA, MFT, has practiced psychotherapy and led seminars since 1980. Creator of An Awakening Process™- a blending of traditional and alternative psychotherapies including Reichian breathing and bodywork, hypnosis, Gestalt, meditation, EMDR, TFT, EFT, and shamanism. She specializes in relationship issues, empowerment, addictions, and survivors of physical and sexual abuse. She is an award-winning poet and author of Are You in Love with a Vampire? Healing the Relationship Drain Game. She is a part of the Red Cross Disaster Mental Health Team since 1995. Helaine has been the Education Director for the Association of Comprehensive Energy Psychology (ACEP) and has appeared on NBC, ABC and KCBS Special Assignment.

(CONTINUE READING BELOW)
DOMESTIC VIOLENCE COUNSELING STRATEGIES:
FROM RESISTANCE TO REAL CHANGE
Sunday, March 30
9:00 a.m. – 5:00 p.m.
Room# Educ. 3117
BBS Approved \7 CEHs
[XEDU 916 - CLASS # 2083 - 18677]
This full day workshop will cover the many characteristics and legal aspects of working with domestic violence cases. Mr. Barrella will present many examples of effective interventions with batterers. Participants will take away safety planning and workplace safety measures that specifically focus on the issue of intimate partner violence. Many innovative approaches to working with battered women and their children will be reviewed in detail. The exclusive 52-week Life Skills Manual treatment book authored by Mr. Barrella and used with batterers at Cornerstone and other centers throughout the US, will be highlighted. Emotional Intelligence training elements of counseling will be these clients will be incorporated into this presentation. Mr. Barrella will review common challenges, misperceptions and barriers to change when working with these deceptive and complicated cases. This is vital training for mental health, business, law enforcement, medical treatment, and education professionals.

PRESENTER: SCOTT BARRELLA, MS, LMFT
Scott Barrella, MS, LMFT is the founder and Clinical Director at Cornerstone Counseling Center (www.CornerstoneSV.com). Based in Ventura County, Cornerstone is approved by the Ventura County Courts (Family and Criminal) to offer a variety of court-mandated programs. Mr. Barrella has authored several books for counseling batterers and Co-Custody Parenting. He developed and implemented the first Domestic Violence counseling program for inmates in Ventura County jails and has presented CEU workshops throughout California to over 2,500 participants. He is a sought-after resource who has consulted with NBC Dateline, the Dr. Phil Show, and been a guest expert on various radio shows. Mr. Barrella also appeared as a guest expert on the Oprah Winfrey Show, addressing Domestic Violence cases.

CHILD ABUSE: PREVENTION, IDENTIFICATION, INTERVENTION & TREATMENT
Sunday, April 6
9:00 a.m. – 5:00 p.m.
Room# Noski Auditorium
BBS Approved \7 CEHs
[XEDU 923 - CLASS # 2083 - 18678]
This one-day course is designed to provide an overview of the subject of child abuse prevention, identification, intervention and treatment. The course will provide an historical perspective of the problem of child abuse and society’s response. It will define and describe the different types of abuse, the dynamics involved, and the short and long term effects. It will differentiate between intrafamilial and extramamial abuse. It will discuss the process of identification and assessment. It will provide discussion of effective treatment, including innovative models of intervention as well as specific therapeutic techniques. It will offer information about the child protective services system response to child abuse and the legal obligations for reporting child abuse by mandated reporters, issues of confidentiality, and privilege. The class will emphasize the need for collaboration between service providers working with families where abuse has occurred and provide information on resources available to families in the community as well as educational and professional resources available to professionals working in the field.

PRESENTER: JOE PALACIOS, MS, MFT
Mr. Palacios has been a licensed marriage and family therapist since 1980. He has taught a course on “Understanding Child Abuse” for California State University, Los Angeles, for the last eleven years. His past experience includes five years with the Los Angeles County Child Sexual Abuse Treatment Program; seven years as assistant director and then director of the Southern California Training Center for Child Sexual Abuse Treatment Center; and seven years as coordinator of a multidisciplinary child sexual abuse interview team. His professional experience includes serving on the state board of directors for the California Professional Society on the Abuse of Children, the Parents United Child Sexual Abuse Treatment Program, and the California Consortium of Multidisciplinary Interview Centers and Teams.

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