

Welcome & Welcome Back!

A warm Welcome to our new CSUN Marriage & Family Therapy track students...and Welcome back to our continuing students. It's a lovely blend of old friends and new faces...We would also like to welcome our new Department Chair, Dr. Beverly Cabello.

A very special Congratulations to our recent graduates, a beacon of hope to the rest of us that we too will make it through!

A special note to our incoming class, of which I was a shiny new member, just one short year ago (my goodness, time goes by so swiftly!):

Everything that sounds overwhelming now WILL make sense, eventually. Nobody ever understands anything covered at orientation, so try not to spend the next year in futility, trying to figure it all out! And don't worry about BBS & CACREP; you will understand when the time comes!! Trust in our wonderful faculty and mentors to help you through, and try to enjoy the first year. I promise, the program is designed to help you succeed, not for the feared alternative!

As I enter my second year I am so grateful that I found this program, or that it found me, and I am so excited for the new students. It will change your life, in many wonderful ways, and in many that you didn’t expect!

Michele McCarty, Newsletter Editor

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MISSION STATEMENT

Our Mission...

The purpose of this organization is to encourage support and interaction among its members. Our goal also includes a hope to enrich the field of psychotherapy in general.

The Networker is published quarterly by the CSUN – MFT Alumni Student Network. Membership is available to all CSUN alumni and students of the EPC graduate program who focused on the MFT track.

The CSUN MFT A.S.N. offers many events including banquets, guest speakers, picnics, workshops, and scholarship opportunities.

For membership information and to be added to our mailing list, please contact Dr. Stan Charnofsky at 818.677.2548 or Vice President of Membership, Diana Castle at 818.677-2549.

The Networker welcomes feedback from all readers.

CSUN Marriage Family Therapy Alumni/Student Network

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Greetings!

Where did the summer go? Graduation in June, on a hot summer afternoon, seems like a long time ago, and the winter months will soon be upon our lives.

Hopefully all of you had a wonderful summer with family, friends, engaging in fun activities, reading for the pleasure of reading (do you remember how to do this?), and resting up for the wheels to begin to hit the pavement of your extended educational program.

The beginning of the semester welcomes changes…and many changes have happened over the summer. I will list a few and I hope to see many of you at our Fall Alumni Welcome Back Brunch to personally make announcements I may have missed.

Change brings various thoughts to mind. When clients enter therapy their lives are usually changed with the experience. Some changes are welcomed, and some take time to adapt to. Sometimes change is recognizable from the outside, other times, the inside is changed, and the "whole" is changed forever.

The Mitchell Clinic is reconfigured. You may or may not be able to recognize the previous interior. Please plan to drop by to appreciate the time and planning, which this endeavor included. As in the past, Jodi McIntosh has tirelessly put in precious time and effort to assure the clinic represents the best the Educational Psychology department has to offer.

Dr. Beverly Cabello is taking over Rie Mitchell's position as the Chair of the Department. I hope she honors us with her presence at a brunch. She did an excellent job at the graduating ceremonies. Dr. Mitchell will be returning to the classroom after years chairing the department and steering us in many exciting directions.

Several graduates of the program have been honored with Los Angeles County's MFT Educational Stipends: (2005-2006) Nika Kalili, Loren Guillermo, Maria Alfaro, Veronica Cohen, Zaria Horton, Monica Marin, Raul Haro, Arlene Covarrubias, Cristina Rivera, Karina Pardo, Tom Hao, and Charles Avelar. Come to the BRUNCH usually held in early October to help honor these and other grads, as well as the new MFT students.

The newsletter is filled with a lot of information, so you don't miss out, please take time to review the content from cover to cover. There are intern/trainee opportunities, office space, paid job positions, continuing education training announcements of various sorts, educational and fun filled events so you may want to mark your calendar to allow your soon-to-be schedule, room for inclusion.

Looking forward to hearing from and seeing you at our alumni events held through out the school year.

Be well,

Teresa Fordham-Jacobs, LMFT❤
Greetings to all MFT students! Welcome to the 2006-2007 year.

Our remarkable program, like Old Man River, just keeps rolling along. In a world fraught with inhumane violence, our focus on humanistic relationships is like a beacon, encouraging our students and graduates to care, to love, to relate. We have had another busy recruiting year, with 120 applicants for the straight MFT program, as well as many more for the joint MFT/School Counseling and MFT/School Psychology programs. We accepted just about 60 new MFT’s plus another 16 in the joint programs, wonderful, eager students, from all parts of the planet, with diverse cultures and languages.

Rie Mitchell our insightful department chair is stepping down after 6 amazing years. May I take this opportunity to thank Rie, on behalf of the faculty and all the students, for her excellent leadership, and may I add that the students will now have the pleasure of getting her back full-time as a super professor and teacher.

I also want to welcome our new department chair, Dr. Beverly Cabello. We have had the pleasure of knowing Dr. Cabello as a teaching colleague for over a dozen years, and are excited about her new role as our leader.

We have a brand new faculty member starting on the tenure track this Fall, Dr. Pete Goldschmidt, who will specialize in Measurement and Research. Dr. Goldschmidt has taught for us part time in previous semesters. Welcome to our elegant faculty!

Dr. Michael Laurent got married over the summer. Congratulations, Mr. and Mrs. Laurent!

Our Camarillo, outreach campus cohort is beginning Fieldwork this fall. It is a talented group of people, most from Ventura County, though a few commute from the Valley and elsewhere. One nice thing about the Camarillo program is: free parking!

It is possible that another group of students with multi-cultural emphasis will be awarded stipends for this coming year. LA County has not made a firm decision yet. As Teresa noted in her welcome essay, 12 of our students were part of the group from the past year, who either were competent in one of the 11 threshold languages, or were highly experienced working with cultural diversity. We are waiting to hear through Phillips if the next group will be funded....

Finally, I wish to welcome our starting students. You are embarking on an adventure that will not only give you valuable skills, but will--without exaggeration--change your lives forever!

For me, personally, my life is enriched by Molly Bess, my little granddaughter, who turned 4 in July.

Happy semester!
Placement Notice

The Jeopardy Program is a Los Angeles Police Department after-school program providing mentoring, tutoring, and counseling services to at-risk youth. The program hours are Monday through Thursday 4:00 pm to 6:00 pm.

Organizations Name: The Jeopardy Program
Address: Van Nuys and Pacoima
Contact Person: Michael Aharoni
Phone: (818) 640-1515
E-Mail: WISEGUYIM@aol.com
Clientele: Adolescents
Counseling Services: Individual, family, group
Supervision and Training:
Recruitment period: Continuous
Application deadline: N/A
Requirements: 12 units MFT Program
Training provided: Continuous; parenting
Length of initial training: Orientation; attend supervision until ready to see clients
Required commitment: 12 months; hourly commitment flexible
Supervision fee: N/A
Stipend: N/A

CAMFT

California Association of Marriage & Family Therapists

Student Membership Rates
Liability Insurance
Professional Magazine: The Therapist
Scholarships: Six $1,000 scholarships each year

7901 Raytheon Rd.
San Diego, CA 92111-1606
Phone: (858) 292-2638
Fax: (858) 292-2666
www.camft.org

L.A. Chapter: www.la.camft.org
Ventura Chapter: www.camft.org/ScriptContent/Index.cfm
PLANETARY PARENTING

By Stan Charnofsky

Our planet has been around for some three and a half billion years, and we have received countless devastating blows from space debris--some of it destroying vast segments of the earth and a variety of life species.

We now have evolved to where a given species has the intelligence to prevent such collisions, and it becomes our choice whether we apply the resources to do it.

Therein lies a lesson.

We live with many earthly anomalies, human and planetary misdirection’s that clamor for correction, ranging from inhumane treatment of children to violent warfare against entire populations. We now have the technology and know-how to banish these practices: we have not, alas, mustered the courage--or the willingness--to do so.

It might be a vacuum of leadership, or perhaps a failing in people that we do not rise up in Peace and Acceptance nearly so well as we do in War and Criticism. Since Humanistic theory eschews the sense of an innate negativity in people, it follows that if we do have a failing, it has been absorbed over time, has become an appliqué on our psyches as protection against hurt and pain.

To counteract such protections and intercept future hurts, we must consider our children; offer them a world legacy of love-that-leads-to-safety by cleansing our own hearts of the bitter gall of prejudice and aggression.

Because children are our future, parents must be our focus.

Our world culture does not parent well; therein lies another lesson. Almost every other species nurtures its young more fastidiously than the human. We are often neglectful. We are sometimes assaultive. A world in turmoil is the product of neglected and assaulted children.

Our field of psychology is a HUMAN-istic one. We place the human condition at the forefront of our creative energies. As people in the helping professions, it is our challenge to assist clients, and yes, friends, acquaintances, and certainly colleagues, to parent well.

Some fifteen years ago, children eight to fourteen years of age, from twenty-four countries, were surveyed about what they wanted from their parents. The top ten responses were:

| Harmony, Love, Honesty, Acceptance, Closeness, Consideration, Positive Support, Consistency, Attention (to their questions), and Appreciation of their friends. |

Harmony, Love, Honesty, Acceptance, Closeness, Consideration, Positive Support, Consistency, Attention (to their questions), and Appreciation of their friends.

It makes sense to proffer these traits to children everywhere, whether we are their biological parents, cultural parents, or--grand notion! --Planetary parents. One sage wrote that parents owe children three things, example, example, example.

Indeed, our loftiest task may be to behold our precious children in their honesty and innocence, learn all we can from them, and then meticulously incorporate their zest, spontaneity, and keen potential into our adult personalities. Ironically, only when we have lovingly absorbed our children's built-in humanity, can we turn and be effective adult examples for those very same children.

If we ever do provide the resources to fund our ample technology to keep meteorites from colliding with our planet, it would be nice to think that our world civilization is worth preserving.

S.C.
I don't think the human mind can comprehend the past and the future. They are both just illusions that can manipulate you into thinking there's some kind of change.

Bob Dylan

Life is what happens while you are busy making other plans.

John Lennon

Nothing in the world is more dangerous than sincere ignorance and conscientious stupidity.

Martin Luther King, Jr.

Insanity: doing the same thing over and over again and expecting different results.

Albert Einstein

Don't let the same dog bite you twice.

Chuck Berry

Always do sober what you said you'd do drunk. That will teach you to keep your mouth shut.

Ernest Hemingway

The test of a first-rate intelligence is the ability to hold two opposed ideas in mind at the same time and still retain the ability to function.

F. Scott Fitzgerald

Most men lead lives of quiet desperation and go to the grave with the song still in them.

Henry David Thoreau
I don't like to commit myself about heaven and hell - you see, I have friends in both places.

**Mark Twain** (Samuel Clemens)

The one thing that can solve most of our problems is dancing.

**James Brown**

I've been imitated so well I've heard people copy my mistakes.

**Jimi Hendrix**

I am the wisest man alive, for I know one thing, and that is that I know nothing.

**Socrates**

You do ill if you praise, but worse if you censure, what you do not understand.

**Leonardo da Vinci**

I saw the angel in the marble and carved until I set him free.

**Michelangelo**

Being an intellectual creates a lot of questions and no answers.

**Janis Joplin**

Men are not prisoners of fate, but only prisoners of their own minds.

**Franklin D. Roosevelt**

How do you tell a communist? Well, it's someone who reads Marx and Lenin. And how do you tell an anti-Communist? It's someone who understands Marx and Lenin.

**Ronald Reagan**

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"You're spending the best years of your life doing a job that you hate so you can buy stuff you don't need to support a lifestyle you don't enjoy. Sounds crazy to me!"
CSUN Educational Psychology & Counseling
Spring 2003 Workshops Program
(818) 677-2549

Provides affordable quality continuing education and training to the professional community of licensed Marriage and Family Therapists as well as Licensed Clinical Social Workers, Educators, and others. Approved provider (#PCE 306) for mandatory continuing education credits for MFT’s and LCSW's requiring CEU’s for license renewals by the Board of Behavioral Sciences.

http://www.csun.edu/~epcwkshp/

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<td>WHAT’S SO GOOD ABOUT BAD FEELINGS? A MINDFUL JOURNEY INTO THE DEPTHS OF YOUR BODY/MIND/ SPIRIT</td>
<td>Sunday, October 15 1:00 p.m. – 5:00 p.m.</td>
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<td>DOMESTIC VIOLENCE COUNSELING STRATEGIES: FROM RESISTANCE TO REAL CHANGE</td>
<td>Sunday, October 22 9:00 a.m. – 5:00 p.m.</td>
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<td>THE SPIRITUAL WARRIOR – BALANCING LOVE &amp; POWER</td>
<td>Saturday, October 28 9:00 a.m. – 5:00 p.m.</td>
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<td>ADVANCES IN SEX THERAPY</td>
<td>Saturday, October 28 8:30 a.m. – 12:30 p.m.</td>
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<td>THE ART OF LISTENING</td>
<td>Saturday, October 28 8:30 a.m. – 12:30 p.m.</td>
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<td>MINDFULNESS, PSYCHOTHERAPY, AND THE CONTEMPLATIVE PATH</td>
<td>Saturday, November 4 1:00 p.m. – 5:00 p.m.</td>
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<td>THE SHAMAN AND THE PSYCHOTHERAPIST</td>
<td>Saturday, November 5 1:00 p.m. – 5:00 p.m.</td>
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<td>THE INS AND OUTS OF MANAGED CARE: SURVIVING AND THRIVING IN A THIRD-PARTY PRIVATE PRACTICE</td>
<td>Sunday, November 5 8:30 a.m. – 12:30 p.m.</td>
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<td>CULTIVATING MEANING IN THE MIDST OF LOSS: USING GRIEF &amp; SADNESS TO DEEPEN PURPOSE &amp; WELL-BEING</td>
<td>Saturday, November 18 1:00 p.m. – 5:00 p.m.</td>
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<td>CHILD ABUSE: PREVENTION, IDENTIFICATION, INTERVENTION &amp; TREATMENT</td>
<td>Sunday, November 19 9:00 a.m. – 5:00 p.m.</td>
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Study and CEU’s Abroad Program for Students, Alumni, and Community Professionals

June 11-June 22, 2007
in Playa del Carmen (south of Cancun) and Merida, Mexico

Love to travel? Always wanted to spend some time on those turquoise Caribbean beaches? Want a good reason to do so? Well, now is your opportunity. CSUN is organizing a two-week study/CEU abroad opportunity for all counseling students, alumni, and community professionals. You will learn professional Spanish (even if you don't speak a word when you leave), increase your cultural competence, and learn how to create effective and transformative therapeutic dialogue from one of the pioneers in the field.

Program Opportunities

Course 1: Spanish for Therapists: Immersion Course
Depending on your level of Spanish, you will enroll in language track A or B; all students will participate in the cultural programming.

Track A: Spanish 101 for Therapists: For therapists who speak no or little Spanish; course will teach the basic you will need to work with Spanish-speaking clients: answering phone calls, making appointments, coordinating services, speaking with parents about child’s needs, etc. Students will learn basic conversational Spanish skills. 25 hours total.

Track B: Professional Spanish for Bilingual Therapists: For therapists who are bilingual or conversant with Spanish. This track will focus on learning professional vocabulary, discussing psychological and medical issues with clients, and common bilingual issues. 25 hours.

Cultural Immersion: All students will take part in learning more about Mexican and Latin/Hispanic cultures more generally and how to best understand, engage, respect, and work within these various cultural traditions. Students will participate in numerous cultural outings in and around Merida, in the heart of the Yucatan. 15 hours.

Location: Merida, Mexico
Dates: Monday, June 11-Saturday, June 16, 2007

Course 2: Collaborative Therapy: Conversations and Relationships that Make a Difference with Harlene Anderson, Ph.D.
During the second week participate in the Houston Galveston Institute’s International Summer Institute with therapists from around the world. Harlene Anderson, who developed collaborative therapy with her late colleague Harry Goolishian, will provide in-depth instruction with live clinical interviews so that all participants leave with practical skills for facilitating transformative conversations with even the most difficult of clients and challenging larger systems. This intensive training workshop provides therapists with an approach that can be used in all clinical settings and with a broad range of populations.
Location: Hotel Las Palapas in Playa del Carmen (beach front resort)
Instructor: Harlene Anderson
Dates: Sunday, June 17-Friday, June 22, 2007

University Credit: CSUN students may sign up for EPC 670 Family Counseling (3 units) and EPC 695 Special Topics Course: Working with Diverse Families (3 units). Courses will include online component. University Instructor: Diane Gehart, Ph.D.

CEUs: 55 hours of CEU credit for those not enrolled in 6 units of coursework.

Estimated Costs

For CSUN Students (taking 6 units in coursework abroad)
Abroad course tuition, university tuition, luxury hotel accommodations (double room) with breakfasts, tours, and several full-meal receptions: Approximately $2,600 (airfare and evening meals extra; single room and guests extra)

For Alumni and CSUN Students not Enrolling in Classes
Abroad course tuition, luxury hotel accommodations (double room) with breakfasts, tours, and several full-meal receptions: Approximately $1,800 (airfare and evening meals extra; single room and guests extra)

Interested? Want to Stay in the Loop?
If you are interested, please email Dr. Diane Gehart. You will be placed on an email list to receive further information about this exciting program: dgehart@csun.edu.

Why Go?

MFT Students:
- Take 6 units of classes (EPC 670 Family Counseling & EPC 695 Working with Diverse Families).
- Learn Spanish and develop strong cross-cultural competency skills to make you more attractive to future employers
- For those students seeking LA County Scholarships, EPC 695 will help you prepare for your placements.

School Counseling and School Psychology Students and Alumni:
- Take 6 units of classes (EPC 670 Family Counseling & EPC 695 Working with Diverse Families).
- Learn Spanish and develop strong cross-cultural competency skills to make you more attractive to future employers
- Learn hands-on, practical skills for effectively facilitating useful dialogues within schools and large systems.

Alumni and Community Professionals:
- Learn Spanish to help you qualify for more positions
- Get all you CEUs out of the way in 2 weeks
- Learn therapy skills that will help you prevent burn-out and increase your effectiveness with clients
- Train with one of Harlene Anderson, one of the pioneers of MFT.
Congratulations to our Spring 2006 Graduates!

Crystal Biagi
Sara Daniel
Marsha Peterson
Lorena Guillermo
Marge Johnson
Ken England
Sarah Hayes
Marcy Fitelson
Jennifer Graves
Nicoleta Chioibasu
Alba Morataya
Amy Harrison (Camarillo)
Karina Pardo (Camarillo)
Diana Guerrero (Camarillo)
Nika Kalili
Veronica Cohen (Camarillo)

Ashley Bretting (Camarillo)
Andrew Feinberg
Julie Anne Placencia
Maria Alfaro
Cheryl Grenville
Cristina Rivera
Jaymi Stevens (Quesada)
Virginia Clanton
Jennifer McConnell
Sonia Kazandjian
Alison Young
Arlin Covarrubias
Holly Raridon
Raul Haro (Camarillo)
Reiko Hosomi
Julia Meiju Chen

Laura Ostrove (Camarillo)
Heather Holladay
Claudia Villanueva (Camarillo)
Ida Zarrabizadeh
Tom Hao

“Of course money can buy happiness! Why do you think I charge $250 an hour?”
Please join us for our Fall Welcome Brunch on Nov. 5 at 10:00 AM at the University Club. Dr. Bernie Nisenholz, recently retired, long-time colleague and friend, will speak and refer to his new book of quotes from the great psychologists, titled *Sigmund Says*.

“My therapy is quite simple: I wag my tail and lick your face until you feel good about yourself again.”

“Your mother never read to you and your father never hugged you. That’s why you drink from the toilet.”
The *Networker* is published by the *CSUN MFT A/S Network*. Membership is available to all CSUN alumni and students of the EPC graduate program who focused on the MFT track. For membership info, advertisements details, or additional information about our organization please use our Board of Director's contact list on page 2 or visit our website http://www.csun.edu/~mftasn/

CSUN, Marriage Family Therapist Alumni/Student Network  
In cooperation with Stan Charnofsky  
Dept. of Education, Psychology & Counseling  
18111 Nordhoff Street  
Northridge, CA 91330-8265