

# Factor Analysis

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Cal State Northridge  
Andrew Ainsworth PhD

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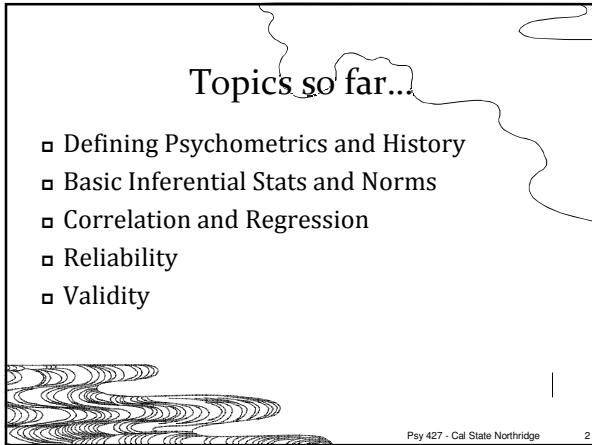
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## Topics so far...

- ▣ Defining Psychometrics and History
- ▣ Basic Inferential Stats and Norms
- ▣ Correlation and Regression
- ▣ Reliability
- ▣ Validity

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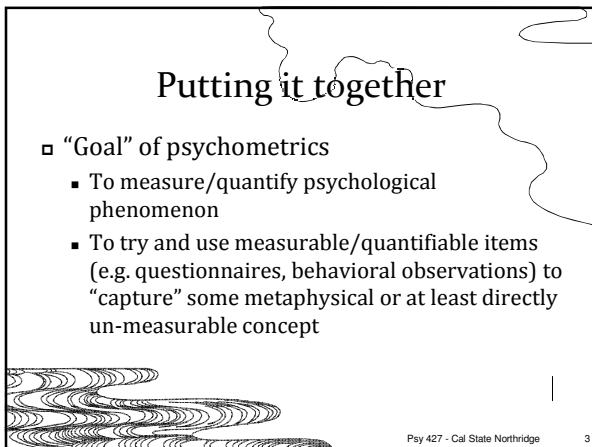
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## Putting it together

- ▣ “Goal” of psychometrics
  - To measure/quantify psychological phenomenon
  - To try and use measurable/quantifiable items (e.g. questionnaires, behavioral observations) to “capture” some metaphysical or at least directly un-measurable concept

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### Putting it together

- To reach that goal we need...
  - Items that actually relate to the concept that we are trying to measure (that's validity)
  - And for this we used correlation and prediction to show criterion (concurrent and predictive) and construct (convergent and discriminant) related evidence for validity
    - Note: The criteria we use in criterion related validity is not the concept directly either, but another way (e.g. behavioral, clinical) of measuring the concept.
  - Content related validity is decided separately

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### Putting it together

- To reach that goal we need...
  - Items that consistently measure the construct across samples and time and that are consistently related to each other (that's reliability)
  - We used correlation (test-retest, parallel forms, split-half) and the variance sum law (coefficient alpha) to measure reliability
  - We even talked about ways of calculating the number of items needed to reach a desired reliability

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### Putting it together

- Why do we want consistent items?
  - Domain sampling says they should be
  - If the items are reliably measuring the same thing they should all be related to each other
  - Because we often want to create a single total score for each individual person (scaling)
  - How can we do that? What's the easiest way? Could there be a better way?

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### Problem #1

- Composite = Item1 + Item2 + Item3 + ... + Itemk
- Calculating a total score for any individual is often just a sum of the item scores which is essentially treating all the items as equally important (it weights them by 1)
- Composite = (1\*Item1) + (1\*Item2) + (1\*Item3) + ... + (1\*Itemk), etc.
- Is there a reason to believe that every item would be equal in how well it relates to the intended concept?

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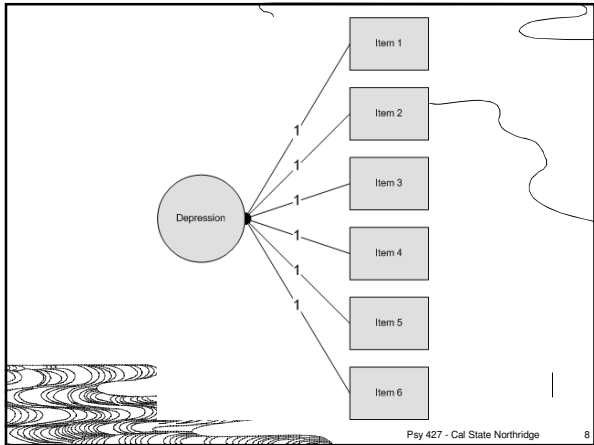
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### Problem #1

- Regression
  - Why not develop a regression model that predicts the concept of interest using the items in the test?

$$\hat{Y}_{Depression} = b_1(item1) + b_2(item2) + \dots + b_k(itemk) + a$$

- What does each b represent? a?
- What's wrong with this picture? What's missing?

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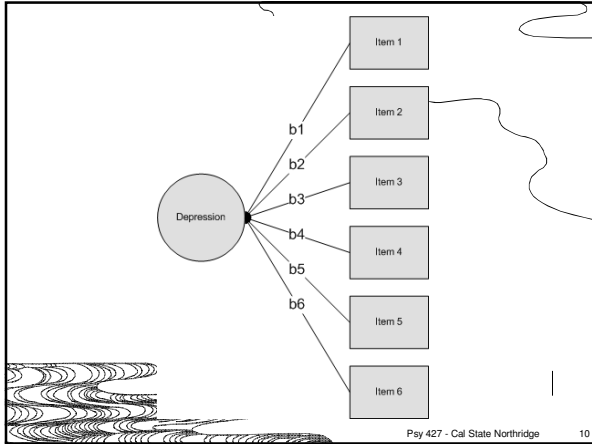
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### Problem #2

- ▣ Tests that we use to measure a concept/construct typically have a moderate to large number of items (i.e. domain sampling)
- ▣ With this comes a whole mess of relationships (i.e. covariances/correlations)
- ▣ Alpha just looks for one consistent pattern, what if there are more patterns? And what if some items relate negatively (reverse coded)?

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### Correlation Matrix - MAS

MAS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1	1.000	0.666	0.669	0.664	0.534	0.631	0.238	0.216	0.441	0.011	0.402	0.270	0.243	0.365	0.529	0.358	0.560	0.750	0.401	0.669	0.499	0.579	0.633	0.633
2	0.666	1.000	0.547	0.551	0.728	0.536	0.381	0.498	0.462	0.627	0.371	0.494	0.382	0.425	0.411	0.339	0.646	0.378	0.602	0.288	0.398	0.686	0.603	0.603
3	0.669	0.547	1.000	0.568	0.610	0.692	0.685	0.331	0.646	0.521	0.758	0.362	0.475	0.391	0.412	0.591	0.302	0.617	0.253	0.488	0.401	0.518	0.684	0.646
4	0.664	0.551	0.610	1.000	0.533	0.521	0.697	0.534	0.414	0.347	0.614	0.490	0.701	0.251	0.328	0.426	0.434	0.492	0.590	0.347	0.586	0.600	0.635	0.581
5	0.534	0.728	0.692	0.533	1.000	0.570	0.215	0.592	0.282	0.278	0.238	0.246	0.462	0.279	0.220	0.259	0.464	0.540	0.278	0.458	0.258	0.425	0.455	0.531
6	0.381	0.381	0.692	0.521	0.678	1.000	0.644	0.301	0.594	0.642	0.610	0.425	0.480	0.378	0.398	0.409	0.443	0.750	0.351	0.658	0.443	0.577	0.391	0.345
7	0.238	0.215	0.685	0.697	0.570	0.644	1.000	0.331	0.331	0.482	0.739	0.258	0.622	0.299	0.341	0.597	0.312	0.596	0.408	0.277	0.523	0.634	0.676	0.665
8	0.238	0.381	0.351	0.534	0.215	0.306	0.331	1.000	0.117	0.254	0.424	0.424	0.571	0.189	0.419	0.593	0.187	0.449	0.334	0.363	0.377	0.435	0.472	0.205
9	0.441	0.494	0.646	0.414	0.594	0.594	0.447	0.282	1.000	0.579	0.662	0.278	0.202	0.458	0.399	0.382	0.462	0.717	0.340	0.455	0.614	0.499	0.697	0.789
10	0.441	0.462	0.521	0.347	0.353	0.642	0.482	0.117	0.579	1.000	0.389	0.379	0.624	0.458	0.369	0.365	0.648	0.322	0.451	0.640	0.570	0.611	0.717	0.717
11	0.301	0.678	0.758	0.614	0.578	0.810	0.739	0.434	0.662	0.688	1.000	0.405	0.684	0.404	0.411	0.361	0.409	0.777	0.466	0.630	0.388	0.676	0.748	0.732
12	0.402	0.371	0.362	0.490	0.312	0.423	0.238	0.424	0.279	0.389	0.405	1.000	0.266	0.402	0.442	0.366	0.444	0.462	0.541	0.556	0.594	0.382	0.255	
13	0.365	0.494	0.470	0.370	0.444	0.401	0.623	0.571	0.603	0.379	0.684	0.396	1.000	0.569	0.250	0.473	0.428	0.533	0.609	0.474	0.421	0.644	0.623	0.684
14	0.342	0.382	0.391	0.251	0.374	0.378	0.299	0.180	0.545	0.624	0.404	0.266	0.360	1.000	0.495	0.316	0.684	0.535	0.230	0.324	0.577	0.306	0.572	0.499
15	0.365	0.425	0.411	0.326	0.328	0.395	0.243	0.419	0.309	0.458	0.431	0.402	0.288	0.495	1.000	0.339	0.454	0.414	0.220	0.407	0.405	0.444	0.380	0.391
16	0.255	0.411	0.597	0.529	0.290	0.409	0.597	0.597	0.382	0.369	0.561	0.442	0.553	0.316	0.339	1.000	0.405	0.492	0.323	0.327	0.524	0.557	0.501	0.515
17	0.338	0.339	0.320	0.424	0.366	0.423	0.312	0.187	0.645	0.561	0.409	0.366	0.298	0.648	0.450	0.469	1.000	0.418	0.450	0.311	0.524	0.429	0.499	0.499
18	0.536	0.466	0.611	0.492	0.548	0.758	0.566	0.449	0.717	0.648	0.772	0.445	0.535	0.535	0.414	0.492	0.491	1.000	0.485	0.655	0.699	0.563	0.753	0.678
19	0.255	0.378	0.243	0.250	0.278	0.351	0.408	0.331	0.340	0.322	0.466	0.462	0.680	0.230	0.220	0.323	0.418	0.483	1.000	0.448	0.476	0.608	0.390	0.431
20	0.407	0.603	0.488	0.347	0.456	0.556	0.277	0.263	0.453	0.451	0.639	0.542	0.474	0.324	0.407	0.521	0.450	0.655	0.448	1.000	0.476	0.521	0.439	0.517
21	0.478	0.485	0.485	0.556	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	1.000	0.478	0.478	0.478	0.478
22	0.478	0.485	0.485	0.556	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.478	1.000	0.478	0.478	0.478
23	0.478	0.485	0.485	0.556	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.478	0.478	1.000	0.478	0.478
24	0.478	0.485	0.485	0.556	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.458	0.478	0.478	0.478	1.000	0.478

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### Problem #2

- So alpha can give us a single value that illustrates the relationship among the items as long as there is only one consistent pattern
- If we could measure the concept directly we could do this differently and reduce the entire matrix on the previous page down to a single value as well; a single correlation

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### Multiple Correlation

- Remember that:  

$$Y = b_1X_1 + b_2X_2 + \dots + b_kX_k + a + e$$

$$\hat{Y} = b_1X_1 + b_2X_2 + \dots + b_kX_k + a$$
 so  

$$e = Y - \hat{Y}, \text{ or the residual}$$

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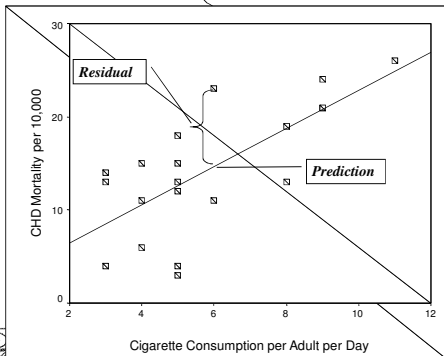
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### Multiple Correlation

- So, that means that Y-hat is the part of Y that is related to ALL of the Xs combined
- The multiple correlation is simple the correlation between Y and Y-hat

$$R_{Y \cdot X_1 X_2 X_3 \dots X_K} = r_{Y \hat{Y}}$$

Let's demonstrate

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### Multiple Correlation

- We can even square the value and get the Squared Multiple Correlation (SMC), which will tell us the proportion of Y that is explained by the Xs
- So, (importantly) if Y is the concept/criterion we are trying to measure and the Xs are the items of a test this would give us a single measure of how well the items measure the

concept

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### What to do???

- Same problem, if we can't measure the concept directly we can't apply a regression equation to establish the optimal weights for adding items up and we can't reduce the number of patterns (using R) because we can't measure the concept directly
- If only there were a way to handle this...

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## What is Factor Analysis (FA)?

- FA and PCA (principal components analysis) are methods of data reduction
  - Take many variables and explain them with a few “factors” or “components”
  - Correlated variables are grouped together and separated from other variables with low or no correlation

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## What is FA?

- Patterns of correlations are identified and either used as descriptive (PCA) or as indicative of underlying theory (FA)
- Process of providing an operational definition for latent construct (through a regression like equation)

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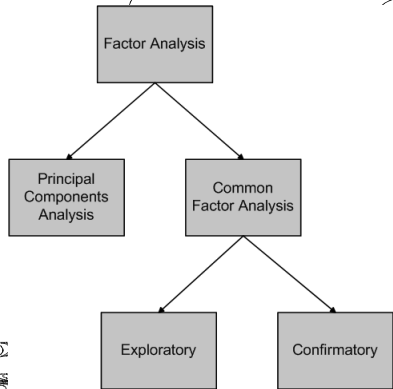
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### General Steps to FA

- Step 1: Selecting and Measuring a set of items in a given domain
- Step 2: Data screening in order to prepare the correlation matrix
- Step 3: Factor Extraction
- Step 4: Factor Rotation to increase interpretability
- Step 5: Interpretation
- Step 6: Further Validation and Reliability of the measures

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### Factor Analysis Questions

- Three general goals: data reduction, describe relationships and test theories about relationships (next chapter)
- How many interpretable factors exist in the data? or How many factors are needed to summarize the pattern of correlations?
- What does each factor mean? Interpretation?
- What is the percentage of variance in the data accounted for by the factors?

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### Factor Analysis Questions

- Which factors account for the most variance?
- How well does the factor structure fit a given theory?
- What would each subject's score be if they could be measured directly on the factors?

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### Types of FA

- Exploratory FA
  - Summarizing data by grouping correlated variables
  - Investigating sets of measured variables related to theoretical constructs
  - Usually done near the onset of research
  - The type we are talking about in this lecture

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### Types of FA

- Confirmatory FA
  - More advanced technique
  - When factor structure is known or at least theorized
  - Testing generalization of factor structure to new data, etc.
  - This is often tested through Structural Equation Model methods (beyond this course)

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### Remembering CTT

- Assumes that every person has a true score on an item or a scale if we can only measure it directly without error
- CTT analyses assumes that a person's test score is comprised of their "true" score plus some measurement error.
- This is the common true score model

$$X = T + E$$

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### Common Factor Model

- The common factor model is like the true score model where

$$X_k = T + E$$

- Except let's think of it at the level of variance for a second

$$\sigma_k^2 = \sigma_T^2 + \sigma_E^2$$

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### Common Factor Model

- Since we don't know T let's replace that with what is called the "common variance" or the variance that this item shares with other items in the test
- This is called communality and is indicated by h-squared

$$\sigma_k^2 = h^2 + \sigma_E^2$$

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### Common Factor Model

- Instead of thinking about E as "error" we can think of it as the variance that is NOT shared with other items in the test or that is "unique" to this item
- The unique variance (u-squared) is made up of variance that is specific to this item and error (but we can't pull them apart)

$$\sigma_k^2 = h^2 + u^2$$

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### Common Factor Model

Variance of an item	=	The common variance (variance shared with the other items)	+	The variance specific to the item	+	Random Error
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Variance of an item	=	The common variance (variance shared with the other items)	+	The Unique variance of the item
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Variance of an item	=	Communality	+	Uniqueness
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$$\sigma_x^2 = h^2 + u^2$$

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### Common Factor Model

- The common factor model assumes that the commonalities represent variance that is due to the concept (i.e. factor) you are trying to measure
- That's great but how do we calculate commonalities?

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### Common Factor Model

- Let's rethink the regression approach
  - The multiple regression equation from before:
 
$$Y_{Factor} = b_1(item_1) + b_2(item_2) + \dots + b_k(item_k) + a + e$$
  - Or it's more general form:
 
$$Y_{Factor} = \sum (b_k x_k) + a + e$$
- Now, let's think about this more theoretically

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## Common Factor Model

- Still rethinking regression
  - So, theoretically items don't make up a factor (e.g. depression), the factor should predict scores on the item
  - Example: if you know someone is "depressed" then you should be able to predict how they will respond to each item on the CES-D

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## Common Factor Model

- Regression Model Flipped Around
  - Let's predict the item from the Factor(s)
$$x_k = \sum(\psi_{jk} F_j) + \epsilon_k$$
  - Where  $x_k$  is the item on a scale
  - $\psi_{jk}$  is the relationship (slope) b/t factor and item
  - $F_j$  is the Factor
  - $\epsilon_k$  is the error (residual) predicting the item from the factor

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Notice the change in the direction of the arrows to indicate the flow of theoretical influence.

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## Common Factor Model

- Communalities
  - The communality is a measure of how much each item is explained by the Factor(s) and is therefore also a measure of how much each item is related to other items.
  - The communality for each item is calculated by
 
$$h_k^2 = \sum \psi_{jk}^2$$
  - Whatever is left in an item is the uniqueness

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## Common Factor Model

- The big burning question
  - How do we predict items with factors we can't measure directly?
  - This is where the mathematics comes in
  - Long story short, we use a mathematical procedure to piece together "super variables" that we use as a fill-in for the factor in order to estimate the previous formula

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## Common Factor Model

- Factors come from geometric decomposition
  - Eigenvalue/Eigenvector Decomposition (sometimes called Singular Value Decomposition)
  - A correlation matrix is broken down into smaller "chunks", where each "chunk" is a projection into a cluster of data points (eigenvectors)
  - Each vector (chunk) is created to explain the maximum amount of the correlation matrix (the amount of variability explained is the eigenvalue)

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### Common Factor Model

- Factors come from geometric decomposition
  - Each eigenvector is created to maximize the relationships among the variables (communality)
  - Each vector “stands in” for a factor and then we can measure how well each item is predicted by (related to) the factor (i.e. the common factor model)

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### Factor Analysis Terms

- Observed Correlation Matrix – is the matrix of correlations between all of your items
- Reproduced Correlation Matrix – the correlation that is “reproduced” by the factor model
- Residual Correlation Matrix – the difference between the Observed and Reproduced correlation matrices

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### Factor Analysis Terms

- Extraction – refers to 2 steps in the process
  - Method of extraction (there are dozens)
    - PCA is one method
    - FA refers to a whole mess of them
  - Number of factors to “extract”
- Loading – is a measure of relationship (analogous to correlation) between each item and the factor(s); the  $\Psi$ 's in the common factor model

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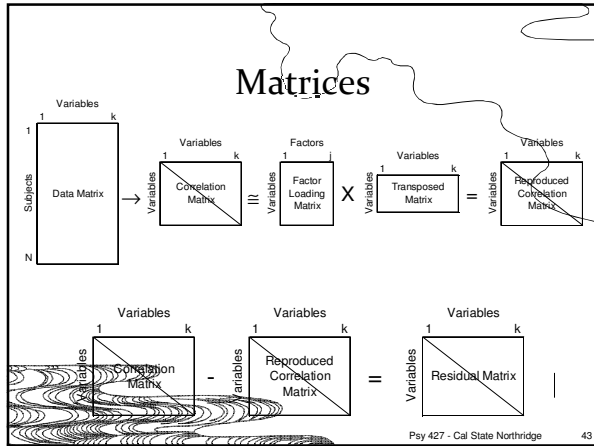
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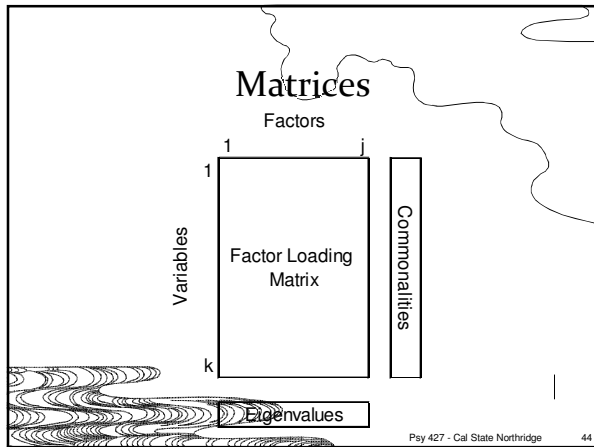
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### Factor Analysis Terms

- ▣ **Factor Scores** – the factor model is used to generate a combination of the items to generate a single score for the factor
- ▣ **Factor Coefficient matrix** – coefficients used to calculate factor scores (like regression coefficients)

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### Factor Analysis Terms

- Rotation – used to mathematically convert the factors so they are easier to interpret
  - Orthogonal – keeps factors independent
    - There is only one matrix and it is rotated
    - Interpret the rotated loading matrix
  - Oblique – allows factors to correlate
    - Factor Correlation Matrix – correlation between the factors
    - Structure Matrix – correlation between factors and variables
    - Pattern Matrix – unique relationship between each factor and an item uncontaminated by overlap between the factors (i.e. the relationship between an item and a factor that is not shared by other factors); **this is the matrix you interpret**

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### Factor Analysis Terms

- Simple Structure – refers to the ease of interpretability of the factors (what they mean).
  - Achieved when an item only loads highly on a single factor when multiple factors exist (previous slide)
  - Lack of complex loadings (items load highly on multiple factors simultaneously)

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### Simple vs. Complex Loading

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### FA vs. PCA

- FA produces factors; PCA produces components
- Factors cause variables; components are aggregates of the variables

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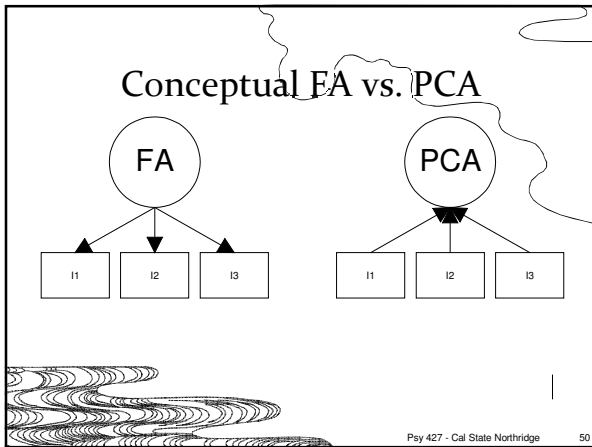
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### FA vs. PCA

- FA analyzes only the variance shared among the variables (common variance without unique variance)
  - PCA analyzes all of the variance
- FA: "What are the underlying processes that could produce these correlations?"
  - PCA: Just summarize empirical associations, very data driven

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### FA vs. PCA

- PCA vs. FA (family)
  - PCA begins with 1s in the diagonal of the correlation matrix
  - All variance extracted
  - Each variable giving equal weight initially
  - Commonalities are estimated as the output of the model and are typically inflated
  - Can often lead to an over extraction of factors as well

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### FA vs. PCA

- PCA vs. FA (family)
  - FA begins by trying to only use the common variance
  - This is done by estimating the communality values (e.g. SMC) and placing them in the diagonal of the correlations matrix
  - Analyzes only common variance
  - Outputs a more realistic (often smaller) communality estimate
  - Usually results in far fewer factors overall

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### What else?

- How many factors do you extract?
  - How many do you expect?
  - One convention is to extract all factors with eigenvalues greater than 1 (Kaiser Criteria)
  - Another is to extract all factors with non-negative eigenvalues
  - Yet another is to look at the scree plot
  - Try multiple numbers and see what gives best interpretation

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