

# **Teaching Time Series and Regression Analysis in Classes of Business Analytics Using Data from the Ports of Los Angeles and Long Beach**

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## **ABSTRACT**

The combined ports of Los Angeles and Long Beach in California are among the world's top ten busiest container ports. The data on the volume of activities in these ports provide an excellent dataset to teach time series and regression analysis. We use 26 years of data on the activities of these ports to teach forecasting models, including moving averages, exponential smoothing, trend-adjusted exponential smoothing, and regression analysis. We also use 312 monthly data for teaching seasonality-enhanced regression, multivariate seasonality regression using dummy variables, and trend and seasonality-adjusted exponential smoothing. Excel functions and formulas are fully embedded in the models we develop. We have learned when theoretical concepts are taught through real-life applications, they positively impact students' mental presence and intellectual engagement inside the classrooms. This manuscript can be used as teaching material or a case study in a business analytics foundation or a supply chain analytics course.

**Keywords:** freight transportation; ports of Los Angeles and Long Beach, predictive analytics, time series analysis, moving average, trend and seasonality adjusted exponential smoothing, seasonality enhanced regression.

## 1. INTRODUCTION

Competitive firms need forecasting to develop integrated resources and processes; nourish multi-dimensional and structurally integrated capabilities; understand the revolving business eco-system; create value; and reshape the business organization towards achieving the plans of the enterprises. Marketing, finance, and operations are the three key building blocks of manufacturing, service, and distribution systems. Planning, organizing, budgeting, executing, and controlling are the primary responsibilities of the three key managers. Operations Managers need forecasting for capacity planning, inventory management, and scheduling. Financial Managers need forecasting for investment analysis, revenue and cost analysis, and cash flow planning. Marketing Managers need forecasting for pricing, sales force planning, and promotions. Good forecasting facilitates matching customer value propositions with product attributes, and product attributes with process competencies in the four-dimensional space of cost, quality, time, and variety. While marketing, finance, and operation managers may be interested in forecasting different variables, they have a common interest in the volume of activities and investment plans. They are all interested in long-term and short-term forecasts for strategic, tactical, and operational decisions.

Table 1 shows the world's container port throughput (in twenty-foot equivalent units- or TEUs) in ten countries and ten ports. The combined ports of Los Angeles and Long Beach (LA/LB) are ranked 10th in the world. They comprise the largest port complex in the Western Hemisphere.

**Table 1. Container port and country rankings**

Container Throughput (Port Ranking)			
(Million TEU)			
Rank	Port	Country	MTEUs
1	Shanghai	China	43.5
2	Singapore	Singapore	36.6
3	Ningbo-Zhoushan	China	28.7
4	Shenzhen	China	26.6
5	Guangzhou Harbor	China	23.2
6	Busan	South Korea	21.6
7	Qingdao	China	22.0
8	Hong Kong, S.A.R	China	18.0
9	Tianjin	China	18.4
10	SPB (LA/LB)	USA	17.3

(a) Top 10 ports: 33%

Container Throughput (Country Ranking)			
(Million TEU)			
Rank	Country	MTEUs	% to World
1	China	245.1	31.2%
2	United States	55.0	7.0%
3	Singapore	36.9	4.7%
4	Korea	28.4	3.6%
5	Malaysia	26.7	3.4%
6	Japan	21.4	2.7%
7	United Arab Emirates	19.3	2.5%
8	Germany	18.0	2.3%
9	Hong Kong SAR, China	18.0	2.3%
10	Spain	17.4	2.2%

(b) Top 10 countries: 62%

Source: American Association of Port Authorities, 2020.

Approximately 1/3 of US seaborne containers move through the LA/LB ports. According to the International Trade Outlook, the value of two-way trade in Southern California customs exceeded 10% of total US international trade in goods. Around 75% of this value passes through to LA/LB ports.

The inbound and outbound volumes of the loaded and empty containers in LA/LB ports provide an attractive data set to teach the basics of time series and analytics. This manuscript is a complete teaching material for time series and regression analysis.

We have learned when theoretical concepts are taught through real-life applications, they positively impact students' mental presence and intellectual engagement inside the classrooms. Our study is especially fit for California's business schools. Only the California State University (CSU) and the University of California (UC) systems home close to 800,000 students. The Institute for Advanced Analytics has ranked four California cities in the top 57 cities nationwide, representing the number of data scientists/business analysts. Another objective of this paper is to constitute a bridge between port administrations looking for good quantitative research and econometricians eager to apply their skills to the complex world of modern ports.

Excel functions and formulas are fully embedded in the models we develop. We include additional mathematical manipulations, Excel formulas, and visualization capabilities in four appendices. Our spreadsheet models can serve as templates for other real-life applications.

This manuscript can be used as teaching material or as a case study to enhance teaching materials. We have used it as teaching material in an undergraduate course in business analytics foundations and as a case study in a supply chain analytics graduate course. While we use the total volume of loaded and empty inbound and outbound containers, all data are included for four combinations of inbound, outbound, loaded, and empty volumes. Finally, we hope the work can answer many questions port administrations usually have when trying to understand the research they have commissioned to third parties, often at a very high cost.

We will have a short literature review in Section 2. In Section 3, we estimate yearly port throughput levels using moving averages and exponential smoothing. Measures of forecast accuracy and variability are discussed in Section 4. The level and trend for yearly data are discussed in Section 5 using linear regression and trend-adjusted exponential smoothing. Section 6 estimates monthly data's level, trend, and seasonality using seasonality-enhanced regression analysis, multivariate seasonality regression using seasonal dummy variables, and trend and exponential seasonality smoothing. Conclusions follow in Section 7. In Appendix A, we implement Excel's functional and visualization capabilities by examining a general any-period moving average and its dynamic tables and graphs. In Appendix B, we review the basic mathematics of Exponential Smoothing. Appendix C explains the foundations of the computation of Regression metrics in Excel and provides insight for piecewise regression analysis. All our Excel worksheets are in Appendix D.

## **2. LITERATURE REVIEW**

Time series analysis and regression form 1-2 chapters in almost all operations management books. In this study, we have benefited from Chase, Aquilano, and Jacobs (2000), Stevenson (2014), Cachon and Terwiesch (2020), and especially Chopra (2019) and Iravani (2021).

## **3. HISTORICAL DATA IN LA/LB PORTS AND FORECASTING CHARACTERISTICS**

Time series analyzes past data to identify systematic and random components; to extend systematic components into the future and provide measures of variability. We use 26 years of data on the total inbound and outbound volume of loaded and empty containers in LA/LB ports to experience moving averages, simple exponential smoothing, trend-adjusted exponential smoothing, and regression analysis. We also use 312 monthly data for seasonality-enhanced regression, multivariate seasonality regression using dummy variables, and trend and seasonality-adjusted exponential smoothing. Excel functions and formulas are fully embedded in these computations.

### **3.1 Historical Data at LA/LB Ports**

Table 2 presents parts of 26 years of monthly data for LA and LB, including loaded inbound, loaded outbound, empty inbound, and empty outbound - 312 records with 2496 fields.

Table 2. 26-Years Monthly TEUs handling in LA/LB Ports

Port of Los Angeles													Port of Long Beach														
Y	M	Loaded Inbound	Empty Inbound	Loaded Outbound	Empty Outbound	Total Inbound	Total Outbound	Total	Total TEUs	Loaded Inbound	Empty Inbound	Loaded Outbound	Empty Outbound	Total Inbound	Total Outbound	Total	Total TEUs	Loaded Inbound	Empty Inbound	Loaded Outbound	Empty Outbound	Total Inbound	Total Outbound	Total	Total TEUs		
1997	1	Jan	115,349	11,716	72,537	36,438	127,065	108,975	236,040	123,456	8,349	78,965	35,155	131,805	112,100	202,421	41,484	243,905	238,805	20,065	151,502	69,573	258,870	221,075	500,307	479,945	
1997	2	Feb	100,857	11,776	71,576	35,185	112,732	100,561	217,255	108,894	8,452	87,386	37,452	135,256	115,518	241,900	55,884	250,774	227,761	20,228	158,962	69,617	267,189	218,579	506,723	479,568	
1997	3	Mar	102,389	10,673	83,446	33,654	113,062	117,100	238,853	230,162	10	10	106,556	30,409	136,859	137,049	211,586	42,312	273,908	227,429	22,492	190,002	64,447	249,921	254,149	417,451	386,839
1997	4	Apr	117,025	12,761	77,211	34,513	129,796	111,724	241,248	241,205	10	10	129,796	28,615	135,226	125,308	239,003	37,831	276,834	261,145	21,977	170,104	63,128	288,122	332,232	431,249	393,325
1997	5	May	123,100	13,611	76,327	38,165	136,711	114,482	259,428	251,203	15	15	136,711	34,028	145,226	125,308	241,900	42,951	278,827	266,450	22,588	188,061	72,191	288,968	340,252	444,491	414,729
1997	6	Jun	127,899	12,528	73,999	32,699	140,219	106,058	250,093	243,185	24	24	140,219	35,342	154,287	135,342	266,023	41,604	290,629	283,456	21,600	179,061	67,739	314,906	341,400	487,117	455,906
1997	7	Jul	130,482	13,274	71,633	37,187	143,755	108,889	252,010	251,564	40	40	143,755	42,916	178,800	139,710	266,200	42,793	311,000	300,445	16,140	167,867	71,193	315,961	347,680	488,312	467,565
1997	8	Aug	132,610	13,770	70,892	45,512	148,219	114,044	260,511	252,762	40	40	148,219	47,518	186,134	131,488	267,731	48,889	297,422	292,834	16,689	179,410	72,482	315,244	347,892	491,414	467,415
1997	9	Sep	132,910	10,780	65,615	47,723	144,679	112,867	258,334	256,567	30	30	144,679	40,761	185,368	141,134	274,675	37,807	324,482	305,831	18,234	158,376	69,606	331,067	355,982	473,209	444,041
1997	10	Oct	134,678	14,776	67,433	49,673	154,699	124,857	269,672	269,672	30	30	154,699	48,736	193,435	144,134	274,675	37,807	324,482	305,831	18,234	158,376	69,606	331,067	355,982	473,209	444,041
1997	11	Nov	134,678	14,776	67,433	49,673	154,699	124,857	269,672	269,672	30	30	154,699	48,736	193,435	144,134	274,675	37,807	324,482	305,831	18,234	158,376	69,606	331,067	355,982	473,209	444,041
1997	12	Dec	134,678	14,776	67,433	49,673	154,699	124,857	269,672	269,672	30	30	154,699	48,736	193,435	144,134	274,675	37,807	324,482	305,831	18,234	158,376	69,606	331,067	355,982	473,209	444,041
2000	1	Jan	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
2000	2	Feb	140,625	14,611	99,710	18,695	160,625	118,305	278,930	278,930	30	30	160,625	49,690	210,315	150,315	260,630	49,690	310,320	300,625	9,695	190,320	70,325	320,645	365,320	507,970	478,970
2000	3	Mar	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
2000	4	Apr	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
2000	5	May	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
2000	6	Jun	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
2000	7	Jul	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
2000	8	Aug	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
2000	9	Sep	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
2000	10	Oct	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
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2001	3	Mar	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
2001	4	Apr	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
2001	5	May	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
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2001	12	Dec	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741	316,203	305,451	10,752	194,703	71,451	326,604	366,154	508,055	479,945
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2002	2	Feb	141,312	15,715	100,913	19,799	161,711	120,711	282,422	282,422	30	30	161,711	50,741	212,452	152,452	265,203	50,741,									

### 3.2 Characteristics of Forecasting Techniques

All forecasting techniques have three main characteristics in common.

**(I) Forecasts always deviate from actual observations.** Since the world is not deterministic – at least to us – all forecasts are almost always inaccurate. Forecasts provide the average value for the variable of interest – sales or demand. Demand is a random variable usually following Poisson distribution estimated by Normal distribution. Thus, besides the average demand, we need a measure of variability- standard deviation, variance, or coefficient of variation. If the average forecast for the next period is  $F$ , and the standard deviation of  $F$  is  $S$ , the coefficient of variation  $CV = S/F$  provides a measure of variability; the lower the coefficient of variation, the more confident we are with the forecast.

**(II) Forecasts of aggregate values are more accurate than individual item forecasts.** Aggregate forecasts reduce variability. The forecast for all container ports in the world is more accurate than the forecast for US container ports, the forecast for US container ports is more accurate than the forecast for California's ports, and the forecast for California's ports is more accurate than the forecast for the port of Oakland in Northern California. Aggregate forecasts reduce the relative variability with respect to the average forecast. One can intuitively understand that the forecast for the summation of two products is more accurate than the forecast for each product because the high demand for one product may compensate for the low demand for the other. From a mathematical point of view, the variance of the sum of two variables is equal to the sum of the variances of the two variables. Therefore, the standard deviation of the summation of the two variables (the numerator of CV) is less than the sum of the two standard deviations. If the standard deviations of the following year's volume of activities in each of LA and LB ports are equal and are shown by  $\sigma$ , then the variance for the volume of activities in the combined port is  $= \sigma^2 + \sigma^2 = 2\sigma^2$ . Therefore, the next year's activities volume standard deviation for the combined LA/LB ports is not  $2\sigma$  but  $\text{SQRT}(2)\sigma$ .

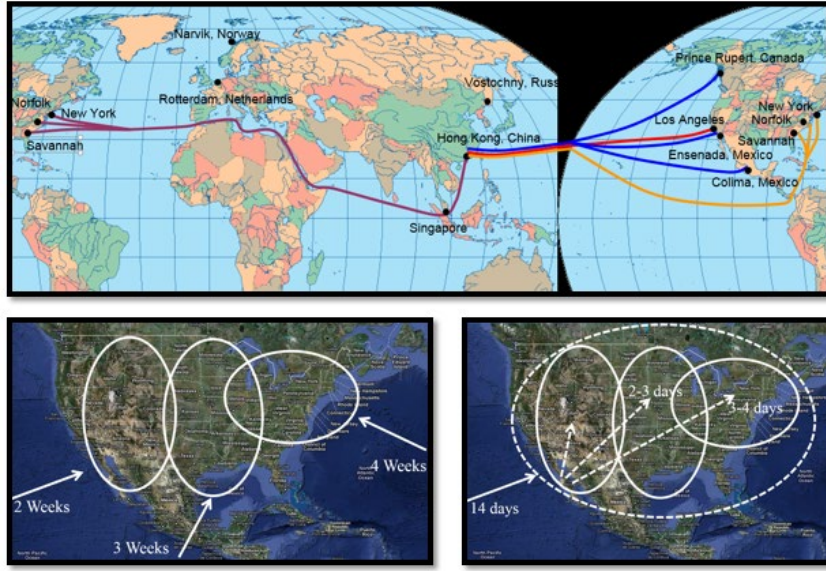
**(III) Long-term forecasts are less accurate than short-term forecasts.** Forecast accuracy diminishes as we look further into the future. As we get closer to the demand time, we get better information and make better predictions. The forecast for next year's LA/LB activities is more accurate than the forecast for ten years in the future.

### 3.3. Impact of Characteristics of Forecasting Techniques on LA/LB Ports Throughput.

What are the competing edges of LA/LB ports? Deepwater facilities for post-Panama ships containing close to 20,000 containers? State-of-the-art on-dock facilities to transfer containers between ship and train? Intermodal transfer between sea, rail, and road? Consolidation and distribution facilities for trans-loading from 20- and 40-foot containers to 56-foot containers allowed on California roads? According to Leachman (2010), the characteristics of forecasting techniques are one of the key reasons behind the attractiveness of LA/LB ports.

As pictorially shown in Figure 1, shipping containers from the far east to the East Coast may take 4 weeks. This shipment takes 2 weeks to the west coast and 2-4 weeks from the far-east to the mid-US. For shipments from the far-east to the east coast, one needs to forecast the demand of the east-coast four weeks in advance. But the demand forecast two weeks in advance is enough for shipping to the west coast. According to forecasting characteristics (III), the west-coast demand forecast for east-coast will be more accurate since it is less into the future than east-Asia.

**Figure 1. Forecasting-Based Competing Edges of LA/LB Ports**



Furthermore, according to forecasting characteristic (II), forecasting the US aggregate demand is more accurate than forecasting demand for any smaller region in the US. Therefore, instead of forecasting for the three regions 14, 21, and 28 days ahead, one may forecast the total US aggregate demand 14 days ahead. It will take 1-3 days to drayage the containers to the three regions. Instead of estimating the demand of the east coast alone, which is less accurate than the demand for the whole US, and instead of forecasting it four weeks ahead, one can forecast for 14+3 days ahead with more accuracy.

#### 4. CURRENT LEVEL AND FORECAST FOR THE NEXT PERIOD

In this section, we estimate the level of demand using moving averages and exponential smoothing. By using these two techniques, we can forecast for the next period. We also provide estimates for the standard deviation of demand. The forecast for all other future periods remains the same as the next period (a straight line) until new data is added. In Section 5, we include trends, and in Section 6, we include seasonality in the levels estimated in this section. All the formulas in all tables are summarized in a set of cells with a gray or white background.

##### 4.1. Basics of Moving Average

Given the annual volume of container handling at the LA/LB ports, a progressive (or naïve) analyst may assume last year's demand as the demand forecast for this year. That is  $F_{27} = A_{26}$ . A conservative and perhaps irrational analyst may consider the average of all years as the demand forecast for next year. That is  $F_5 = (A_4 + A_3 + A_2 + A_1)/4$ ,  $F_6 = (A_5 + A_4 + A_3 + A_2 + A_1)/5$ ,  $F_{27} = \text{AVERAGE}(A_{26} + A_{25} + \dots + A_2 + A_1)$ .

Ordinary people, however, may stay between these two extremes and estimate the demand for the next year based on the observations in the past  $n$ -periods. An  $n$ -period moving average forecast for year 26 is defined as  $MA_{26} = \text{AVERAGE}(A_{26}, A_{25}, \dots, A_{26-n})$ . The forecast for year 27 is then defined as the  $n$ -period moving average in year 26;  $F_{27} = MA_{26}$ . The 4-period moving average forecast in year 27 equals the 4-period moving average in year 26;  $F_{27} = (A_{26} + A_{25} + A_{24} + A_{23})/4$ . In general,  $F_{t+1} = (A_t + A_{t-1} + \dots + A_{t-n})/n$ . Note that the  $n$ -period moving average first appears in period  $n$ , while the  $n$ -period moving average forecast first appears in period  $n+1$ . In Appendix A, we develop a general



dynamic formula applicable to every n-period moving average, along with dynamic tables and graphs.

## 4.2. Exponential Smoothing

In exponential smoothing, the forecast for the next period equals the forecast for this period plus a fraction of the gap between the actual and forecast values in this period.  $F_{t+1} = F_t + \alpha(A_t - F_t)$ , where  $0 \leq \alpha \leq 1$ . A minor manipulation can modify it to  $F_{t+1} = (1-\alpha)F_t + \alpha A_t$ . That is, the forecast for the next period is the weighted average of the forecast and actual for this period. Exponential smoothing smooths the gap between the actual demand and its forecast.

To start, we need to have a forecast for period 1. There are at least three ways to compute  $F_1$ . (i)  $F_1 = A_1$ , (ii)  $F_1$  = average of all existing actual values, (iii)  $F_1$  = intercept of the linear regression line (discussed later) passing the existing actual values. We assume  $F_1 = A_1$ .

For  $\alpha=0.5$ , the formula is transformed into  $F_{t+1} = 0.5F_t + 0.5A_t = (F_t + A_t)/2$ . The forecast for the next period is equal to the average of the actual and the forecast for that period. For  $\alpha=1$ , the formula is transformed into  $F_{t+1} = A_t$ . To forecast the next period, we set it equal to the actual for this period. For  $\alpha=0$ , the formula is transformed into  $F_{t+1} = F_t$ . To forecast, the next period is the same as the forecast for this period.

We usually start with  $\alpha=0.5$  and use an optimization tool, such as Excel's standard SOLVER add-ins or Data Table, to find the optimal  $\alpha$  minimizing one of the metrics discussed in the next section. In Appendix B, we show that exponential smoothing is the weighted average of all pieces of data where the weights get smaller and smallest on the older data. Exponential smoothing forecasts using  $\alpha=0.5$  are in column F of Table 4. This table also shows the graph for alternative forecasting techniques that can be prepared using Excel's scatter graph or line chart. Key formulas are shown in the gray box.

**Table 4. Alternative Moving Average and Exponential Smoothing Forecasts.**

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O
1	n= 4				$\alpha= 0.5$										
2	Year	Actual (1000 TEUs)	$F_{t+1}=A_t$	Ave-All- $A_t$	MA-S-4p	ES									
3	1	6460				6460									
4	2	7480	6460	6460		3230									
5	3	8220	7480	6970		3740									
6	4	9480	8220	7387		4110									
7	5	9650	9480	7910	7910.0	4740									
8	6	10630	9650	8258	8707.5	4825									
9	7	11810	10630	8653	9495.0	5315									
10	8	13100	11810	9104	10392.5	5905									
11	9	14190	13100	9604	11297.5	6550									
12	10	15760	14190	10113	12432.5	7095									
13	11	15670	15760	10678	13715.0	7880									
14	12	14340	15670	11132	14680.0	7835									
15	13	11810	14340	11399	14990.0	7170									
16	14	14100	11810	11431	14395.0	5905									
17	15	14000	14100	11621	13980.0	7050									
18	16	14120	14000	11780	13562.5	7000									
19	17	14600	14120	11926	13507.5	7060									
20	18	15160	14600	12084	14205.0	7300									
21	19	15350	15160	12254	14470.0	7580									
22	20	15630	15350	12417	14807.5	7675									
23	21	16400	15630	12578	15185.0	7815									
24	22	17550	16400	12760	15635.0	8200									
25	23	16970	17550	12978	16232.5	8775									
26	24	17300	16970	13151	16637.5	8485									
27	25	20060	17300	13324	17055.0	8650									
28	26	19040	20060	13594	17970.0	10030									
29	27		19040	13803	18342.5	9520									
30															
31	C8 =B7														
32	D8 =AVERAGE(B5:B8)														
33	E8 =AVERAGE(B5:B8)														
34	F8 =(1-\$F\$1)*C8+\$F\$1*B8														

#### 4.4. Age of data in Moving Average and Exponential Smoothing

A 4-period moving average forecast can be computed only after period 4, and then it is set as the forecast for period 5;  $F_5 = MA_4$ . The newest piece of data in  $F_5$  belongs to period 4 and is 1 period old. The oldest data belongs to period 1 and is 4 periods old. Therefore, in a 4-period moving average, the age of data is  $(1+4)/2 = 2.5$  periods. In an  $n$ -period moving average, the age of data is  $(n+1)/2$  periods.

The age of data in Exponential Smoothing is  $1/\alpha$  (it is proved in Appendix B). Given 2.5 as the age of data in a 4-period moving average, the data in an exponential smoothing with  $1/\alpha = 2.5$ , i.e.,  $\alpha = 0.4$ , has the same age. An exponential smoothing forecast with  $\alpha = 0.6667$  is equivalent to a 2-period moving average forecast, and an exponential smoothing forecast with  $\alpha = 0.1$  is equivalent to a moving average forecast with about 19 periods. The smaller the  $\alpha$  (i.e., the larger the number of periods in the moving average), the higher the tendency to smooth out the recent fluctuations. Larger values for  $\alpha$  (i.e., the smaller the number of periods in the moving average) result in higher responsiveness to recent fluctuations. A value of  $\alpha = 1$  represents a trend in the past few years and states that the best forecast for the following year's volume of activities is the actual of the current year.

#### 5. Measuring Forecast Accuracy and Variability

In this section, we provide foundations to answer two questions. How to measure the suitability of a forecasting technique for a specific dataset? How can one compare the quality of several forecasting techniques for a specific dataset?

##### 5.1. A Basic Forecast Accuracy and Variability Measure

Given the actual data and forecast ( $A_t$  and  $F_t$ ) and error ( $E_t = A_t - F_t$ ), we define the sum of forecast error  $SFE = \text{SUM}(E_t)$  and average error  $BIAS = \text{AVERAGE}(E_t)$ . Since the error values are positive or negative, they cross each other out in a forecasting method. Therefore, SFE and BIAS are expected to be small and close to zero. A forecasting approach may be considered of high quality on the foundations of SFE and BIAS. At the same time, there may be significant gaps between actual and forecast values in both positive and negative directions. We can resolve this problem by considering the absolute value of the gaps. Mean Absolute Deviation (MAD) is defined as  $MAD = \text{AVERAGE}(\text{ABS}(E_t))$ .

MAD serves two essential purposes. First, it compares two or more forecasting techniques and identifies the best based on the lowest MAD value. Second,  $1.25MAD$  provides an estimate of the standard deviation of the demand forecast. We may use any forecasting method to compute  $F_{t+1}$  as our estimate for the average demand in the next period. We also provide 1.25 times the most recent MAD as the standard deviation of the forecast for the next period. In other words,  $A_{t+1} \sim N(F_{t+1}, 1.25MAD_t)$ ; demand for the next period follows a normal distribution with an average of  $F_{t+1}$  and a standard deviation of  $1.25MAD_t$ .

Tracking signal (TS) is defined as SFE divided by MAD. It is a positive or negative number divided by a positive number. If the parameters are identified correctly, the summation of all errors has an expected value of zero. TS should be close to zero while jumping up and down on the positive and negative sides due to randomness in the actual data. We can also define the upper control limit (UCL) and lower control limit (LCL) for  $TS = SFE/MAD$ . In some textbooks, it is stated that TS moves between  $LCL = -4$  and  $UCL = +4$ . In Appendix B, we will mathematically prove that the limits of  $\pm 4$  are incorrect.



TS serves two essential purposes. First, we expect it to stay within UCL and LCL that we define over time. Second, we do not expect a pattern over time. For example, we do not expect to see an always positive or consistently negative TS. In the first case, our forecasting technique underestimates the demand (we have the summation of  $A_t - F_t$  in the numerator); in the second case, it overestimates the demand. We also do not expect to see a cyclic pattern since there may be seasonality in the data that we have not incorporated into our forecasting.

Sometimes we may assign a higher weight to positive gaps than to a negative gap. In the latter case, we are over stock, while in the first case, we have lost sales. Usually, the cost of overstock is less than the cost of lost sales. In these cases, we may assign a coefficient greater than 1 to positive  $E_t = A_t - F_t$  values. We may also benefit from the insight into a problem recognized as the newsvendor problem - to find a good tradeoff coefficient of underestimating and overestimating demand.

## 4.2. Alternative Forecast Accuracy and Variability Measures

An alternative approach to removing negative signs is to square the errors and replace MAD with Mean Squared Error ( $MSE = AVERAGE(E_t^2)$ ). MSE prevents large gaps between forecast and actual values since the errors are squared. MAD computation was more straightforward when implemented long before calculators and sliding rulers. However, working with an absolute value in mathematical expressions is difficult. It is not difficult to deal with squared values in mathematical expressions. The square root of MSE provides another estimate for the standard deviation of the forecast. That is  $A_{t+1} \sim N(F_{t+1}, \text{SQRT}(MSE_t))$ .

There is also a third method that we refer to it as Mean Absolute Relative Deviation (MARD). Instead of averaging  $|E_t|$  values, we average  $|E_t| / A_t$  values. For example, a  $|E_t|$  of 10 states that there were 10 units of deviations between  $A_t$  and  $F_t$ . If  $A_t$  is 200, then 10 relative to 200 is a .05 (or 5% gap). In MARD, the relative absolute gaps (relative to the demand) are computed instead of the absolute gaps. There are still other methods. For example, we may minimize the maximum absolute deviation between actual and forecast. Table 5 shows the computations of error (E), the sum of forecast error (SFE), average error (BIAS), absolute error, MAD, TS, MSE, and MARD for exponential smoothing with  $\alpha=0.5$ .

**Table 5. All Metrics for Forecast Accuracy and Reliability**

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S
1	$\alpha = 0.5$														Exponential Smoothing alpha = 0.5				
2	t	At	Ft	E	E	E <sup>2</sup>	E /A	MAD	MSE	MARD	SFE	TS	BIAS		0				
3															0.1	MAD	MSE	MARD	
4	1	6460	6460.0	0.0	0.0	0	0.00	0	0	0.00	0		0.0			1225	2206887	0.09	
5	2	7480	6460.0	1020.0	1020.0	1040400	0.14	510	520200	0.07	1020	2.0	510.0		0	7343.1	65663869	0.49306	
6	3	8220	6970.0	1250.0	1250.0	1562500	0.15	757	867633	0.10	2270	3.0	756.7		0.1	3415.7	14002305	0.24137	
7	4	9480	7595.0	1885.0	1885.0	3553225	0.20	1039	1539031	0.12	4155	4.0	1038.8		0.2	2165.5	6163943	0.15851	
8	5	9650	8537.5	1112.5	1112.5	1237656	0.12	1054	1478756	0.12	5268	5.0	1053.5		0.3	1654.5	3820964	0.12404	
9	6	10630	9093.8									6.0	1134.0		0.4	1383.3	2775230	0.10523	
10	7	11810	9861.9									7.0	1250.3		0.5	1225.3	2206887	0.09398	
11	8	13100	10835.9									8.0	1377.0		0.6	1104.6	1866304	0.08520	
12	9	14190	11968.0									9.0	1470.9		0.7	1030.5	1652045	0.07930	
13	10	15760	13079.0									10.0	1591.9		0.8	980.9	1515529	0.07493	
14	11	15670	14419.5									11.0	1560.9		0.9	939.4	1431130	0.07119	
15	12	14340	15044.7									11.1	1372.1		1	918.5	1384538	0.068911	
16	13	11810	14692.4									8.5	1044.8						
17	14	14100	13251.2																
18	15	14000	13675.6																
19	16	14120	13837.8																
20	17	14600	13978.9																
21	18	15160	14289.4																
22	19	15350	14724.7																
23	20	15630	15037.4																
24	21	16400	15333.7	1066.3	1066.3	1137036	0.07												
25	22	17550	15866.8	1683.2	1683.2	2833026	0.10												
26	23	16970	16708.4	261.6	261.6	68424	0.02												
27	24	17300	16839.2	460.8	460.8	212327	0.03	1183	2008783	0.09	21219	17.9	884.1						
28	25	20060	17069.6	2990.4	2990.4	8942462	0.15	1255	2286130	0.10	24210	19.3	968.4						
29	26	19040	18564.8	475.2	475.2	225813	0.02	1225	2206887	0.09	24685	20.1	949.4						
30	27		18802.4																
31																			
32	C6=(1-\$B\$1)*C5+\$B\$1*B5																		
33	D6=IF(ISNUMBER(\$C6),B6-C6,NA())																		
34	E6=ABS(D6)																		
35	F6=D6^2																		
36	G6=E6/B6																		
37	G7=E7/B7																		
38	I7=AVERAGE(F\$4:F7)																		
39	J6=AVERAGE(G\$4:G6)																		
40	K6=K5+D6																		
41	L6=IFERROR(K6/H6,"")																		
42	M6=AVERAGE(D\$4:D6)																		
43																			
	4.AllMetricsUsing.E5																		

#### 4.4. Optimal $\alpha$ Value

The optimal  $\alpha$  value can be computed in at least two ways. (i) SOLVER and (ii) Data Table. For SOLVER, the objective function is set to one of the three measures of MAD, MSE, or MARD (in cells H29, I29, and J29) to be minimized, and  $\alpha$  cell B1 is the changing cell to minimize the objective function value. For the Data Table, we set cells P4, Q4, and R4 equal to cells H29, I29, and J29, respectively. The set of  $\alpha$  values are typed one column to the left of MAD and start from one cell below MAD. Using a formula, we can find the value of  $\alpha$  in the Data Table to as many as the decimal point that may be desired in SOLVER. This is done by typing the starting  $\alpha$  value of 0 and the increment in two arbitrary cells (such as cells O2 and O3 in this example). We then set O5=O2 and O6=O2+\$O\$3 and copy down from 0 to 1. After setting O4 to R15,  $\rightarrow$  Data  $\rightarrow$  What-if Analysis  $\rightarrow$  Data Table. Since alternative  $\alpha$  values are typed in a column (not in a row), inside the column input cell, we point to B1, where the  $\alpha$  value is placed. We then find the  $\alpha$  value corresponding to the minimal MAD (or MSE or MARD) value. Suppose the  $\alpha$  value for the minimal MAD is 0.7. To estimate  $\alpha$  with more decimal points we can set cell O2 to 0.65 and O3 to 0.001 and find the minimal  $\alpha$  in the range of 0.65 to 0.74. We can continue this procedure to as many decimal points as we wish; to find answers as precisely as SOLVER with Data Table.

Optimal  $\alpha$  computations using both solver and Data Table for all three metrics) and normalization (divide each by the minimal value in that column) of these metrics as (changes are included in Table 5). The reader is encouraged to look into all the formulas in gray cells. We have also used conditional formatting to highlight the minimal values. The Tracking Signal curve for  $\alpha = 0.5$  is also shown in Table 5.

The reason for an upward tracking signal is the positive overall trend of actual data. That is why the moving average recommends  $n=1$ , and exponential smoothing recommends  $\alpha=1$ . When the tracking signal shows a continual or increasing positive trend, we may add a constant to the forecast value. In Table 6, we implemented a two-dimensional Data Table to find the optimal value for  $\alpha = 0.66$  plus a constant of 495 to be added to the forecast to minimize MAD. The computations for exponential smoothing and the essential formulas are shown in Table 6.

**Table 6. Forecasting Measures under Optimal  $\alpha$  and a Constant for Exponential Smoothing**

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q
1		$\alpha = 0.66$	Constant =	495								Constant	480	5			
2	t	At	Ft	E	E	MAD	SFE	TS	BIAS	MAD		755	480	485	490	495	500
3												0.6	764.3	763.5	762.8	762.0	761.3
4	1	6460	6460.0	0.0	0.0	0	0		0.0			0.61	761.2	760.4	759.7	759.4	759.3
5	2	7480	6955.0	525.0	525.0	263	525	2.0	262.5	alpha		0.62	758.9	758.4	758.3	758.2	758.1
6	3	8220	7796.5	423.5	423.5	316	949	3.0	316.2	0.6		0.63	758.1	757.4	757.1	757.0	756.9
7	4	9480	8571.0	909.0	909.0	464	1857	4.0	464.4	0.01		0.64	757.4	756.6	756.0	755.9	755.8
8	5	9650	9665.9	-15.9	15.9	375	1842	4.9	368.3			0.65	756.7	756.0	755.2	755.2	755.6
9	6	10630	10150.4	479.6	479.6	392	2321	5.9	386.9			0.66	756.1	755.4	755.3	755.1	755.5
10	7	11810	10961.9	848.1	848.1	457	3169	6.9	452.7			0.67	755.9	755.7	755.6	755.4	755.5
11	8	13100	12016.7	1083.3	1083.3	536	4253	7.9	531.6			0.68	756.2	756.1	755.9	755.8	755.6
12	9	14190	13226.7	963.3	963.3	583	5216	8.9	579.5			0.69	756.7	756.5	756.3	756.2	756.0
13	10	15760	14357.5	1402.5	1402.5	665	6618	10.0	661.8			0.7	757.1	756.9	756.8	756.6	756.5
14	11	15670	15778.1	-108.1	108.1	614	6510	10.6	591.8			Min = 755.1					
15	12	14340	16201.8	-1861.8	1861.8	718	4648	6.5	387.4			C6 = \$D\$1 + (1 - \$B\$1) * C5 + \$B\$1 * B5 K3 = J6 K4 = K3 + \$J\$7 K2 = F29 L15 = MIN(L3:Q13) B1 = XLOOKUP(O9,O3:O13,K3:K13) D1 = XLOOKUP(L15,L9:Q9,L2:Q2)					
16	13	11810	15468.0	-3658.0	3658.0	944	990	1.0	76.2								
17	14	14100	13548.7	551.3	551.3	916	1542	1.7	110.1								
18	15	14000	14407.6	-407.6	407.6	882	1134	1.3	75.6								
19	16	14120	14633.6	-513.6	513.6	859	621	0.7	38.8								
20	17	14600	14789.6	-189.6	189.6	820	431	0.5	25.4								
21	18	15160	15159.5	0.5	0.5	774	432	0.6	24.0								
22	19	15350	15654.8	-304.8	304.8	750	127	0.2	6.7								
23	20	15630	15948.6	-318.6	318.6	728	-192	-0.3	-9.6								
24	21	16400	16233.3	166.7	166.7	701	-25	-0.0	-1.2								
25	22	17550	16838.3	711.7	711.7	702	686	1.0	31.2								
26	23	16970	17803.0	-833.0	833.0	708	-147	-0.2	-6.4								
27	24	17300	17748.2	-448.2	448.2	697	-595	-0.9	-24.8								
28	25	20060	17947.4	2112.6	2112.6	753	1518	2.0	60.7								
29	26	19040	19836.7	-796.7	796.7	755	721	1.0	27.7								
30	27		19805.9														
31	28		19805.9														
32	29		19805.9														
33	30		19805.9														

#### 4.5. Stationary vs. Non-Stationary Data.

In our dataset, the optimal  $\alpha$  for all three metrics is equal (this is not the case most of the time) and is equal to 1 (this is not a general observation). Since we have an upward trend almost in all years, an  $\alpha=1$ , and therefore  $F_{t+1}=A_t$  is the best solution. Moving average and Exponential Smoothing are appropriate for stationary data. We can draw the  $Cum_t = SUM(A_t)$  function to check whether data is stationary. The data is stationary if  $Cum_t$  is close to a line. Figure 2 shows  $Cum_t$  for our data is distant from a line. We will later discuss trend-adjusted exponential smoothing and regression for data with a trend.

Figure 2. Stationary vs. Non-Stationary Data



#### 5. LEVEL AND TREND

This section reviews (i) Bi-variate linear regression and (ii) Trend adjusted exponential smoothing.

##### 5.1. Bi-variable Linear Regression.

The bi-variable linear regression is generally stated as  $y=b_0+b_1x$ . Our specific case can be stated as  $F_t = b_0 + b_1t$ . While we could have continued with the actual years, we set  $t$  equal to the current year minus 1996 for simplicity. Nevertheless, no matter how we enumerate the years, while we will have different values for  $b_0$  and  $b_1$ , all the analyses and the shape of the regression line remain the same. Alternative linear regression computations are explained below and are summarized in Table 7.

**Procedure-1. Add Trend Line.** After drawing the data in a scatter graph, we can right-click on the graph and choose to add a trendline. Options of exponential, linear, logarithmic, polynomial, power, and moving average will appear. We chose linear. We also check the display equation and display the R-squared value on the chart. The scatter graph shows the regression equation  $y = 419.22x + 8143.6$  and  $R^2 = 0.8418$ .

**Procedure-2. Data Analysis Add-Ins.** Choose Data Tab → Data Analysis → Regression. In the next table, enter the Y variable ( $A_t$ ), then X variables ( $t$ ), and select the cell that will be in the east-north of the table (we select cell E1). This approach is not recommended for bi-variable linear regression since we must prepare a new table once a number is changed. Excel functions perform better and are updated as a change is made in the data. As it is shown in the seasonality-enhanced multi-variable regression, Data Analysis Add-Ins is a good choice for bi-variable non-linear and multi-variable linear and non-linear cases,

**Procedure 3. Excel Functions.** Excel formulas are entered into the Data Analysis Add-Ins output to simplify explanations. There are mainly INTERCEPT, SLOPE, RSQ, STEYX, and CORREL functions that we have added to the table. All the formulas are shown in the gray cells. The larger the R-square ( $0 \leq R^2 \leq 1$ ), the more reliable the regression line. If the distance between the two blue numbers in the bottom part of the table does not cover zero, there is a relationship between Y and X ( $b_1 \neq 0$ ). If the blue number in the top part of the table is less than 0.05, with more than 95% confidence, not both  $b_0$  and  $b_1$  are zero.

**Procedure 4. Using More Fundamental Computations in Excel.** In Appendix C, we will provide fundamental insight into the computation of regression metrics through computing SST, SSE, and SSR, as well as a piecewise regression.

**Table 7. Alternative Linear Regression Computations**

A	B	C	D	E	F	G	H	I	J	K	L	M
1	t	At	Yhat (Reg)	SUMMARY OUTPUT								
2	1	6460	8562.8	Regression Statistics								
3	2	7480	8982.0	Multiple R	0.9175 =CORREL(\$B\$2:\$B\$27,\$A\$2:\$A\$27)		0.9175 =SQRT(F4)	Correlation Coefficient				
4	3	8220	9401.3	R Square	0.8418 =RSQ(\$B\$2:\$B\$27,\$A\$2:\$A\$27)		0.8418 =F3^2	Coefficient of Determination				
5	4	9480	9820.5	Adjusted R Square	0.8352			b0	8143.60 =INTERCEPT(\$B\$2:\$B\$27,\$A\$2:\$A\$27)			
6	5	9650	10239.7	Standard Error	1418.51 =STEYX(B2:B27,A2:A27)			b1	419.22 =SLOPE(\$B\$2:\$B\$27,\$A\$2:\$A\$27)			
7	6	10630	10658.9	Observations	26 =COUNT(B2:B27)			R-Square	0.8418 =RSQ(\$B\$2:\$B\$27,\$A\$2:\$A\$27)			
8	7	11810	11078.1	ANOVA				StdError	1418.51 =STEYX(B2:B27,A2:A27)			
9	8	13100	11497.4		df	SS	MS	F	Significance F			
10	9	14190	11916.6	Regression	1	257028288.6	257028289	127.7369	4.27614E-11			
11	10	15760	12335.8	Residual	24	48292065.23	2012169					
12	11	15670	12755.0	Total	25	305320353.8						
13	12	14340	13174.2	Coefficients		Standard Error	t Stat	P-value	Lower 95%	Upper 95%		
14	13	11810	13593.5	Intercept (b0)	8143.60	572.83	14.22	3.47169E-13	6961.33	9325.87		
15	14	14100	14012.7	X Variable 1 (b1)	419.22	37.09	11.30	4.27614E-11	342.67	495.78		
16	15	14000	14431.9	F16 =INTERCEPT(\$B\$2:\$B\$27,\$A\$2:\$A\$27)					Zero is NOT Covered			
17	16	14120	14851.1	F17 =SLOPE(\$B\$2:\$B\$27,\$A\$2:\$A\$27)								
18	17	14600	15270.3	C19 =\$F\$14+\$F\$15*A19								
19	18	15160	15689.6									
20	19	15350	16108.8									
21	20	15630	16528.0									
22	21	16400	16947.2									
23	22	17550	17366.5									
24	23	16970	17785.7									
25	24	17300	18204.9									
26	25	20060	18624.1									
27	26	19040	19043.3									
28	27		19462.6									
29	28		19881.8									
30	29		20301.0									
31	30		20720.2									
32												
33												
34												

## 5.2. Trend Adjusted Exponential Smoothing.

Trend-adjusted exponential smoothing is defined as  $F_{t+1} = L_t + T_t$ , where  $L_t$  and  $T_t$  are the level and trend in period  $t$  as defined in Chopra (2019) based on Holt (1957).

$$L_{t+1} = \alpha A_t + (1-\alpha)(L_t + T_t)$$

$$T_{t+1} = \beta(L_{t+1} - L_t) + (1-\beta)T_t$$

Trend-adjusted exponential smoothing, or double exponential smoothing, smooths out the level and trend of this period based on the level and trend of the previous period and the actual observation in this period.

Starting  $L_0$  and  $T_0$  can be computed in two ways. We may set  $L_0$  as the demand in the first period and  $T_0$  as the demand of the last period minus the demand of the first period divided by  $(N-1)$ . In our case,  $L_0 = A_1 = 6460$ , and  $T_0 = (A_{26} - A_1) / (26 - 1) = 503.2$  (proposed in Iravani, 2021). Alternatively, we may set  $L_0$  as the intercept of the regression line and  $T_0$  as its slope.  $L_0 = b_0 = 8143.6$ , and  $T_0 = b_1 = 419.2$  (proposed in Chopra 2019). We follow the first approach. We start from  $\alpha = 0.5$  and  $\beta = 0.5$  and then use SOLVER or a two-dimensional Data Table to find the optimal values of  $\alpha = 0.87$  and  $\beta = 0$ , as shown in Table 8. Compared to simple exponential smoothing, the MSE and other metrics are lower, and the extension to future periods carries a trend and is not a straight line. Compared to regression, we have a smooth curve going up and down instead of a straight line.

We can also combine linear regression and trend-adjusted exponential smoothing in the form of  $F_t = \gamma F_{\text{Trend-Adjusted,ES}} + (1-\gamma) F_{\text{Linear-Regression}}$ . The optimal  $\gamma$  value minimizing the MSE of the forecasts from the actual values can then be obtained using SOLVER or Data Table.

**Table 8. Trend Adjusted Exponential Smoothing Computations**

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
1	t	At	Lt	Tt	Ft			$\alpha = 0.8678347$	0.800	0.010			alpha=0.87; beta=0		
2		6460	503.2			MAD= 2695		$\beta = 0$	0.000	0.100					
3	1	6460	6526.5	503.2	6963.2										
4	2	7480	7420.5	503.2	7029.7										
5	3	8220	8180.8	503.2	7923.7										
6	4	9480	9374.8	503.2	8684.0										
7	5	9650	9680.1	503.2	9878.0										
8	6	10630	10571.0	503.2	10183.3										
9	7	11810	11712.7	503.2	11074.2										
10	8	13100	12983.2	503.2	12215.9										
11	9	14190	14097.0	503.2	13486.4										
12	10	15760	15606.7	503.2	14600.2										
13	11	15670	15728.1	503.2	16109.9										
14	12	14340	14590.0	503.2	16231.3										
15	13	11810	12243.9	503.2	15093.2										
16	14	14100	13921.2	503.2	12747.1										
17	15	14000	14056.1	503.2	14424.4										
18	16	14120	14178.1	503.2	14559.3										
19	17	14600	14610.7	503.2	14681.3										
20	18	15160	15153.9	503.2	15113.9										
21	19	15350	15390.6	503.2	15657.1										
22	20	15630	15664.9	503.2	15893.8										
23	21	16400	16369.3	503.2	16168.1										
24	22	17550	17460.5	503.2	16872.5										
25	23	16970	17101.3	503.2	17963.7										
26	24	17300	17340.2	503.2	17604.5										
27	25	20060	19767.0	503.2	17843.4										
28	26	19040	19202.6	503.2	20270.2										
29	27				19705.8										
30	28				20209.0										
31	29				20712.2										
32	30				21215.4										
33															
34															
35															
36															
37															
38															
39															
40															
41															
42															
43															

H1 =SUM4(ABS(B3:B28-C3:C28))

H2 =SUM4((B3:B28-E3:E28)^2)

C2 =B3

D2 =(B28-B3)/(A28-A3)

E3 =C2+D2

C3 =(1-\$J\$1)\*E3+\$J\$1\*B3

D3 =(1-\$J\$2)\*D2+\$J\$2\*(C3-C2)

E4 =C3+D3

H1 =SUM4(ABS(B3:B28-C3:C28))

H2 =SUM4((B3:B28-E3:E28)^2)

E29 =C28+D28

E30 =E29+\$D\$28

E32 =E31+\$D\$28

I4 =H2

I5 =K1

I6 =I5+\$L\$1

J4 =K2

K4 =J4+\$L\$2

J16 =MIN(J5:T15)

G6 =PROPER(CHAR(96+COLUMN(C2)))&ROW(C2)

H6 =FORMULATEXT(INDIRECT(G6))

alpha=0.87; beta=0

## 6. LEVEL, TREND, AND SEASONALITY

In this section, we review (i) seasonality-enhanced bi-variable linear regression, (ii) seasonality-enhanced multi-variable regression using dummy variables, and (iii) trend and seasonality-adjusted exponential smoothing.

### 6.1. Seasonality Enhanced Bi-Variable Linear Regression.

Our approach is recognized as Winter's Model (Chopra 2019). The monthly data shown in Table 2 for 12(26) months (in 1000 TEUs) are copied into Table 9. We consider a periodicity of 12, where



periods repeat every 12 months. One may add three months of data and consider the periodicity of four seasons, periodicity of 7 days over a week, or periodicity of 24 hours a day.

**Table 9. Computations for Static Seasonality Enhanced Bi-Variate Linear Regression**

	A	B	C	D	E	F	G	H	I	J	K
1	Per. Monthly Data	Centered.MA	Deseas.Reg	Seas.Index	Seas	SeasInd	SeasIndAdj	Ft (Stat.Reg)	b0=	702.82	
2	0								b1=	2.90	
3	1	480		705.71	0.680	1	0.942	0.95	670.74	R2=	0.83
4	2	468		708.61	0.660	2	0.865	0.87	618.11	Periodicity=	12
5	3	504		711.50	0.708	3	0.909	0.92	652.43		
6	4	518		714.40	0.726	4	0.964	0.97	694.16	C9	=(AVERAGE(B3:B14)+AVERAGE(B4:B15))/2
7	5	529		717.30	0.738	5	1.024	1.03	740.59	K1	=INTERCEPT(\$C\$9:\$C\$308,\$A\$9:\$A\$308)
8	6	556		720.19	0.772	6	1.006	1.01	730.67	K2	=SLOPE(\$C\$9:\$C\$308,\$A\$9:\$A\$308)
9	7	568	541	723.09	0.785	7	1.045	1.05	762.28	K3	=RSQ(\$C\$9:\$C\$308,\$A\$9:\$A\$308)
10	8	557	544	725.98	0.768	8	1.078	1.09	789.49	D3	=\$K\$1+\$K\$2*A3
11	9	589	551	728.88	0.808	9	1.037	1.05	762.59	E3	=B3/D3
12	10	583	559	731.78	0.797	10	1.054	1.06	777.90	F3	=IF(MOD(A3,\$K\$4)>0,MOD(A3,\$K\$4),\$K\$4)
13	11	556	567	734.67	0.757	11	1.005	1.01	744.93	G3	=AVERAGEIF(\$F\$3:\$F\$314,F3,\$E\$3:\$E\$314)
14	12	556	575	737.57	0.753	12	0.968	0.98	720.36	G15	=AVERAGE(G3:G14)
15	13	527	582	740.46	0.711	1	0.992	1.000	703.77	H3	=G3/\$G\$15
16	14	512	591	743.36	0.689	2			648.42	I317	=( \$K\$1+\$K\$2*A317)*VLOOKUP(F317,\$F\$3:\$H\$14,3,0)
17	15	608	600	746.26	0.815	3			684.29		
18	16	611	606	749.15	0.815	4			727.93		
19	17	632	614	752.05	0.841	5			776.47		
20	18	658	622	755.33	0.880	6			828.99		
21	19	1,541	1,541	1574.30	1.058	7			1534.93		
22	20	1,667	1,667	1574.50	1.058	8			1496.47		
23	21	1,654	1,654	1577.39	1.049	9			1375.93		
24	22	1,822	1,675	1580.29	1.153	10			1449.08		
25	23	1,708	1,652	1583.19	1.079	11			1538.33		
26	24	1,859	1,623	1586.08	1.172	12			1637.59		
27	25	1,712	1,598	1588.98	1.077	1			1612.10		
28	26	1,721		1591.87	1.081	2			1678.17		
29	27	1,612		1594.77	1.011	3			1734.28		
30	28	1,452		1597.67	0.909	4			1671.56		
31	29	1,337		1600.56	0.835	5			1701.45		
32	30	1,228		1603.46	0.766	6			1625.86		
33	31	1,273		1606.35	0.792	7			1568.88		
34	32					8			1529.50		
35	33					9			1406.24		
36	34					10			1480.95		
37	35					11			1358.40		
38	36					12			1307.92		
39	37					1			1738.39		
40	38					2			1661.09		
41	39					3			1602.82		
42	40					4					
43	41					5					
44	42					6					
45	43					7					
46	44					8					
47	45					9					
48	46					10					
49	47					11					
50	48					12					

When we compute the average of 12 months, it is pure of seasonality since high and low seasons cross each other out. This is true for any other periodicity; the average of all seasons does not contain seasonality. Instead of placing the moving average of n seasons in front of the last season (as we did in our moving average computations), we place it at the center of the data incorporated in each moving average; centered moving average.

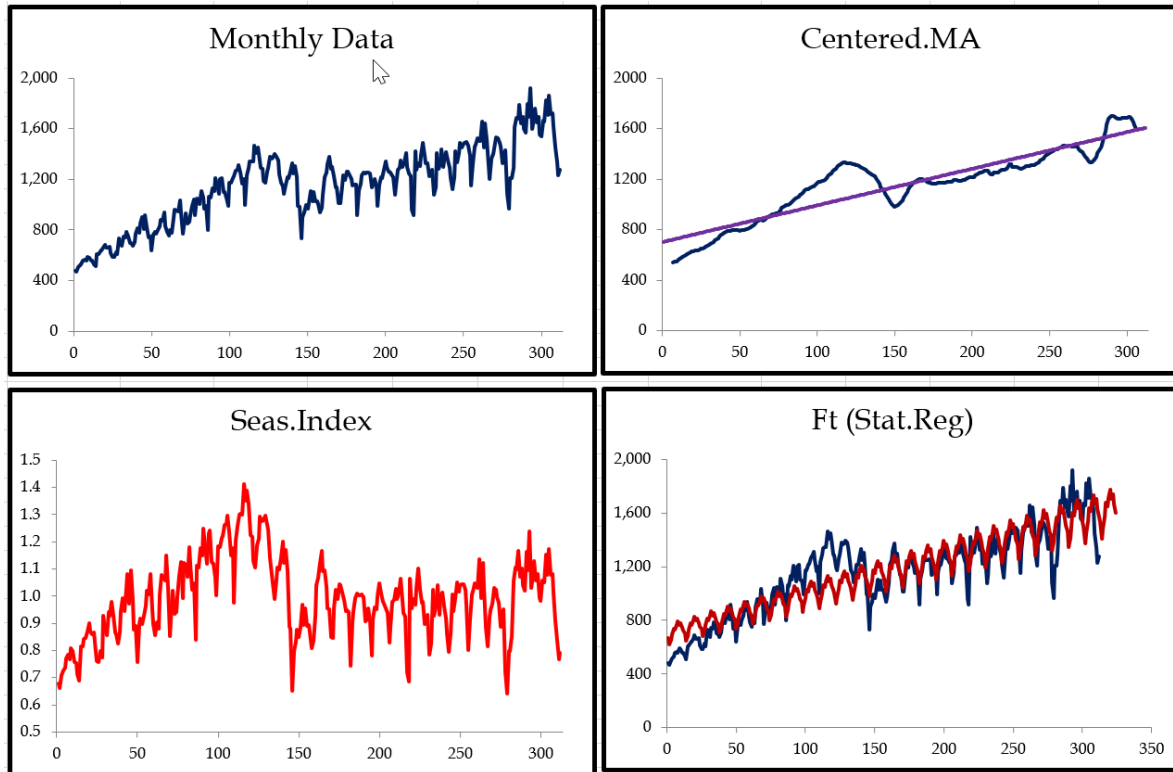
**Step 1. Removing Seasonality.** If we were considering seasonality over 7 days of weeks since 7 is odd, we could have placed the average in front of period 4, compared the actual period 4 with the centered moving average, and estimated the seasonality of period 4. But there is no middle period for even periodicity. Therefore (and the procedure is the same for all other even periodicities), we first compute the average of the 12 months and assume it is placed at the boundary of months 6 and 7. We also compute the period 2 to period 13 average and assume it is at the boundary of months 7 and 8. Next, we compute the average of these two centered moving averages and place it in front of period 7, representing the unseasonal activity volume at period 7. We then copy this formula down to 6 months to the last months. We will generally have the centered moving average for all periods minus periodicity.

**Step 2. Trend in the Deseasonalized Data.** We apply linear regression on months 7 to 306 to find the level and trend of the data pure of seasonality. It leads to  $b_0$ ,  $b_1$ , and  $R^2$ , as shown in columns K of Table 9. The Excel worksheet also shows the formulas for all other computations (as they follow).

**Step 3. Seasonality Indices.** We divide the actual data of each month by the value obtained from the regression line applied to the deseasonalized data ( $A_t/\underline{Y}_t$ ). The ratios are estimates of the seasonality index in all 12(26) months. By averaging all seasonality indices of each month, the average seasonality index of January ( $S_1$ ) to December ( $S_{12}$ ) is computed. The average of the average seasonality indices for all 12 months must equal 1; therefore, to normalize, we divide the average seasonality index of each month by the average of the averages. These computations are in columns G and H.

**Step 4. Trend and Seasonality Adjusted Forecasting.** Finally, we put seasonality back on the deseasonalized regression line and forecast the future.  $F_t = (b_0 + b_1 t) * S_t$ , where  $S_t$  has the same monthly value over all years. All formulas are clearly explained in Table 9. The results of the four steps of this process are schematically represented in Figure 3. The above analysis shows that the monthly seasonality is from a minimum of 0.87 to a maximum of 1.09. In a similar analysis, one may study daily seasonality (periodicity of 30) or hourly seasonality (periodicity of 24).

**Figure 3. Four Key Steps in Static Seasonality Enhanced Bi-Variable Linear Regression.**



## 6.2. Seasonality Enhanced Multiple Regression Using Dummy Variables.

By implementing a set of binary dummy variables, we use multi-variable regression for another version of static seasonality analysis. For each month, we define a binary variable, which is 1 if we are in that month and 0 otherwise. For periodicity of  $n$  periods, we need  $n-1$  dummy binary variables. We compare other periods with a period of choice, where our choice does not affect the analysis outcomes. Since we analyze monthly data over the years, periodicity is 12. We define 11

binary variables for January to November. We will have our Y variable as the volume of activity in the corresponding month, our X variable as the month counter (from 1 to 312), and 11 dummy binary variables. Excel's Data Analysis Add-ins require the independent variables to be in contiguous cells. We, therefore, copy the month variables adjacent to the dummy variables. We can have them before or after the dummy variables. Compared to bi-variable regression, instead of a single column for X variables, we select 12 columns. The output and all the essential formulas are shown in Table 10. The reader may pay attention to the formula to generate 0s and 1 for the dummy variables in each month and, more importantly, to multiply the row of the decision variables by the column of regression coefficients (by using dynamic arrays and transposing one of the two vectors).

**Table 10. Seasonality Enhanced Multi-Variable Regression Computations.**

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y
1	Per. Monthly Data	1	2	3	4	5	6	7	8	9	10	11	12	t	Pt									
3	1	480	1	0	0	0	0	0	0	0	0	0	0	1	650	C3	=IF(MOD(\$A3,\$N\$1)=C\$1,1,0)							
4	2	468	0	1	0	0	0	0	0	0	0	0	0	2	561	D3	=IF(MOD(\$A3,\$N\$1)=D\$1,1,0)							
5	3	504	0	0	1	0	0	0	0	0	0	0	0	3	607	P3	=\$S\$30+\$S\$43*O3+SUM(C3:N3*TRANSPOSE(\$S\$31:\$S\$42))							
6	4	518	0	0	0	1	0	0	0	0	0	0	0	4	672									
7	5	529	0	0	0	0	1	0	0	0	0	0	0	5	748									
8	6	556	0	0	0	0	0	1	0	0	0	0	0	6	727									
9	7	568	0	0	0	0	0	0	1	0	0	0	0	7	778									
10	8	557	0	0	0	0	0	0	0	1	0	0	0	8	817									
11	9	589	0	0	0	0	0	0	0	0	1	0	0	9	772									
12	10	583	0	0	0	0	0	0	0	0	0	1	0	10	792									
13	11	556	0	0	0	0	0	0	0	0	0	0	1	11	735									
14	12	556	0	0	0	0	0	0	0	0	0	0	0	12	703									
15	13	527	1	0	0	0	0	0	0	0	0	0	0	13	685									
16	14	512	0	1	0	0	0	0	0	0	0	0	0	14	596									
17	15	608	0	0	1	0	0	0	0	0	0	0	0	15	642									
18	16	611	0	0	0	1	0	0	0	0	0	0	0	16	707									
19	17	632	0	0	0	0	1	0	0	0	0	0	0	17	783									
20	18	640	0	0	0	0	0	1	0	0	0	0	0	18	762									
21	19	658	0	0	0	0	0	0	1	0	0	0	0	19	813									
22	20	686	0	0	0	0	0	0	0	1	0	0	0	20	852									
23	21	663	0	0	0	0	0	0	0	0	1	0	0	21	807									
24	22	659	0	0	0	0	0	0	0	0	0	1	0	22	827									
25	23	667	0	0	0	0	0	0	0	0	0	0	1	23	770									
26	24	614	0	0	0	0	0	0	0	0	0	0	0	24	738									
27	25	588	1	0	0	0	0	0	0	0	0	0	0	25	720									
28	26	588	0	1	0	0	0	0	0	0	0	0	0	26	631									
29	27	624	0	0	1	0	0	0	0	0	0	0	0	27	677									
30	28	606	0	0	0	1	0	0	0	0	0	0	0	28	742									
31	29	730	0	0	0	0	1	0	0	0	0	0	0	29	818									
32	30	691	0	0	0	0	0	1	0	0	0	0	0	30	797									
33	31	678	0	0	0	0	0	0	1	0	0	0	0	31	848									
34	32	747	0	0	0	0	0	0	0	1	0	0	0	32	887									
35	33	740	0	0	0	0	0	0	0	0	1	0	0	33	842									
36	34	784	0	0	0	0	0	0	0	0	0	1	0	34	862									
37	35	745	0	0	0	0	0	0	0	0	0	0	1	35	805									
38	36	699	0	0	0	0	0	0	0	0	0	0	0	36	773									
39	37	697	1	0	0	0	0	0	0	0	0	0	0	37	755									
40	38	672	0	1	0	0	0	0	0	0	0	0	0	38	666									
41	39	708	0	0	1	0	0	0	0	0	0	0	0	39	712									
42	40	773	0	0	0	1	0	0	0	0	0	0	0	40	777									
43	41	815	0	0	0	0	1	0	0	0	0	0	0	41	853									
44	42	777	0	0	0	0	0	1	0	0	0	0	0	42	832									
45	43	883	0	0	0	0	0	0	1	0	0	0	0	43	883									
311	309	1,452	0	0	0	0	0	0	0	0	1	0	0	309	1,665									
312	310	1,337	0	0	0	0	0	0	0	0	0	1	0	310	1,609									
313	311	1,228	0	0	0	0	0	0	0	0	0	0	1	311	1,577									
314	312	1,273	0	0	0	0	0	0	0	0	0	0	0	312	1,577									
315	313	1,470	1	0	0	0	0	0	0	0	0	0	0	313	1,559									
316	314	1,470	0	1	0	0	0	0	0	0	0	0	0	314	1,470									
324	322	1,644	0	0	1	0	0	0	0	0	0	1	0	322	1,644									
325	323	1,644	0	0	0	0	0	0	0	0	0	0	1	323	1,644									
326	324	1,612	0	0	0	0	0	0	0	0	0	0	0	324	1,612									

Regression

Input

Input Y Range: 

\$B\$3:\$B\$314

Input X Range: 

\$A\$3:\$A\$314,\$C\$3:\$N

☐ Labels

☐ Constant is Zero

☐ Confidence Level: 

95

 %

Output options

☒ Output Range: 

\$R\$14

ANOVA

	df	SS	MS	F	Significance F
Regression	13	23171341	1782411	82.82	1.07483E-90
Residual	298	6413244	21521		
Total	311	29584585			

	Coefficients	Standard Error	t Stat	P-value	Lower 95%	Upper 95%
Intercept	668.29	32.42	20.612	0.000	604.489	732.101
X Variable 1	-21.07	40.70	-0.518	0.605	-101.166	59.026
X Variable 2	-113.05	40.70	-2.778	0.006	-193.139	-32.956
X Variable 3	-69.73	40.70	-1.713	0.088	-149.816	10.359
X Variable 4	-8.09	40.69	-0.199	0.843	-88.175	71.993
X Variable 5	65.19	40.69	1.602	0.110	-14.893	145.269
X Variable 6	41.09	40.69	1.010	0.313	-38.992	121.165
X Variable 7	89.12	40.69	2.190	0.029	9.043	169.195
X Variable 8	125.69	40.69	3.089	0.002	45.618	205.766
X Variable 9	77.33	40.69	1.901	0.058	-2.742	157.403
X Variable 10	94.38	40.69	2.320	0.021	14.309	174.452
X Variable 11	34.85	40.69	0.856	0.393	-45.795	114.917
X Variable 12	0.00					
X Variable 13	2.91					

Multi-Variable Dummy Regression

Regression

Input

Input Y Range:

Input X Range:

☐ Labels
☐ Constant is Zero

☐ Confidence Level:  %

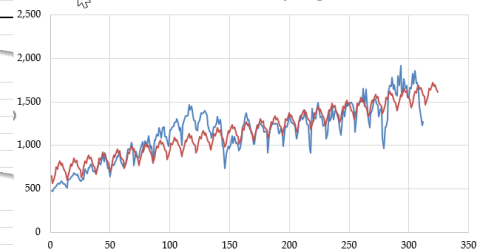
Output options

☒ Output Range:

	df	SS	MS	F	Significance F
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X Variable 10	94.38	40.69	2.320	0.021	14.309	174.452
X Variable 11	34.85	40.69	0.856	0.393	-45.715	114.017
X Variable 12	0.00	40.69	0.000	0.999	-81.166	81.166
X Variable 13	2.91	40.69	0.071	0.943	-79.816	85.736

**Multi-Variable Dummy Regression**



### 6.3. Trend and Seasonality Adjusted Exponential Smoothing.

In the two previous approaches, we used the term static seasonality. Static means we estimate seasonality for all months and keep them as they are; seasonality indexes and all other model parameters remain unchanged. In this third approach, we update seasonality indices (as well as level and trend) as we move forward. It extends the trend-adjusted exponential smoothing (Winter,

1960, Chopra, 2021). The reader may look into the graphs of the three approaches' output to visualize the dynamism inside this third approach.

By applying linear regression on the 12-month centered moving average implemented in seasonality-enhanced bi-variable linear regression, we first estimate the level ( $L_0$  =INTERCEPT) and trend ( $T_0$ =SLOPE) in month zero. We also use static seasonality indexes computed in seasonality-enhanced bi-variable linear regression (Chopra 2021). Alternatively, we may set  $L_0$  equal to the average demand in the first 12 months. Given  $L_N$  as the average of the last 12 months, we set  $T_0=(L_N-L_0)/(12(N-1))$ . For seasonality, we may divide the demand of each of the first 12 months by the average of these months and assume them as the seasonality indexes for the first 12 months (Iravani 2021). While the second approach is easier with fewer computations to estimate the starting parameters, since we already have the results as described in the seasonality-enhanced bi-variable linear regression section, we follow the first approach and copy  $L_0, T_0, S_1, \dots, S_{12}$  from Table 9 into Table 11. We first set  $\alpha=0.5, \beta=0.5$ , and  $\gamma=0.5$ .

**Step 1. Compute  $L_t$ .** Given  $L_0 = 702.82, T_0 = 2.9$ , and  $S_1 = 0.95$ ;  $F_1 = (L_0 + T_0)S_1 = (702.82 + 2.9) * 0.95 = 670.74$ . We now move forward to compute  $L_1, T_1, F_2$ , and  $S_{13}$ , then  $L_2, T_2, F_3$ , and  $S_{14}$ , and so on. In all exponential smoothing models, we always have one component multiplied by a parameter ( $\alpha, \beta$ , or  $\gamma$ ), added to another component multiplied by 1 minus  $\alpha, \beta$ , or  $\gamma$ . The 1 minus part is always easier to compute. We have  $L_0 = 702.82, T_0 = 2.9$ . Our forecast for level in month 1 is  $L_1 = L_0 + T_0 = 705.71$ . This needs to be multiplied by  $(1-\alpha)$ . That is,  $L_1 = (1-0.5) * 705.71$ . But what is the part that had to be multiplied by  $\alpha$ ? It is not 480. That is why the computation of the component multiplied by 1 minus  $\alpha, \beta$ , or  $\gamma$  is easier. The actual month 1 data of 480 contains seasonality. We need to remove seasonality. Since  $S_1 = 0.95$ , month 1 is a low season. We must divide the actual data by  $S_1$  to remove seasonality;  $480/0.95 = 504.97$ . Therefore,  $L_1 = (1-\alpha)(L_0+T_0) + \alpha(A_1/S_1) = (1-0.5)(702.82+2.9) + 0.5(480/0.95) = 605.34$ .

**Step 2. Compute  $T_t$ .** Our forecast for  $T_1$  is  $T_0$ . It is multiplied by  $(1-\beta)$  to form the first component of  $T_1$ . What is the actual  $T_1$ ? It is the difference between  $L_0$  and  $L_1$  and should be multiplied by  $\beta$ . Therefore  $T_1 = (1-\beta)T_0 + \beta(L_1 - L_0) = (1-0.5) * 2.9 + 0.5(605.34 - 702.82) = -47.29$ .

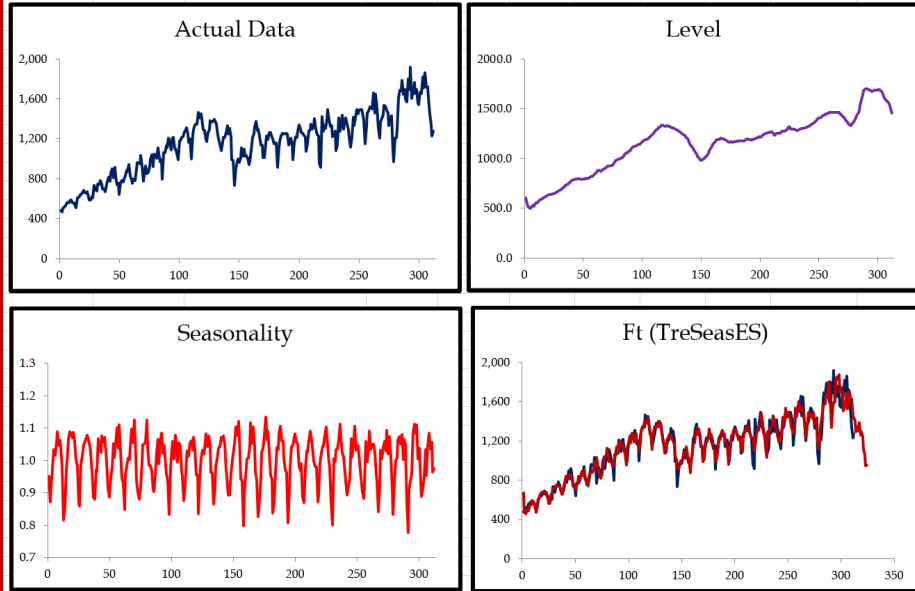
**Step 3. Compute  $F_{t+1}$ .** The forecast for the next period is simply  $F_{t+1} = (L_t + T_t) * S_{t+1}$ . For month 2, it is  $F_2 = (L_1 + T_1) * S_2 = (605.34 - 47.29) * 0.872 = 486.78$ .

**Step 4. Compute  $S_{t+p}$ .** Since periodicity is 12 ( $p=12$ ), we need to compute  $S_{1+12}$ . We first have  $(1-\gamma)$  times forecast. Our forecast for period 13 is the same as period 1;  $S_1=0.96$ . What is the actual seasonality in period 1? It is the actual data divided by  $L_1 = L_0 + T_0$ . That is  $A_1/L_1 = 480/705.71 = 0.68$ . Therefore,  $S_{13} = (1-\gamma) * S_1 + \gamma(A_1/L_1) = (1-0.5)(0.96) + 0.5(0.68) = 0.82$ .

Table 11 shows all the key formulas and curves related to trend and seasonality-adjusted exponential smoothing components.

**Table 11. Seasonality Enhanced Multi-Variable Regression Computations.**

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q
t	At	L	T	S	Ft (TreSeasES)	p= 4		Periodicity								
0		702.82	2.90			a= 0.50		Alpha								
1	480	605	-47.29	0.950	670.74	b= 0.5		Beta								
2	468	547	-52.80	0.872	486.78	g= 0.50		Gamma								
3	504	522	-38.93	0.917	453.21											
4	518	508	-26.32	0.972	469.37											
5	529	497	-18.66	1.032	497.59											
6	556	513	-1.33	1.015	485.55											
7	568	525	5.28	1.054	539.68											
8	557	522	0.82	1.087	576.84											
9	589	543	10.99	1.046	546.48											
10	583	551	9.76	1.063	588.55											
11	556	555	6.66	1.014	568.79											
12	556	565	8.55	0.977	548.31											
13	527	582	12.69	0.815	467.75											
14	512	591	10.91	0.855	508.52											
15	608	600	9.66	0.968	583.04											
16	611	606	7.94	1.022	622.86											
17	632	614	7.85	1.065	653.78											
18	640	621	7.44	1.088	676.10											
19	658	626	6.22	1.081	679.17											
20	686	631	5.98	1.069	675.48											
21	663	635	4.89	1.087	692.73											
22	659	636	2.66	1.058	677.33											
23	667	639	3.26	1.003	639.95											
24	614	646	4.75	0.983	631.90											
25	588	649	3.86	0.867	563.67											
26	588	652	3.63	0.858	559.74											
27	624	658	4.70	0.989	648.70											
28	606	666	6.55	1.013	670.83											
29	730	675	7.50	1.048	704.85											
30	691	681	7.16	1.059	722.22											
31	678	690	7.64	1.065	733.21											
32	747	698	7.84	1.077	751.10											
33	740	705	7.43	1.063	750.24											
34	784	715	8.97	1.044	743.27											
35	745	726	9.74	1.024	741.59											
36	699	733	8.43	0.969	712.66											
37	697	744	9.61	0.886	656.51											
38	672	757	11.55	0.879	662.38											
39	708	766	10.39	0.970	745.80											
40	773	775	9.38	0.963	748.20											
41	815	783	9.08	1.067	836.36											
42	777	788	7.01	1.036	821.03											
43	851	792	5.44	1.025	815.14											
44	899	793	3.22	1.075	857.24											
45	701	791	2.38	0.956	845.84											
311	1,452	1,559	-15.10	1.034	1,611.96											
312	1,337	1,534	-19.73	1.056	1,629.71											
313	1,228	1,500	-26.92	0.963	1,459.29											
314	1,273	1,457	-35.23	0.975	1,437.17											
315	1,313			0.988	1,404.18											
316	1,314			0.932	1,291.62											
317	1,315			0.995	1,344.45											
324	322			0.961	1,061.89											
325	323			0.887	948.56											
326	324			0.920	951.01											



## 7. CONCLUSIONS.

We reviewed and integrated several time series and regression analysis techniques. This manuscript can be used as teaching material or as a case study to enforce the teaching material. While we had our analysis on total loaded and empty for both inbound and outbound throughput, all the data are available to repeat the combination for four combinations of inbound, outbound, loaded, and empty volumes. The same is true for applying these procedures – and the Excel templates – on other data sets.

## Appendix A. Computation of Metrics and Drawing the Graphs for an Any-Period Moving Average.

We may develop a general formula applicable to any number of periods in a moving average computation. Consider a 4-period moving average forecast in periods 25 and 26 and examine the differences.

$$F_{26} = MA_{25} = (A_{25} + A_{24} + A_{23} + A_{22}) / 4 = (A_{25} + A_{24} + A_{23}) / 4 + A_{22} / 4$$

$$F_{27} = MA_{26} = (A_{26} + A_{25} + A_{24} + A_{23}) / 4 = A_{26} / 4 + (A_{25} + A_{24} + A_{23}) / 4.$$

Therefore,  $F_{27} = F_{26} + A_{26} / 4 - A_{22} / 4$ . Generally,  $F_{(t+1)} = F_t + (A_t - A_{t-n}) / n$ . Our forecast for the next period is equal to the forecast for this period (the moving average of the previous period) plus this period's actual data minus the oldest piece of data used on the forecast for the previous period divided by  $n$ .

Suppose we enter the number of periods in the moving average is in cell A1 and set it to any number between 2 and 25. Suppose we set it =RANDBETWEEN(2,12); the result is 4 when entered. We now look into the formula in period 6 in row 9 in Table A1. We have the previous forecast and previous actual in row 8, but what is the oldest data in the previous forecast? It is in the row  $t-n$  of the actual data. In our example is the data in row  $8-4=4$  of the Excel sheet. We can use the Excel INDEX function to find the element in a specific row of a vector.

IF(A8<\$A\$1,"",IF(A8=\$A\$1,AVERAGE(B\$4:B8),C8+B8/\$A\$1-INDEX(B\$4:B8,A8-\$A\$1)/\$A\$1)) is the forecast formula in cell C9. If the previous year is before year 4, a " " is entered to leave the Excel cell blank. If the previous year is year 4, the average of the actual data for the first four years (from row 4 to 8) is computed and set to the forecast for year 5 (in row 8 of the Excel sheet). For cell C9 which corresponds to year  $6 > 4$ , we have  $C8 + B8 / \$A\$1 - INDEX(B\$4:B8, A8 - \$A\$1) / \$A\$1$ . Where  $INDEX(B\$4:B8, A8 - \$A\$1)$  will find the oldest piece of data used in the forecast;  $INDEX(B\$4:B8, 5-4) = INDEX(B\$4:B8, 1) = B4 = 6460$ . The actual for the previous period is  $B8 = 9650$ , and the forecast for the previous period is  $C8 = 7910$ . Therefore, the forecast for this period  $C9 = 7910 + (9650 - 6460) / 4 = 8707.5$ . The table is adjusted for any number less than 26 that may appear in cell A1.

Since we draw the curves related to some of the columns in Table A1, a " " for the starting years that are less than or equal to the random year that appears in cell A1 will show a Y-value of zero while it is empty and not zero. To resolve this, we replace " " with NA(). To avoid #NA appearing in the table, we use formula-based conditional formatting and switch the font color to white using the IFERROR function for #NA cells. Accordingly, Table A1 and Figure A1 are adjusted automatically no matter what random numbers between 2 and 25 appear in cell A1. Alternatively, we could have the fonts of these columns colored white and switch the font color to black using the ISNUMBER function in conditional formatting.



Table A1. Computation and Evaluation of an Any-Period Moving Average.

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	
1	4																4-Period MA Forecast			
2	t	At	Ft	Ft	E	E	E <sup>2</sup>	E /A	MAD	MSE	MARD	SFE	TS	BIAS		n	MAD	MSE	MARD	
3																				
4	1	6460														1	1527.6	3325370	0.108	
5	2	7480														2	955.2	1439920	0.072	
6	3	8220														3	1146.3	1987246	0.086	
7	4	9480														4	1367.2	2651752	0.100	
8	5	9650	7910	7910	1740	1740	3027600	0.18	1740	3E+06	0.18	1740	1	1740	4	1527.6	3325370	0.108		
9	6	10630	8707.5	8707.5	1922.5	1923	3696006	0.181	1831	3E+06	0.181	3662.5	2	1831	5	1719.0	4243650	0.118		
10	7	11810	9495	9495	2315	2315	5359225	0.196	1993	4E+06	0.186	5977.5	3	1993	6	1869.5	5105986	0.124		
11	8	13100	10222.5	10222.5	2877.5	2878	8282056	0.225	2171	5E+06	0.191	8685	4	2171	7	1955.3	5783801	0.126		
12	9	14190	11000	11000	3190	3190	10168100	0.24	2290	6E+06	0.199	10168	5	2290						
13	10	15760	11810	11810	3950	3950	15602500	0.25	2578	7E+06	0.212	12400	6	2578						
14	11	15670	12633	12633	3770	3770	14193290	0.24	2490	7E+06	0.211	11860	7	2490						
15	12	14340	13468	13468	3120	3120	9734400	0.22	2193	5E+06	0.199	8685	8	2193						
16	13	11810	12633	12633	737.5	737.5	543906	0.06	1519	3E+06	0.112	21240	9	1519						
17	14	14100	13468	13468	662.5	662.5	438906	0.05	1477	3E+06	0.109	21903	10	1477						
18	15	14000	14000	14000	3005	3005	9030025	0.21	1549	3E+06	0.111	24908	11	1549						
19	16	14120	14000	14000	1070	1070	1144900	0.08	1528	3E+06	0.108	25978	12	1528						
20	17	14600	14600	14600																
21	18	15160	15160	15160																
22	19	15350	15350	15350																
23	20	15630	15630	15630																
24	21	16400	16400	16400																
25	22	17550	16633	16633	737.5	737.5	543906	0.04	1519	3E+06	0.112	21240	13.98	1118	22	4648.8	22450494	0.252		
26	23	16970	16233	16233	662.5	662.5	438906	0.04	1477	3E+06	0.109	21903	14.83	1095	23	5152.2	27457606	0.272		
27	24	17300	16638	16638	662.5	662.5	438906	0.04	1477	3E+06	0.109	21903	14.83	1095	24	5942.5	35942684	0.303		
28	25	20060	17055	17055	3005	3005	9030025	0.15	1549	3E+06	0.111	24908	16.08	1186	25	5446.4	29663273	0.286		
29	26	19040	17970	17970	1070	1070	1144900	0.06	1528	3E+06	0.108	25978	17.01	1181	26	Min	955.2	1439920	0.0717	
30	27		17970	17970																
31	28		17970	17970																
32	29		17970	17970																
33	30		17970	17970																
34																				
35	A1	=RANDBETWEEN(2,12)																		
36	C9	=IF(A8<\$A\$1,"",IF(A8=\$A\$1,AVERAGE(B\$4:B8),C8+B8/\$A\$1-INDEX(B\$4:B8,A8-\$A\$1)/\$A\$1))																		
37	D9	=IF(A8<\$A\$1,"",AVERAGE(B8:INDEX(B\$4:B8,A8-\$A\$1+1))) Alternative formula for Ft																		
38	E9	=IF(ISNUMBER(SC9),B9-C9,"")																		
39	F9	=IF(ISNUMBER(\$E9),ABS(\$E9),"")																		
40	G9	=IF(ISNUMBER(\$E9),\$E9^2,"")																		
41	H9	=IF(ISNUMBER(\$E9),F9/B9,"")																		
42	I9	=IF(ISNUMBER(\$E9),AVERAGE(F9:INDEX(F\$4:F9,\$A\$1+1)),"")																		
43	J9	=IF(ISNUMBER(\$E9),AVERAGE(G9:INDEX(G\$4:G9,\$A\$1+1)),"")																		
44	K9	=IF(ISNUMBER(\$E9),AVERAGE(H9:INDEX(H\$4:H9,\$A\$1+1)),"")																		
45	L9	=IF(ISNUMBER(\$E9),SUM(E9:INDEX(E\$4:E9,\$A\$1+1)),"")																		
46	M9	=IF(ISNUMBER(\$E9),L9/I9,"")																		
47	M9	=IF(ISNUMBER(\$E9),L9/I9,"")																		
48																				

4-Period MA Forecast

TS

Q4 =I29

R4 =J29

S4 =K29

Q5 [=TABLE(A1)]

Q30 =MIN(Q5:Q29)

R30 =MIN(R5:R29)

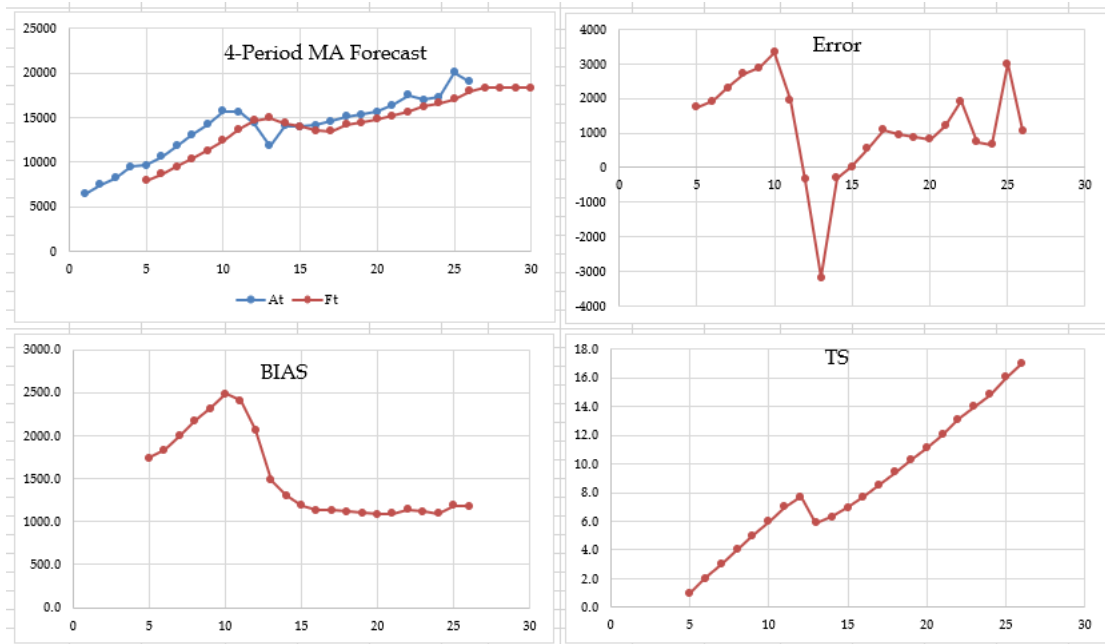
S30 =MIN(S5:S29)

10.TreSeasExpoSmoo

11.MAD.GenPurp.MA

Column D provides an alternative formula for an any-period moving average as follows  
D9=IF(A6>=\$A\$1, AVERAGE(B6:INDEX(\$B\$4:\$B\$30,A6-\$A\$1+1)),NA()). That is due to the magic inside the AVERAGE(B6:INDEX(\$B\$4:\$B\$30,A6-\$A\$1+1) formula. We benefit from this formula in columns E to M to compute the metrics only when the data exist and do not show anything for other years in the graphs, as shown in Figure A1. All the key formulas of Table A1 are re-emphasized by the green and red cells with white backgrounds.

**Figure A1. Flexible Graphs for Computation and Evaluation of an Any-Period Moving Average.**



Given the new any-period moving average formulas, selecting the number of periods and adding a constant may reduce the gap between the actual data and forecasts. Table A2 shows computations for adding a constant and the number of periods in the moving average using a two-dimensional Data Table for MAD minimization ( $n = 12$ ,  $K = 220$ ). It can be similarly applied to MSE and MARD minimization.

**Table A2. Two-Dimensional Data Table to Add a Constant to an Any-Period Moving Average.**

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V
1	4	150																				
2	t	At	Ft	E	E	E <sup>2</sup>	E /A	MAD	MSE	MARD	SFE	TS	BIAS			Constant	200	5				
3															MAD							
4	1	6460													1695	200	205	210	215	220	225	230
5	2	7480													8	1643.5	1676.0	1708.5	1741.0	1773.5	1806.0	1838.5
6	3	8220													9	1400.5	1421.9	1443.4	1464.9	1486.3	1510.2	1536.3
7	4	9480													10	1041.8	1063.1	1084.3	1105.6	1126.8	1148.1	1169.3
8	5	9650	8060	1590	1590	2528100	0.1648	1590	2528100	0.1648	1590	1.0	1590		11	666.4	684.4	702.4	720.4	738.4	756.4	774.4
9	6	10630	9007.5	1622.5	1622.5	2632506	0.1526	1606	2580303	0.1587	3212.5	2.0	1606.3		12	581.3	571.8	567.9	563.9	560.0	562.7	568.8
10	7	11810	9945	1865	1865	3478225	0.1579	1693	2879610	0.1584	5077.5	3.0	1692.5	Period	13	912.2	884.9	866.0	851.7	838.3	824.8	811.4
11	8	13100	10992.5	2107.5	2107.5	4441556	0.1609	1796	3270097	0.159	7185	4.0	1796.3	1	14	1173.0	1140.5	1108.0	1075.5	1043.7	1019.5	996.3
12	9	14190	12047.5	2142.5	2142.5	4590306	0.1510	1866	3534139	0.1574	9327.5	5.0	1865.5		15	1478.1	1448.1	1418.1	1388.1	1358.1	1328.1	1298.1
13	10	15760	13332.5	2427.5	2427.5	5892756	0.1540	1959	3927242	0.1569	11755	6.0	1959.2		16	1825.4	1797.9	1770.4	1742.9	1715.4	1687.9	1660.4
14	11	15670	14765	905	905	819025	0.0578	1809	3483211	0.1427	12660	7.0	1808.6		17	2187.8	2162.8	2137.8	2112.8	2087.8	2062.8	2037.8
15	12	14340	15880	-1540	1540	2371600	0.1074	1775	3344259	0.1383	11120	6.3	1390		18	2550.7	2528.2	2505.7	2483.2	2460.7	2438.2	2415.7
16	13	11810	16340	-4530	4530	20520900	0.3836	2081	5252775	0.1655	6590	3.2	732.22		19	2962.4	2942.4	2922.4	2902.4	2882.4	2862.4	2842.4
17	14	14100	15895	-1795	1795	3222025	0.1273	2053	5049700	0.1617	4795	2.3	479.5		20	3423.0	3405.5	3388.0	3370.5	3353.0	3335.5	3318.0
18	15	14000	15630	-1630	1630	2656900	0.1164	2014	4832173	0.1576	3165	1.6	287.73	Min		560.0						
19	16	14120	15362.5	-1242.5	1242.5	1543806	0.0880	1950	4558142	0.1518	1922.5	1.0	160.21									
20	17	14600	15457.5	-857.5	857.5	735306	0.0587	1866	4264078	0.1446	1065	0.6	81.923									
21	18	15160	16305	-1145	1145	1311025	0.0755	1814	4053146	0.1397	-80	0.0	-5.714									
22	19	15350	16720	-1370	1370	1876900	0.0893	1785	3908063	0.1363	-1450	-0.8	-96.67									
23	20	15630	17207.5	-1577.5	1577.5	2488506	0.1009	1772	3819340	0.1341	-3027.5	-1.7	-189.2									
24	21	16400	17735	-1335	1335	1782225	0.0814	1746	3699510	0.131	-4362.5	-2.5	-256.6									
25	22	17550	18335	-785	785	616225	0.0447	1693	3528216	0.1262	-5147.5	-3.0	-286									
26	23	16970	19082.5	-2112.5	2112.5	4462656	0.1245	1715	3577397	0.1261	-7260	-4.2	-382.1									
27	24	17300	19637.5	-2337.5	2337.5	5463906	0.1351	1746	3671723	0.1266	-9597.5	-5.5	-479.9									
28	25	20060	20205	-145	145	21025	0.0072	1670	3497880	0.1209	-9742.5	-5.8	-463.9									
29	26	19040	21270	-2230	2230	4972900	0.1171	1695	3564926	0.1207	-11973	-7.1	-544.2									
30	27		21792.5																			

Furthermore, we can add flexibility to our table and graphs by updating them as soon as new data is available. We first put column A in a dynamic form by using  $=IF(OR(ISNUMBER(B5),ISNUMBER(C5)),A4+1,NA())$ . If we have actual or forecast value in the corresponding row, the year number will appear otherwise NA(). We then add flexible graphs using

the OFFSET function to define dynamic name ranges and then use dynamic name ranges as X and Y of scatter graphs. We define a dynamic range name for the actual data as =OFFSET(click on B4,,,count(B4:B53)). Note that we need to do this in the range name window (not copy and paste from elsewhere) to have =OFFSET('11c.MAD.GenPurp.MA-B'!\$B\$4,,,COUNT('11c.MAD.GenPurp.MA-B'!\$B\$4:\$B\$53)). Fortunately, we can copy this and paste it for other dynamic ranges in other columns. The only change needed is to replace \$B\$4, and only \$B\$4, by \$A\$4, \$A\$4, \$D\$4, \$H\$4, \$M\$4 in t, Ft, E, BIAS, and TS columns. There is no need to change COUNT('11c.MAD.GenPurp.MA-B'!\$B\$4:\$B\$53) since it counts the rows containing data and is the same for all columns. Note that we must also type in t, Ft, E, BIAS, and TS as the names of the corresponding name ranges referred to by OFFSET functions.

We then need to go to each Ft vs. At, E, BIAS, TS, and any other chart we may need and replace the static reference with a dynamic reference. For example, we have ='11c.MAD.GenPurp.MA-B'!\$A\$4:\$A\$30, ='11c.MAD.GenPurp.MA-B'!\$B\$4:\$B\$30, and ='11c.MAD.GenPurp.MA-B'!\$C\$4:\$C\$30 for series X and two Y values. We replace them with ='11c.MAD.GenPurp.MA-B'!t, ='11c.MAD.GenPurp.MA-B'!At, and ='11c.MAD.GenPurp.MA-B'!Ft, respectively. As new actual data is entered into the table, the table and all its graphs are updated dynamically.

## Appendix B. Exponential Smoothing Basic Mathematics.

In this Appendix, we show that (i) exponential smoothing is a weighted moving average and (ii) the age of data is  $1/\alpha$ .

### B.1. Exponential Smoothing a Weighted Moving Average.

The following analytical manipulations show that Exponential Smoothing is a Weighted Moving Average.

$$F_1 = A_1$$

$$F_2 = (1-\alpha)F_1 + \alpha A_1 \rightarrow F_2 = (1-\alpha)A_1 + \alpha A_1 \rightarrow F_2 = A_1$$

$$F_3 = (1-\alpha)F_2 + \alpha A_2 \rightarrow F_3 = (1-\alpha)A_1 + \alpha A_2$$

$$F_4 = (1-\alpha)F_3 + \alpha A_3 \rightarrow F_4 = (1-\alpha)((1-\alpha)A_1 + \alpha A_2) + \alpha A_3 \rightarrow F_4 = (1-\alpha)^2 A_1 + \alpha (1-\alpha)A_2 + \alpha A_3$$

$$F_5 = (1-\alpha)F_4 + \alpha A_4 \rightarrow F_5 = (1-\alpha)^3 A_1 + \alpha (1-\alpha)^2 A_2 + \alpha (1-\alpha)A_3 + \alpha A_4$$

$$F_{t+1} = \alpha A_t + \alpha(1-\alpha)A_{t-1} + \alpha(1-\alpha)^2 A_{t-2} + \alpha(1-\alpha)^3 A_{t-3} + \alpha(1-\alpha)^4 A_{t-4} \dots + \alpha(1-\alpha)^{t-1} A_1$$

The sum of the weights are

$$S = \alpha + \alpha(1-\alpha) + \alpha(1-\alpha)^2 + \alpha(1-\alpha)^3 + \alpha(1-\alpha)^4 \dots + \alpha(1-\alpha)^{t-1}$$

$$= \alpha(1-\alpha) + \alpha(1-\alpha)^2 + \alpha(1-\alpha)^3 + \alpha(1-\alpha)^4 \dots + \alpha(1-\alpha)^t$$

$$S - (1-\alpha)S = \alpha - \alpha(1-\alpha)^t \rightarrow \alpha S = \alpha(1 - (1-\alpha)^t) \rightarrow S = 1 - (1-\alpha)^t$$

When t increases,  $(1-\alpha)^t$  goes to 0, and the sum of the weights  $S=1$ .

### B.2. Age of Data in Exponential Smoothing.

Through the following analytical manipulations, we show that the age of Data in Exponential Smoothing is  $1/\alpha$ .

Weights =  $\alpha, \alpha(1 - \alpha), \alpha(1 - \alpha)^2, \alpha(1 - \alpha)^3, \alpha(1 - \alpha)^4, \dots, \alpha(1 - \alpha)^{t-1}$

Ages = 1, 2, 3, 4, .....t

Weights  $\times$  Ages =  $1\alpha + 2\alpha(1 - \alpha) + 3\alpha(1 - \alpha)^2 + 4\alpha(1 - \alpha)^3 + 5\alpha(1 - \alpha)^4 + \dots + t\alpha(1 - \alpha)^{t-1}$

Weights  $\times$  Ages =  $\alpha(1 + 2(1 - \alpha) + 3(1 - \alpha)^2 + 4(1 - \alpha)^3 + 5(1 - \alpha)^4 + \dots + t(1 - \alpha)^{t-1})$

We have shown  $S = \alpha(1 + (1 - \alpha) + (1 - \alpha)^2 + (1 - \alpha)^3 + (1 - \alpha)^4 + \dots + (1 - \alpha)^{t-1}) = 1$

$1 + (1 - \alpha) + (1 - \alpha)^2 + (1 - \alpha)^3 + (1 - \alpha)^4 + \dots + (1 - \alpha)^{t-1} = 1/\alpha$

Derivation with respect to  $\alpha$

$0 - 1 - 2(1 - \alpha) - 3(1 - \alpha)^2 - 4(1 - \alpha)^3 - \dots - (t-1)(1 - \alpha)^{t-2} = -1/\alpha^2$

$\alpha(1 + 2(1 - \alpha) + 3(1 - \alpha)^2 + 4(1 - \alpha)^3 + \dots + (t-1)(1 - \alpha)^{t-2}) = 1/\alpha$

### B.3. UCL and LCL in Tracking Signal are larger than $\pm 4$

Forecast error  $E_t = A_t - F_t$  is a random variable with a mean of 0. MAD estimates the error forecast's standard deviation.  $\text{StdDev}(E_t) = 1.25\text{MAD}$  (for example, Duncan, 2007).

$E_t = \text{Normal}(0, 1.25\text{MAD})$

If  $x = \text{Normal}(\mu, \sigma) \rightarrow \text{Sum}(x) = \text{Normal}(\mu, \text{SQRT}(N)\sigma)$

$\text{StdDev}[\text{Sum}(E_t)] = \text{SQRT}(N)\text{StdDev}(E_t)$

$E_t = \text{Normal}(0, 1.25\text{MAD})$

$\text{Sum}(E_t) = N \sim (0, \text{SQRT}(N)1.25\text{MAD})$

$3 \geq (\sum E_t - 0) / (\text{SQRT}(N)1.25\text{MAD}) \geq -3.$

$+ 3\text{SQRT}(N)1.25 \geq (\sum E_t - 0) / \text{MAD} \geq -3\text{SQRT}(N)1.25.$

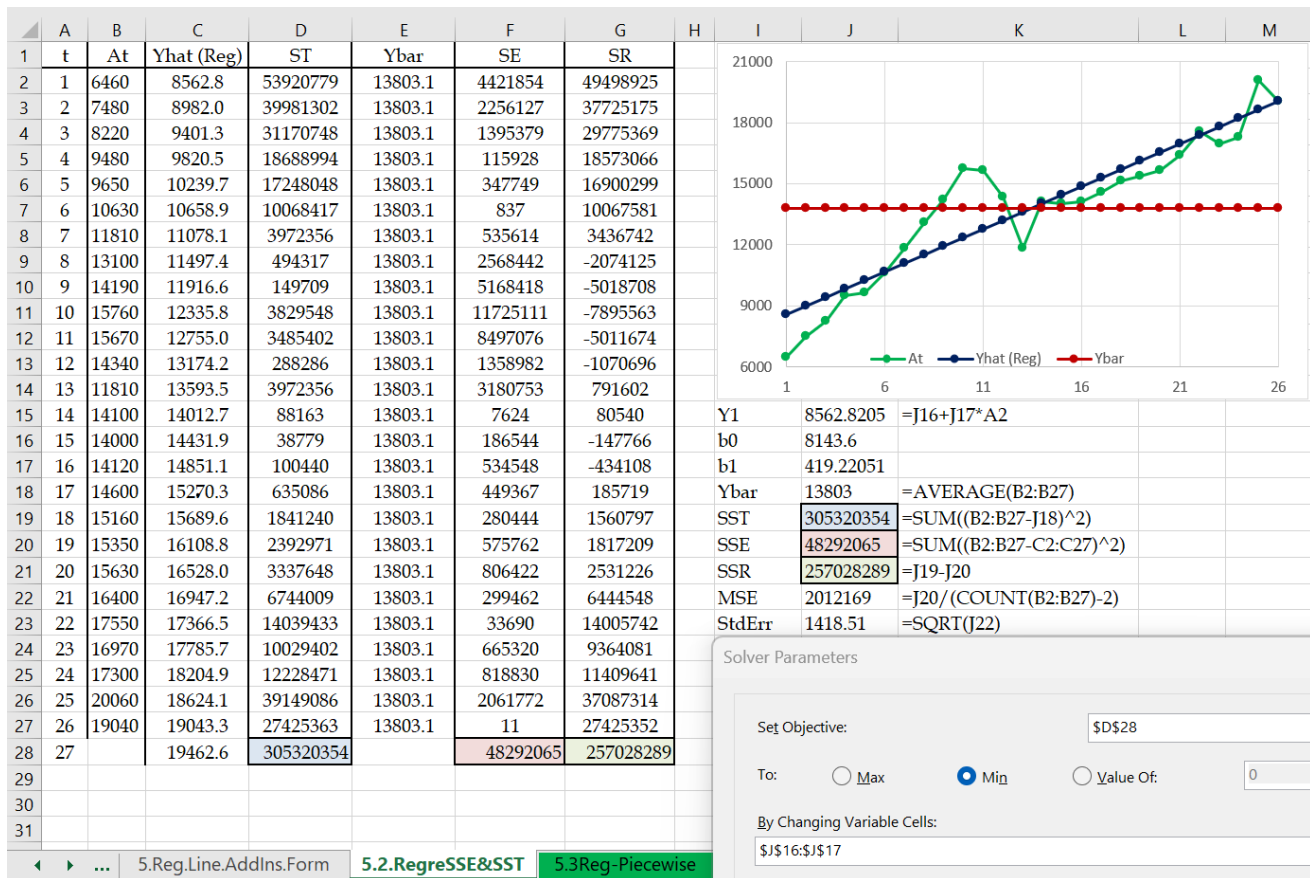
$+ 3.75\text{SQRT}(N) \geq (\sum E_t - 0) / \text{MAD} \geq -3.75\text{SQRT}(N)$

Therefore, Tracking Signal  $\text{TS} = \sum E_t / \text{MAD}$  with samples of size  $N$  is normally distributed around 0, and  $\text{UCL} = 3.75\text{SQRT}(N)$  and  $\text{LCL} = -3.75\text{SQRT}(N)$ .

### Appendix C. Foundations of Computation of Regression Metrics in Excel ( $b_0$ , $b_1$ , SST, SSE, SSR).

One may design a regression line by minimizing MAD, MSE,  $\text{MAX}(\text{ABS}(\text{Error}))$ , or any other measure. Conventionally, regression equations are designed based on MSE minimization (least-square method). We compute MSE or SSE (Sum of Squared Errors) and use SOLVER to find the optimal  $b_0$  and  $b_1$  (which are in cells J16 and J17 in Table A1) to find the optimal values for the SSE (cell D28) objective function. After computing the forecasts in column C using arbitrary but reasonable  $b_0$  and  $b_1$  (in cells J16 and J17), we form column D (the square of the error in each row) and add them to form SSE in cell D26. We then use SOLVER (we can use DataTable too) to find optimal  $b_0$  and  $b_1$  to minimize SSE (or MSE). These optimal values (in cells J16 and J17) are the same as we found using the first three approaches in the regression section. It provides insight into least-squared computations and other regression metrics. Cell D26 can also be computed using dynamic arrays without referencing any values in column D (we can even delete column D). Look at the significant power of dynamic arrays in cell J19 for direct SSE computations.

**Table A1. Direct Computation of Regression Coefficients and Key Metrics.**

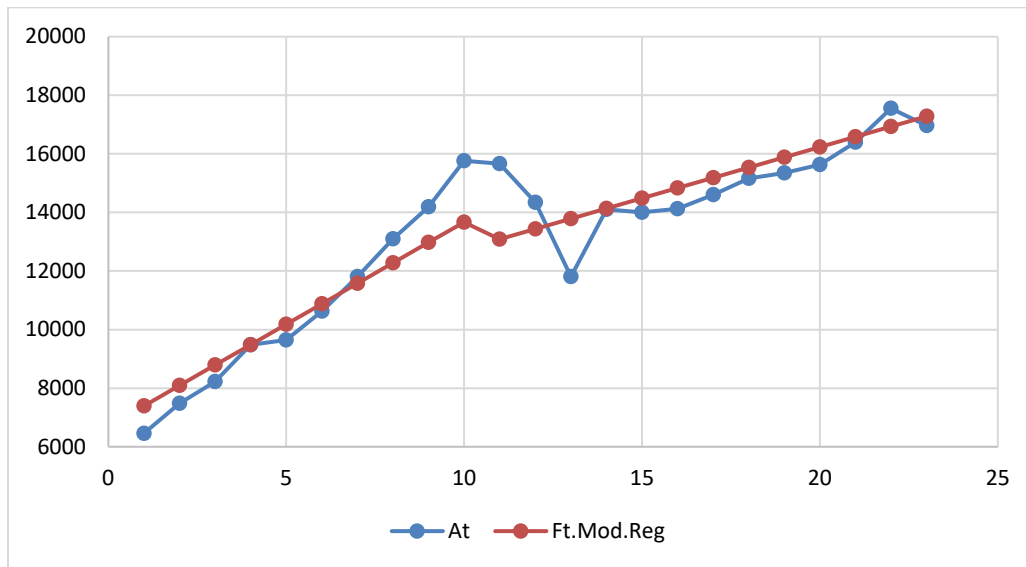


In Regression Analysis, we usually compute three SST, SSE, and SSR metrics. SST is the summation of the squares of the gap between each piece of data with the average. Table C1 shows the gap between the green curve (actual data) and the red curve (average of all data). The total squared error measures how each data element differs from the average. We then have SSE, the squared gap between the green curve (actual data) and the blue curve (regression data). The total squared error measures how each data element differs from the value obtained on the regression line. The difference between these two (SSR) represents how well the regression line could replace the average line representing the data. The reader may compare the computations in cells D28, F28, and G28 with those of J19, J20, and J21 to better understand dynamic arrays (and may delete columns D, E, F, and G).

R-squared is computed as  $SSR/SST$ , reaching the same value as computed directly using the RSQ function. The MSE (and Standard Error) computations in regression slightly differ from what we discussed earlier. When you benefit from other statistics extracted from the same data set in the computation of an average, you use degrees of freedom. In the computation of SSE, we have used two parameters  $b_0$  and  $b_1$ . Therefore, we lose two degrees of freedom when we average SSE over  $n$  years (26 in this example). Therefore, MSE is not  $SSE/26$  but  $SSE/(26-2)$ .

Given the background provided in this Appendix, we can apply a piecewise regression to find  $b_{01}$ ,  $b_{11}$ ,  $b_{02}$ , and  $b_{12}$  for the first and second piece of the regression line and  $T$  as the year to switch from the first regression line to the second. The above five items form the changing cells, and MSE is the objective function to be minimized. The result is shown in Figure A1.

**Figure A1. Piecewise Regression on LA/LB ports Annual Data.**



**Appendix D. All Worksheets Used in This Study.** Since there are many computations in different worksheets of this workbook, recalculating all elements on all pages slows down the process. It is recommended to move each worksheet to an individual workbook.

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