ATTENTION
CSUN Students!

As a partnership between Department of Kinesiology and the Department of Police Services, R.A.D. self-defense for men and women is offered for 1 unit of course credit!

Enroll for the fall or spring semester at MyNorthridge portal!

R.A.D. Systems also offers a lifetime return policy for all its participants.

R.A.D. Aggression Defense for women
Course # KIN 153 - SEXUALASSAULTDEFW • Redwood 251
R.A.D. is a program of realistic, self-defense tactics and techniques. R.A.D. systems is a comprehensive course for women that begins with awareness, prevention, risk reduction and avoidance. This course will also include R.A.D. keychain and aerosol defense.

Resisting Aggression with Defense, self-defense for men
Course # KIN 154 - SEXUALASSAULTDEFM • Redwood 251
R.A.D. for Men is a program designed to provide students with information, tactics, and considerations which R.A.D. Systems believes may be useful for various types of confrontational encounters perpetrated against men.

Don’t miss this opportunity to participate in a self-defense & personal safety education program!

California State University
Northridge
Department of Kinesiology
Redwood Hall
(818) 677-3205

Department of Police Services
www-admn.csun.edu/police/rad
(818) 677-7922 or 677-5820