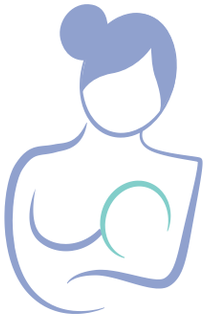
MINOR IN Human Lactation

CSUN



For more information about the
Minor in Human Lactation, please contact us at:
lactation.education@csun.edu
or visit us at:
www.csun.edu/lactation-education

CSUN | COLLEGE OF HEALTH AND HUMAN DEVELOPMENT

The CSUN Department of Health Sciences offers undergraduate students the opportunity to complete a Minor in Human Lactation. This minor prepares students for entry-level positions as lactation educators.

WHAT DO LACTATION EDUCATORS DO?

Lactation educators are entry-level lactation professionals trained to provide basic education and support to women and their families, beginning at the time of pregnancy and continuing throughout the breastfeeding period. A lactation educator's job responsibilities may include:

- Teaching prenatal breastfeeding classes
- Providing one-on-one breastfeeding education to new mothers during their hospital stay
- Answering calls on breastfeeding information lines
- Renting and selling breast pumps

CAREER OPPORTUNITIES FOR LACTATION PROFESSIONALS

The lactation profession is a rapidly growing sector in the healthcare field, and the demand for lactation professionals is expected to increase.

Lactation educators typically work in:

- Hospitals
- Medical groups
- Women, Infants, and Children (WIC) programs
- Breastfeeding stores

For more information about careers in lactation visit:
www.csun.edu/lactation-education

BENEFITS OF COMPLETING A MINOR IN HUMAN LACTATION

- Students completing a Minor in Human Lactation can distinguish themselves to prospective employers as individuals who:
  - have the ability to educate and support pregnant and breastfeeding families from pregnancy through the first year of infancy and beyond.
  - have the foundational education to function as valued, respected members of the maternal-child health care team.
- Students completing a Minor in Human Lactation, and who have successfully completed HSCI 434: Lactation Education in the Prenatal and Perinatal Period, will receive a certificate enabling them to call themselves certificated lactation educators (CLE). HSCI 434 is a Lactation Education Accreditation and Approval Review Committee (LEEARC) Recognized Breastfeeding course.
- Students pursuing certification as an International Board Certified Lactation Consultant (IBCLC) will have met one of the three requirements to become a candidate to take the required exam, known as the IBLCE.

For more information about how to become an IBLCE exam candidate, visit the IBLCE website at:
www.iblce.org/step-1-prepare-for-ibclc-certification

PROGRAM REQUIREMENTS

BIOL	101/L	General Biology and Lab (3/1)*
BIOL	211/212	Human Anatomy and Lab (2/1)
BIOL	281	Human Physiology (3)
FCS *or* CADV	330 150	Child Growth and Development I (3)* Foundations of Child and Adolescent Development (3)*
HSCI	170	Emergency Procedures (2)*
HSCI *or* FCS	337 207	Nutrition and Health (3)* Nutrition for Life (3)*
HSCI	434	Lactation Education: Prenatal and Perinatal Period (3)
HSCI	446	Lactation Education: Postpartum Period (3)**

* Courses count toward General Education
** This course has a prerequisite, which is HSCI 434

Note: To earn a Minor in Human Lactation, students must take at least three courses at the upper-division level from the program requirements listed above. In order to meet this requirement, students who take CADV 150 must complete HSCI 337, and students who complete FCS 207 must complete FCS 330.