

Books and Guides for Parents and their College Students

These resources aid in understanding exactly WHO will be attending college throughout the next generation: “The Millennials”:

Millennials Go to College: Strategies for a New Generation on Campus

By: Neil Howe and William Strauss

Millennials Rising

By: Neil Howe

When Hope and Fear Collide: A Portrait of Today's College Student

By: Jeanette Cureton & Arthur Levine

These books act as guides for students and parents as they prepare emotionally, psychologically, and financially for the transition to higher education:

133 Ways to Avoid Going Cuckoo When the Kids Fly the Nest: A Parent's Guide for Surviving the Empty Nest Syndrome

By: Lauren Schaffer & Sandy Fleischl Wasserman

Almost Grown: Launching Your Child from High School to College

By: Patricia Pasick

A New Chapter: How Parents Fit Into Their Students' Lives at College

By: PaperClip Communications

Balsamic Dreams: A Short but Self-Important History of the Baby Boomer Generation

By: Joe Queenan

Caring for the Mind: The Comprehensive Guide to Mental Health

By: Diane Hales & Robert E. Hales

College Rules!: How to Study, Survive and Succeed in College

By: Sherrie Nist & Jodi Patrick Holschuh

Don't Tell Me What to Do, Just Send Money: The Essential Parenting Guide to the College Years

By: Helen Johnson & Christine Schelhas- Miller

Empty Nest, Full Heart: The Journey from Home to College

By: Andrea Van Steenhouse

Empty-Nest Parenting: Adjusting Your Stewardship as Your Children Leave Home

By: Richard Eyre

Getting Ready for College

By: Polly Berent

Helping Your First-Year College Student Succeed: A Guide for Parents

By: Richard Mullendore & Cathie Hatch

How to Get the Most Out of College (Out of Print)

By: Nancy Schlossberg & Arthur Chickering

Let the Journey Begin: A Parent's Monthly Guide to the College Experience

By: Jacqueline MacKay & Wanda Ingram

Letting Go: A Parent's Guide to Understanding the College Years

By: Karen Levin Coburn & Madge Lawrence Treeger

She's Leaving Home: Letting Go As Daughter Goes to College

By: Connie Jones

The Empty Nest: When Children Leave Home

By: Shelley Bovey

The Launching Years: Strategies for Parenting from Senior Year to College Life

By: Laura Kastner & Jennifer Fugett Wyatt

When Kids Go to College: A Parent's Guide to Changing Relationships

By: Barbara M. Newman & Philip R. Newman

When Your Kid Goes to College: A Parent's Survival Guide

By: Carol Barkin

The Ultimate College Survival Guide

By: Janet Farrar Worthington & Ronald T. Farrar

You're on Your Own, But I'm Here if You Need Me

By: Marjorie Savage

