

College of Health and Human Development
Department of Recreation and Tourism Management

RTM 151F: Survival
#16764

Instructor: Brittany Applen
Credits: 2
Term: Fall 2008
Office Hours: TBA
E-mail: brittanyapplen@gmail.com
Prerequisites: None

Important Dates

Class Meetings: Wednesdays, 7pm – 9:45pm – 10/29, 11/5, 11/12

Field Trip: 11/14 – 11/16

COURSE DESCRIPTION:

Studies in the skills essential for wilderness survival in a variety of physical environments. Includes topics of shelters, water, navigation and edible plants and animals. Emphasis on techniques with primitive technologies, environmental conservation, and safety. Arranged field trips are required.

COURSE OBJECTIVES:

At the conclusion of this course the student will:

1. Gain a greater understanding of and appreciation for the natural environment demonstrated through survival living skills and conservation techniques.
2. Develop the ability to anticipate and recognize life-threatening problems in the wilderness.
3. Develop the ability to solve such problems as body warmth, hydration, and energy consumption through the appropriate application of survival techniques and skills.
4. Develop self-confidence and self-awareness through accomplishments while exposed to challenging environments.

Class Format: Important: This class has been revised, and is now a two (2) credit course incorporating much more specific information to the culminating activity itself. In addition to the in-class instruction, the class will incorporate a weekend field trip culminating experience to facilitate the learning of the material in a hands-on format conducive to student learning. You are responsible for keeping abreast of meeting times

and locations when not meeting in the classroom.

Class Trip: See date above. Attendance on this trip is **mandatory**. Make sure you are available from Friday morning to Sunday afternoon of the weekend corresponding to your trip. If you have a commitment during the weekend trip, you will have to either switch sections to a different weekend or drop the class. Unfortunately, there is no way around this.

Class Policies:

Respect and Disruptions: As college students, it is expected that you behave as adults. This means showing respect for both your fellow students and instructor. Do not come to class if you do not plan on paying attention and contributing. Reading books, sleeping, talking, texting, etc. will not be tolerated. If you show up late to class, please come in quietly from the back of the classroom. **Turn off your cell phone prior to class** – disruptions of this kind are not only disruptive; they are extremely rude in a classroom. Failure to follow these rules will result in a lowered grade, or receiving a final grade of F.

Office Hours: If you would like to meet with me outside of class time, please email me so we can arrange a time. In general, I will be available following class. Please be sure to plan ahead when emailing me questions, as I generally check email several times per week. If you send an email the night before something is due asking a question, you may not get a reply until it is too late. Please plan ahead.

Attendance: It is essential that you come to class. Therefore, attendance is mandatory. Tardiness and absences will result in a lowered grade and possible failing the course.

Website and Email: Please be sure to access the course website regularly. Assignments, readings, updates and important messages will be posted on the website. Email will be the main mode of communication in this class. Please be sure that you have an active CSUN email address.

Make-up notes will not be given for those who missed lecture. It's not fair to those who make the effort to come to class. If you miss a portion of the lecture, you are responsible for getting the information from your classmates.

Self-handicapping behaviors: Many students will attend class in a physical condition that is less than adequate to complete the physical demands of this class. As a result, the instructor reserves the right to dismiss the student for his or her own safety. These instances include, but are not limited to: all-night social activities (i.e., dance marathon, all night study sessions), being sick due to alcohol or other drug use, and chronic dehydration. Depending on the circumstances and the frequency of these situations, the instructor reserves the right to charge the student with an absence.

METHODS OF EVALUATION:

Attendance & Participation (in class)	30%
Attendance & Participation (field trip)	60%
Skills Test	10%

Attendance & Participation: You will be graded on your attendance and participation in this course. Failure to do the assignments, listed below will affect your grade in this area.

Assignments: The major assignment for this class is the weekend backpacking trip. Additional information on specific assignments will be given in class and posted on the course website. Assignments are due on the date and time given. Reading assignments will be posted on the course website. Please be certain to complete the assigned readings prior to the class that they are due.

Skills Test: There will be a skills test that will assess your knowledge of course material. There may also be short, in class quizzes. Make-ups will not be permitted.

MISC NOTES

A. Grading Criteria

The CSUN criteria for grading (as outlined in CSUN catalog) will be strictly followed. Note that:

1. An Incomplete ("I") is assigned only as specified by Instructor and upon consultation and approval of the Instructor.
2. For Credit/No Credit grading, student must be doing passing work to receive "Credit".

B. Student Discipline

Inappropriate conduct by students (such as safety violations on field trip) is subject to discipline as provided in Sections 41301 through 41304 of Title 5, California Administrative Code. Refer to CSUN catalog for further details.

C. If you will be driving your vehicle to the fieldtrip, you must fill out the proof of insurance form before the trip. Please bring your proof of auto insurance to class on the day that you are asked to.

D. Alcohol, illegal drugs, miscellaneous people and pets, and firearms are not allowed on course trips. Bringing one or more of these will result in being dropped from the class.