

California State University, Northridge  
Department of Kinesiology  
**Kin 595PE – Applied Methods for Physical Education**  
**Spring 2008**

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**I Mission Statement:**

Students of this course will learn how to incorporate movement within the educational experience to facilitate their future students' learning, health and wellness, positive social skills and self-esteem.

**II Purpose of the Course:**

Kin 595PE is designed to engage students in the study and practical application of instructional styles, management, planning, and organizational techniques related to elementary physical education. Students are expected to combine and apply their prior content knowledge in elementary physical education with the effective pedagogy skills, with the national standards and state framework.

**III Brief Course Description:**

Students will participate and design a variety of movement experiences that reflect a multitude of instructional strategies that promote student learning.

**Book;** SPARK Physical Education Program, Grades 3-6  
Thom McKenzie, PhD, Paul Rosengard and BJ Williston

**Upon completion of this course, students will be able to:**

- A. Distinguish among the various instructional styles
- B. Demonstrate a variety of instructional styles
- C. Reflect on personal instructional inventory
- D. Discuss sound planning techniques
- E. Develop a series of developmentally appropriate physical education lessons using the NASPE Standards and the California Framework in Physical Education.

**IV Course Assignments and Point Values**

|  |            |
|--|------------|
| <b>Attendance</b>  | <b>20%</b> |
| a. Points are earned through participation in the course activities. Each day of participation represents 10% of points that can be earned during the semester. Therefore a student who misses one day will lose 10% of participation points possible, or lowered one grade level in the participation category. |            |
| b. All absences will be counted, documentation due to medication reasons should be provided to avoid loss of points.   |            |
| c. Roll will be taken at the beginning of each class. Three tardies will equal one absence   |            |
| <b>Assignments</b>   | <b>20%</b> |
| <b>Class Participation</b>   | <b>60%</b> |

**V Grading:**

|              |             |             |             |           |
|--------------|-------------|-------------|-------------|-----------|
| A+ = 96-100% | B+ = 86-89% | C+ = 76-79% | D+ = 66-69% | F = ↓ 59% |
| A = 93-95%   | B = 83-85%  | C = 73-75%  | D = 63-65%  | ↓         |
| A- = 90-92%  | B- = 80-82% | C- = 70-72% | D- = 60-62% |           |

**VI Appropriate Dress for Class**

**Dress for activity ..... Athletic shoes REQUIRED. Comfortable clothing that allows for maximum movement.**