



## *Assignments*

Attendance/Participation (10 points): The instructor expects students to attend and participate in each class during the semester. Students are encouraged to share their perspectives and ask questions as they relate to course readings and class discussions. Intermittent attendance will be taken throughout the semester.

Group Presentation (45 points): Students will work in groups of 5 to come up with a presentation that focuses on a significant moment in American sports history. Each group will be allotted a one half hour time period to demonstrate why that specific event was selected, how the moment is historically significant, provide context for the time in which the event occurred, and the specific details of the event itself. Students should use three outside resources, prepare a PowerPoint presentation, and be capable of generating class discussion around the event. More details about specific grading criteria will be provided later in the semester.

Philosophy Paper (45 points): Students will write a paper (3-5 pages) that explains her/his philosophy of sport, and how s/he expects that philosophy to translate in her/his chosen field. The paper should begin with a brief autobiography which highlights the student's experience with sport, and move to her/his current understanding of the way sport operates in society. The paper should be reflexive and should attempt to tie in the readings that have been undertaken by the due date of this assignment. See p. 5 of the syllabus for details.

Quizzes (50 points each): There will be four quizzes during the semester (see course calendar for dates). The quizzes will include a variety of questions (short answer, fill-in, multiple choice, etc.) that are designed to evaluate students' knowledge of key issues/topics included in assigned readings and addressed in course lecture/discussion.

### Grading Scale (300 points)

<b>A</b>	93-100%	279-300 points	<b>C</b>	73-76%	219-230 points
<b>A-</b>	90-92%	270-278 points	<b>C-</b>	70-72%	210-218 points
<b>B+</b>	87-89%	261-269 points	<b>D+</b>	67-69%	201-209 points
<b>B</b>	83-86%	249-260 points	<b>D</b>	63-66%	189-200 points
<b>B-</b>	80-82%	240-248 points	<b>D-</b>	60-62%	180-88 points
<b>C+</b>	77-79%	231-239 points	<b>F</b>	>59%	>180 points

## *Cheating and Misconduct*

Every member of the academic community at California State University Northridge is expected to act with honesty and trustworthiness. In this course acts of cheating, plagiarism, misrepresentation, or other forms of dishonesty will not be tolerated. Student academic dishonesty will result in penalties ranging from a failing grade on an assignment or examination, to a failing grade in the course, to referral to the Office of Student Affairs for a determination of suspension or dismissal from the University, as described in the University Catalog, refer to the California Code of Regulations, Section 41301, Title 5.

***Students with Disabilities***

This instructor, in conjunction with the California State University Northridge, is committed to upholding and maintaining all aspects of the federal Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. If you are a student with a disability and wish to request accommodations, please contact the office of Students With Disabilities Resources located in 110 Student Services Building, or call (818) 677-2684 for an appointment. Any information regarding your disability will remain confidential. Because many accommodations require early planning, requests for accommodations should be made as early as possible. Any requests for accommodations will be reviewed in a timely manner to determine their appropriateness to this setting.

***Kinesiology 305– Course Calendar & Assignments – Subject to Change with Notice***

<b><u>Date</u></b>	<b><u>Topic(s)</u></b>	<b><u>Reading and Assignment(s)</u></b>
1/22	Introduction to course	
1/24	Introduction to history of sport	Wuest & Buecher
1/29	The Dawn of Leisure	Shivers & deLisle
1/31	Ancient sport-Greece	Mandell
2/5	Ancient sport-Rome	Mathews
2/7	Video	
<b>2/12</b>	<b>Quiz I</b>	
2/14	Modern Sport in America	Adelman
2/19	Sport and Gender	Vertinsky
2/21	Oral history-1936 Olympics	LuValle
2/26	Sport and ethnicity	Dryeson (2001)
2/28	Sport and consumer culture	Dryeson (1989)
3/4	Anabolic steroids	Todd
<b>3/6</b>	<b>Quiz II</b>	
<b>3/11</b>	<b>Presentation Day</b>	
<b>3/13</b>	<b>Presentation Day</b>	
3/25	Introduction to philosophy of sport	Ch. 1-Practical Philosophy
3/27	Philosophic inquiry, tools and answers	Ch. 2-Practical Philosophy
4/1	Dualism/Materialism	Chs. 3 & 4-Practical Philosophy
4/3	Holism	Ch. 6-Practical Philosophy
4/15	Holism	Ch. 6-Practical Philosophy
4/17	Professional Considerations	Ch. 7-Practical Philosophy
<b>4/22</b>	<b>Quiz III</b>	
4/24	Play/Games	Chs. 8 & 9-Practical Philosophy
4/29	Ethics & Morality	Ch. 10 Practical Philosophy
5/1	Ethics & Morality	Ch. 10-Practical Philosophy

5/6	Values & the good life	Ch. 11-Practical Philosophy
5/8	Catch up/review	
<b>5/15</b>	<b>Final Exam 8:00-10:00 AM</b>	<b>Personal philosophy paper due</b>

### Developing a Philosophy of Sport and Physical Activity

Developing a philosophy of sport and physical activity is an important first step toward your goal of becoming a physical educator, exercise scientist, sports marketer, coach, fitness consultant, or whatever it is you want to do with your life. The following are some suggestions for developing your own personal philosophy. Write a 3 to 5 page paper addressing *at least* these points in a fluid manner.

- Do you have a basic life philosophy?
- Can you capture the essence of your life philosophy with a single catch phrase?
- What are the fundamental tenets of your philosophy that translate into your daily activities?
- How do your actions reflect your beliefs?
- What are the values that you hold in high esteem? How do you prioritize them in your daily life?
- Consider your experiences with sport and physical activity throughout the course of your life. What was most enjoyable about them and why?
- What was not enjoyable?
- What do you find valuable about sport and/or physical activity?
- Have your experiences in sport/physical activity influenced your choice of career? If so, how?
- How can your philosophy of sport/physical activity translate into your particular field?

## Reading Packet

- Wuest, D. A. & Bucher, C. A. (2003). Historical foundations. *Foundations of Physical Education, Exercise Science and Sport (13<sup>th</sup> Edition)*. Boston: McGraw-Hill, pp. 168 – 218.
- Shivers, J. S. & deLisle, L. J. (1997). The dawn of leisure. *The Story of Leisure*, Champaign, IL: Human Kinetics.
- Mandell, R. (1984). Greece. *Sport: A Cultural History*. New York: Columbia University Press, pp. 37-67.
- Matthews, R. (2003). Chariot Racing. *The Age of the Gladiators: Savagery & Spectacle in Ancient Rome*, London: Arcturus, pp. 129-138
- Adelman, M. (1981). The First Modern Sport in America: Harness Racing in New York City, 1825-1870. *Journal of Sport History*, 8, 1, 5-32.
- Vertinsky, P. (1989). Feminist Charlotte Perkins Gilman's pursuit of health and physical fitness as a strategy for emancipation. *Journal of Sport History*, 16, 1, 5-26.
- Luvalle, J.E. (1988). Oral history, 1936 Olympics, Retrieved from [www.la84foundation.org/60ic/oralhistory/OHLuValle.pdf](http://www.la84foundation.org/60ic/oralhistory/OHLuValle.pdf)
- Dyreson, M. (2001). American ideas about race and Olympic races from the 1890s to the 1950s: shattering myths or reinforcing scientific racism? *Journal of Sport History* 28, 2, 173-215.
- Dryeson, M. (1989). The emergence of consumer culture and the transformation of physical culture: American sport in the 1920s. *Journal of Sport History*, 16, 3, 261-281.
- Todd, T. (1987). Anabolic Steroids: The gremlins of sport. *Journal of Sport History*, 14, 1, 87-107.