

**CALIFORNIA STATE UNIVERSITY, NORTHRIDGE**  
**Department of Kinesiology**

**COURSE DESCRIPTION AND CONTENT OUTLINE**

**Carolyn Barbian**  
**KIN 242 Movement Forms Basic Dance**

**Spring 2008**

**Prerequisite**—KIN 240 or concurrent enrollment

**Catalog Description**-An introduction for the major student to the study of dance as a human movement form. A core course which serves a base for continued study of the knowledge and applications of Kinesiology.

**Course Content**

Overview of dance which includes definition, scope, brief history, purposes and relationship of dance to other art forms.

1. Philosophical and historical aspects of dance
2. Multi-cultural and international dance forms

Stylized Dance Technique and Nomenclature

1. Terminology
2. Step patterns, turns, and forms of locomotion
3. Form, styling
4. Rhythm, coordination with music

Rhythm and Meter

1. Basic aspects: tempo, accent, phrasing, and syncopation
2. Identifying basic beat and moving to it
3. Relationship of meter of music and musical phrase to movement phrase.

**Basis of Evaluation**

Written Examination	30%
Observation Assignment	20%
Skill and Performance	30%
Quality of Participation	20%

**Attendance**

0-1 Classes Missed	A
2-3 Classes Missed	B
4 Classes Missed	C
5 Classes Missed	D

**Note: 3 tardies equal one absence. Students arriving 15 minutes past the hour or later will not receive credit for that class period.**

**Plus/minus grading will be utilized.**

**Dress Code:** Be prepared to move in dance shoes or bare feet. **NO STREET SHOES OR GUM ALLOWED.**

**Students with Disabilities:** This instructor, in conjunction with California State University, Northridge is committed to upholding and maintaining all aspects of the federal Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. If you are a student with a disability and wish to request accommodations, please contact the Office of Students with Disabilities Resources located in 110 Student Services Building, or call (818) 677-2684 for an appointment. Any information regarding your disability will remain confidential. Because many accommodations require early planning, requests for accommodations should be made as early as possible. Any requests for accommodations will be reviewed in a timely manner to determine their appropriateness to this setting.

**Instructor Office Hours:** Monday and Wednesday: 9:00 to 10 a.m.  
Tuesday and Thursday: 10:00-11:00 a.m.

**Office:** Redwood Hall 292D      **Phone:** (818) 677-3811

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