

**CSUN Department of Kinesiology
Kin 155 Golf I**

INSTRUCTOR - Mj Smith, MA

OFFICE/HOURS – RE 255 TBA

PHONE - (818) 677-3205 - KIN Main Office or (805) 432-2564 -cell

E-MAIL - MaryJane.Smith@csun.edu

COURSE DESCRIPTION

Designed to develop basic skills, knowledge of concepts, rules, & strategy in the sport of golf.

COURSE OBJECTIVES

At the conclusion of the course, the student will be able to:

1. Demonstrate and execute beginning level golf skills.
2. Explain the rules, scoring, and basic strategy of golf.
3. Demonstrate appropriate safety procedures.
4. Show proper care and use of equipment.
5. Demonstrate proper golf etiquette.

LEARNING RESOURCES/ACTIVITIES

1. Handouts
2. Lectures & Demonstrations
3. Homework Assignments
Instructions will be given out in class
4. Practice and Participation

EVALUATION PROCEDURES

- | | |
|---|---------|
| 1. Final Exam (written & practical) | - 20% |
| 2. Homework Assignments | - 20% |
| Hit two buckets of balls at the Driving range | - (10%) |
| Play nine holes of golf | - (10%) |
| 3. Participation/Attendance | - 30% |
| 4. Skills Tests | - 30% |

CLASS MANAGEMENT

1. Student must be dressed appropriately
2. Warm up to be done on own after equipment is taken out.
3. Equipment must be used appropriately.
4. Students should be engaged in activity at all times, either preparing to do a skill, attempting a skill, or observing others doing a skill.
5. Three absences shall be permitted without an effect on the final grade. Each additional absence lowers grade by one full letter grade. No credit will be given for the course if more than six absences. All absences are counted. Three late arrivals or non-participates will count as one absence. Absences may be made up at instructor's discretion, only those under extraordinary circumstances will be considered.

TEXT: Hardy, M. and Walsh, E., Golf, Second Edition, Waveland Press, Inc., 1993.

RAINY DAYS: Meet in Redwood Hall by equipment room (RE 110) and statue.

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TENTATIVE COURSE OUTLINE

Jan. 22-24	Orientation/Putting
Jan. 28-31	Putting
Feb. 04-07	Chipping
Feb. 11-14	Chipping
Feb. 18-21	Pitching
Feb.25-28	Pitching Cage – ½ swing
Mar. 03-06	Stretching Full Swing – 7 Irons Pitching for Accuracy
Mar. 11-14	Swing Alignment Chipping for Accuracy Going around Obstacles
Mar. 17-21	Spring Break!
Mar. 25-28	Check Swing using Mirror Collapsible Club Putting Skills Test
Mar. 31	HOLIDAY - Cesar Chavez Day
Apr. 01-03	Full Swing – 5 Irons Putting Skills Test
Apr. 07-10	Full Swing – Pick 2 Irons Driver Chipping Skills Test
Apr. 14-17	Sand Trap Driver Chipping/Pitching Skills Test
Apr. 21-24	Cage – choice of club Pitching Skills Test
Apr. 28-May 01	Full Swing Evaluation
May 05-08	Mini Golf Challenge Hand out Final Exam
May 12-15	Final Golf Tournament Final Exam Due