

**CALIFORNIA STATE UNIVERSITY, NORTHRIDGE**  
**Department of Kinesiology**

**Number and Title of Course:** KIN 144A – Modern Dance I

**Instructor:** Lilia Kibarska ([lilia.kibarska.25@csun.edu](mailto:lilia.kibarska.25@csun.edu))

Office: Room 279

Office hours: M/T 11:00-11:30AM

**COURSE DESCRIPTION AND CONTENT OUTLINE**

**Catalogue Description** - Development of proficiency in modern dance technique skills and development of an understanding and appreciation for modern dance as an art form.

**Course Objectives** - At the completion of the course the student will be able to:

1. Demonstrate an appreciation of modern dance as a creative art form.
2. Demonstrate proficiency in basic modern dance technique skills.
3. Demonstrate creativity through body movement.
4. Understand the basics of choreography.

**Course Outline:**

1. Introduction of history of modern dance and various modern dance techniques.
2. Introduction of relationship of modern dance to music, art and theatre.
3. Presentation of basic modern dance skills and warm-up techniques including plie, tendu, degage, grand battement, swing and rebound movements, floor work, turns and leaps.
4. Explanation and demonstration of the various uses of the body as an instrument of expression.
5. Presentation of basic choreographic concepts including use of time, space, and energy.
6. Projects in basic choreography.
7. Observation and analysis of a dance performance.

**Dress code and regulations** – Wear exercise clothing that allows full range of movement – sweats, shorts, dance wear. No jeans, loose hair or excessive jewelry. Be prepared to dance bare foot. PLEASE, TURN OFF YOUR CELL PHONES.

**Evaluation:**

Dance Technique	30%
Written Assignment	25%
Dance Group Project	20%
Choreographic Assignments	25%

Three missed classes are permitted with no effect on the final grade.

Four missed classes will lower your grade with one full letter.

Five missed classes will lower your grade with two full letters.

Six missed classes will lower your grade with three full letters.

Students who have missed seven classes will receive a failing grade.

Students who arrive 15 min. after the beginning of class will not receive credit for that class period.

Three tardies equal one absence. (Tardiness – arriving after class has started.)

**No matter what the circumstance is, if you don't show up for class you will be marked absent.**

Three make-ups are allowed up until the 11<sup>th</sup> week of school.

**Enjoy your dance experience!!!**