

California State University Northridge
Department of Kinesiology

Kinesiology 124A
Instructor: Terrance L Johnson
Department of Athletics
677-3205

Course Description

Course Objective

By the end of the semester the students will be able to

1. Demonstrate the fundamental skills and techniques of basketball (dribbling, passing, shooting, rebounding as well as spatial concepts.)
2. Perform the fundamental skills and technique of basketball within a competitive situation 1-on-1, 2-on-2, and 5-on-5 games).
3. Demonstrate team play, sportsmanship, and appreciation of the game of basketball.

Course Outline

1. Basic Basketball skills: Body position, footwork (triple threat position), pivots (front and back foot), dribbling, passing, shooting, and rebounding.
2. Offensive skills: 1 on 1, 2 on 2, 3 on 3, and, 5 on 5 fast break and zone offense.
3. Defensive skills: Stance, slide, 1 on 1, 2 on 2, 3 on 3, 5 on 5; zone, pressure, and deny defenses.

Evaluation

The student will be evaluated on the following criteria;

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| 1. | Participation/Skill | 75% |
| 2. | Final | 25% |

Tardy and absences

If you are more than 10 minutes late and/or not dressed properly for the activity, you will be considered absent for the day. If you leave more than 10 minutes left in the class you will be considered absent. Make ups can only be made in a class with the same instructor. No make ups will be considered the last two weeks of the semester.

0 – 3	=	A
4	=	B
5	=	C
6	=	D
7	=	F