

**CALIFORNIA STATE UNIVERSITY, NORTHRIDGE**  
**Department of Kinesiology**

**KIN 120/L Arts Immersion:Dance**

**Course Information:**

Units: 1,1  
Semester/Year: Spring, 2008  
Location: Redwood 230  
Meeting Time: Thurs.- 1:00 -3:40pm

**Instructor Information:**

Instructor: Terry Sweeting, Ph.D.  
Office: Kin 254  
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**Required Textbook and Materials:**

1. Green Gilbert, Anne. (1992). *Creative Dance for All Ages*. Reston, VA: NDA/AAHPERD Publications ;
2. *Visual and Performing Arts Framework*. (1996). California Department of Education.

**Course Description:**

**Prerequisites: Limited to students in ITEP-Freshman Option.** This is an introductory course in the study of dance as an art form. The concepts of dance will be explored as a means of personal expression. Students will engage in creative dance activities and multicultural and international dance forms. Students will extend and integrate their knowledge of dance to all of the visual and performing arts. The course includes one hour of lecture and two hours of lab per week.

**Course Objectives:**

At the conclusion of the course, the students will:

1. Experience dance as a way of knowing and relating to the world.
2. Demonstrate an understanding of the elements and principles of dance
3. Solve both simple and complex movement problems.
4. Demonstrate understanding of the history of dance in varied world cultures.
5. Develop observation skills and informed judgments regarding dance performances and choreography.
6. Develop creative skills through choreography and improvisation.
7. Express feelings through movement, becoming more attuned to the inner self
8. Describe feelings about the personal experience and the observation of dance.
9. Apply dance concepts and principles to the development of skillful performance.
10. Demonstrate an understanding of other art forms (visual arts, theater, and music) through the study of dance and the contribution that the arts make to the human condition.

## **Course Content:**

In this class, students will engage in intensive focus on one of the four arts areas. Every course in the visual and performing arts curriculum of the Liberal Studies major at CSUN includes discussion and activities related to all four arts domains: visual art, music, dance and theater. Students are expected to apply and integrate the knowledge of the art form under study to all of the arts, and to address the four strands of the Visual and Performing Arts Framework in a holistic manner. Students are guided through discussion, reflection and application to extend their depth and breadth of understanding in one arts area to the others, resulting in an integrated appreciation of the power of the arts to shape human experience.

- I. Introduction
  - A. Philosophical and historical aspects of dance
  - B. Relationship of dance to music, art, theater
  - C. Visual and Performing Arts Framework
  - D. Dance in education
  
- II. The concepts of dance
  - A. Space: place, size, level, direction, pathway, focus
  - B. Time: speed, rhythm, pulse, pattern
  - C. Force: energy, weight, flow
  - D. Body: parts, shapes, relationships, balance
  - E. Movement: locomotor, non-locomotor
  - F. Relationships: unison, succession, antiphonal, opposition
  - G. Form: recurring theme, ABA, abstract, narrative, suite
  
- III. Improvisation and choreography
  - A. Choreographic approaches: imagery, idea, words, poetry, design, form
  - B. Accompaniment: use of music, sounds, props
  
- IV. Multi-cultural and International Dance Forms
  - A. Cultural and historical aspects
  - B. Step patterns, turns, forms of locomotion
  - C. Form, styling
  - D. Music
    1. Tempo, accent, phrasing
    2. Relationship of meter of music and musical phrase to movement phrase
  
- V. Assessment of Dance Performance and Choreography
  - A. Assessment tools: journals, checklists, videotapes
  - B. Analysis of performance: theme, form, technical execution of movement

### **Course Attendance Policy:**

Students are expected to attend all classes and to dress appropriately for active participation in a movement setting. Please do not wear bluejeans or tight/restrictive clothing that may impede movement. One absence is permitted. Medical documentation for additional absences is required. No shoes, drinks or food are permitted in the dance studio.

### **Student Performance Evaluation:**

1. Partner Dance – 15%  
Self evaluation viewing videotape or own performance utilizing Partner Dance Observation Sheet  
Peer evaluation utilizing Partner Dance Observation Sheet  
Instructor's evaluation utilizing Partner Dance Observation Sheet
2. Small Group Dance – 20%  
Self evaluation viewing videotape of own performance using Movement Analysis Sheet;  
Reflective Writing Assignment  
Peer evaluation utilizing Movement Analysis Sheet  
Instructor's evaluation utilizing Movement Analysis Sheet
3. Mid-term Exam – 15%
4. Final Exam – 15%
5. Performance Critiques – 20%
6. Participation/Attendance – 15%  
Attendance  
0-1 classes missed – A  
2 classes missed – B  
3 classes missed – C  
4 classes missed – D  
Class work, projects, discussions

### **Students With Disabilities:**

This instructor, in conjunction with California State University Northridge, is committed to upholding and maintaining all aspects of the federal Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. If you are a student with a disability and wish to request accommodations, please contact the office of Students With Disabilities Resources located in 110 Student Services Building, or call (818) 677-2684 for an appointment. Any information regarding your disability will remain confidential. Because many accommodations require early planning, requests for accommodations should be made as early as possible. Any requests for accommodations will be reviewed in a timely manner to determine their appropriateness to this setting.

### **Grading Scale:**

A	92-100	C	72-77
A-	90-91	C-	70-71
B+	88-89	D+	68-69
B	82-87	D	62-67
B-	80-81	D-	60-61
C+	78-79	F	<60