

## Interdisciplinary Project Incentive Award

---

The CSUN Center for Community Service Learning established a new Interdisciplinary Project Incentive Grant this year designed to involve faculty from at least three departments addressing a community issue that involved community partners from the non-profit or public sectors. This year, the grant for \$5000 was awarded to **Steven Loy and Vicky Jaque from Kinesiology**, Annette Besnilian from Family and Consumer Sciences, Gretta Madjoob from Health Sciences, and Janette Risk from the North Valley YMCA. The project, END (Exercise and Nutrition Defeat) Childhood Obesity, will focus on providing educational materials to children and parents and an elementary school in the San Fernando Valley. Additional critical information will be communicated to parents of those children considered at risk of overweight or already overweight. Workshops for the parents and children will be conducted to provide them with materials and information regarding physical activity and nutrition and help them initiate activities to complement the ongoing YMCA program of physical activity at that school. Pre-post assessments of knowledge of nutrition and exercise for both parents and children as well as Body Mass Index and fitness levels of children will be conducted.