

Department Mission

The Department of Kinesiology is a learning centered community that educates and inspires its students to understand and appreciate human movement for personal expression and wellness throughout the lifespan. In doing so, students and faculty work together to improve quality of life for themselves and their community; the department values and respects the spectrum of human diversity. An integrated approach to the teaching, learning, and application of human movement provides opportunities and experiences to achieve the department student learning outcomes.

Department SLOs

1. Apply an integrated kinesiological approach to encourage the adoption of healthy and physically active lifestyles, across diverse populations.
2. Apply evidence-based practices to enhance the study of human movement.
3. Demonstrate competent problem solving strategies through intentional practices.
4. Demonstrate knowledge of kinesthetic forms, processes and structures as they apply to the personal expression and culture of human movement.