



INTERDISCIPLINARY GERONTOLOGY PROGRAM

Gerontology Minor

Are you looking for a job in an area that is growing rapidly, that needs people with a broad range of skills, that will improve people's lives, and that will be exciting, challenging, and rewarding? Consider a career in the field of aging! Because of the increasing number of older persons and the fact that we are generally living longer, there is a growing need for people to work in the field of aging. Some people work directly with older persons in a wide variety of programs and services in the community. Others work on behalf of older persons in areas such as research, advocacy, and teaching about aging. The goal in both types of work is to increase the quality of our lives as we age.

WHAT IS GERONTOLOGY?

Gerontology is the study of the aging processes and individuals as they grow from middle age through later life. It includes:

- a. the study of physical, mental, and social changes in older people as they age
- b. the investigation of the changes in society resulting from our aging population
- c. the application of this knowledge to policies and programs. As a result of the multidisciplinary focus of gerontology, professionals from diverse fields call themselves "**gerontologists**"

Aging is a multidisciplinary field. This means that the study of aging combines or integrates information from several separate areas of study. The "core" disciplines are sociology, psychology, and health science, but the program includes courses on ethics, nutrition, independent living, disability, art and consumer issues to enrich our understanding of aging. The undergraduate minor/certificate program provides students with the opportunity to gain expertise in gerontology and an understanding of the scientific study of aging processes and individuals as they grow older. A minor in gerontology complements a wide variety of majors and can help you launch your career.

REQUIREMENTS FOR GERONTOLOGY MINOR

The undergraduate minor in gerontology program consists of 21 units, including 15 units of core courses; 3 units of electives, and 3 units of internship experience.

Core Requirements (15 Units)

PSY 365	Intro to Gerontology	3
SOC 440	Sociology of Aging	3
PSY 465	Psychology of Aging	3
HSCI 418	Health and Aging	3

Integrating course in major (one of the following): 3

HSCI 422	Health Services for the Elderly and Mentally Ill	
FES 424	Resource Management for the Elderly	
LSRC 415	Leisure and Aging	

Elective (3 Units)

FCS 409	Geriatric Nutrition	3
FCS 424	Resource Management for the Elderly	3
FCS 543	Intergenerational Caregiving	3
HSCI 422	Health Services for the Elderly and Mentally Ill	3
HSCI 521	Healthcare Ethics	3
KIN 325	Motor Development	3
KIN 566	Seminar in Aging & Enviro Aspects of Exercise	3
LSRC 415	Leisure and Aging	3

Internship (3 Units)

Internship in major with aging focus	3
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TOTAL UNITS REQUIRED (21 UNITS)

REQUIREMENTS FOR GERONTOLOGY CERTIFICATE

The gerontology certificate is for individuals who have completed a baccalaureate degree. It consists of 15 units, including 12 units of core courses and a 3 unit elective

Core Requirements (15 Units)

CHHD 501	Interdisciplinary Perspectives on Aging	3
CHHD 502	Aging Policy and Programs	3
CHHD 503	Gerontology Program Development	3
CHHD 504	Current Issues in Aging	3

Elective (3 Units)

FCS 409	Geriatric Nutrition	3
FCS 424	Resource Management for the Elderly	3
FCS 543	Intergenerational Caregiving	3
HSCI 418	Health and Aging	3
HSCI 422	Health Services for the Elderly and Mentally Ill	3

HSCI 521	Healthcare Ethics	3
KIN 325	Motor Development	3
KIN 566	Seminar in Aging & Enviro Aspects of Exercise	3
LSRC 415	Leisure and Aging	3
SOC 440	Sociology of Aging	3
RTM 415	Leisure and Aging	3
PSY 465	Psychology of Aging	3
KIN 566	Seminar in Aging and Environmental Aspects of Exercies	3

TOTAL UNITS REQUIRED (15 UNITS)

For further assistance contact:

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