Freshman Academic Advisement

College of Health and Human Development
Student Services Center/EOP
Sequoia Hall 111 (818) 677-2883
http://www.csun.edu/hhd

Dr. Mario Lopez, Director
Neddie Garcia, Academic Advisor
Rocio Leal, Academic Advisor
Renée Martínez, Academic Advisor
Pat Tabidian, Office Manager
Sonya Adlersberg, Health Sciences Academic Advisor
Sangita Dube, Kinesiology Academic Advisor
Overview of Presentation

- Your College, Your Department, Your Major
- Your Reminders & Things To Do
- Graduation Requirements
- General Education Requirements
- Grades and Academic Standing
- Fall Payment and Financial Matters
- Balancing Your Schedule
- Developmental Math, Writing, & E.O. 665
- General Education Math by Majors
- Sample Schedule and Suggested Courses
- Getting Back to Us
CSUN Colleges

CSUN

Health & Human Development
Remember

- Follow all Early Start directions [http://www.csun.edu/admissions-records/early-start-program](http://www.csun.edu/admissions-records/early-start-program)
- Regularly check your CSUN email and your myNorthridge CSUN Portal (official mode of CSUN communication).
- Familiarize yourself with your "myNorthridge" CSUN portal.
- Pay your fees on time.
- Send ALL your high school transcripts, AP scores, and community college transcripts to CSUN.
- Alert us to any changes in your status from attending summer school, bridge programs, or Early Start.
- Finish all pending paperwork (i.e. Financial Aid, Housing).
- Make copies of everything you submit (electronic and hard copy documents) and keep in one place (electronic or hard copy folder).
- ATTEND CLASS and get assistance (tutoring, faculty office hours, study groups) for your classes right away. Don’t wait until it’s too late!
- If in doubt, visit our office in Sequoia Hall 111 and talk to your academic advisor! Don’t delay!
Remember

Changing Your Schedule: Adding and Dropping Classes

Since your hold will be replaced after today’s session: You will not be able to alter your schedule, unless you contact an advisor in the SSC/EOP.

- **Adding** must be done within the first 3 weeks of the semester on myNorthridge portal. Beginning the second week must get a permission number from Instructor.

- **Dropping** must occur within the first 3 weeks of the semester on myNorthridge portal.

- **Instructors do not “drop”** students from courses for non-attendance. It is the student’s responsibility to adjust their schedule. If you do not attend class, you will receive a “WU” = “F”.
  - To make changes your schedule call: 818.677-2883

To better assist you, please us know:

- Your NAME, CSUN ID Number, and Major
- What you specifically need to change
Graduation Requirements

A Bachelors Degree Requires a Minimum of 120 Units

Class Level
- Lower Division
  - Freshman 0-29
  - Sophomore 30-59

- Upper Division
  - Junior 60-89
  - Senior 90+

This year you will be enrolling in 100 & 200 level classes only.

(Upper Division classes --300 level or above when you reach 60 units)
General Education*

- **Basic Skills**
  - Written Composition, Critical Reasoning, Mathematics, Oral Communication - 12 units

- **Subject Explorations**
  - Natural Sciences - 8 units
  - Arts and Humanities - 6 units
  - Social Sciences - 6 units
  - Lifelong Learning - 3 units
  - Comparative Cultural Studies - 6 units

- **U.S. History and Local Government (Title V)** - 6 units

*For a complete list of all G.E. classes refer to your 2014-2015 CSUN Catalog, [http://www.csun.edu/catalog/](http://www.csun.edu/catalog/), your Degree Progress Report (DPR), or your My Academic Planner (MAP) on your myNorthridge portal.

AP, community college and IB classes may also satisfy GE*
Grading System
Grade = Grade Points per unit
(Classes with more units have a greater impact in your GPA)

A = 4.0
A- = 3.7
B+ = 3.3
B = 3.0
B- = 2.7
C+ = 2.3

==============

C- = 1.7
D+ = 1.3
D = 1.0
D- = 0.7
F/WU = 0.0

Probation and Disqualification
GPA less than 2.0 = Probation
Minimum GPA after second semester is 1.5
(below 1.5 = Disqualification)

Grade Forgiveness (but not forgotten)
- If taken at CSUN, can repeat at CSUN up to 16 units; one repeat per course; Grades of C- or below only.
- Challenging to get into classes for repeats, must wait until 2 weeks before school starts.
- Financial aid will not pay for replacement classes unless student has received an F.
Financial Aid

- **Financial Aid: Satisfactory Academic Progress**

1. **Satisfactory Pass Rate** – Students must have passed at least 80% of all Units Attempted (UA).
Fall Registration and Payment

**IMPORTANT STUDENT FEE INFORMATION**

The CSU makes every effort to keep student costs to a minimum. Fees listed in published schedules or student accounts may need to be increased when public funding is inadequate. Therefore, CSU must reserve the right, even after initial fee payments are made, to increase or modify any listed fees, without notice, until the date when instruction for a particular semester or quarter has begun. All CSU listed fees should be regarded as estimates that are subject to change upon approval by The Board of Trustees.

**IMPORTANT PAYMENT NOTICE**

In order to access SOLAR for enrollment purposes, you will need to acknowledge (below) your fee payment responsibility each time you enter the system, whether or not you have previously made any fee payments.

**Statement of Financial Responsibility**

I acknowledge that I am responsible for paying all fees I owe to CSUN for the courses in which I am enrolled.

I understand that any financial aid I am awarded will reduce the fees owed. However, if financial aid does not pay my fees in total, I will pay the balance due by the established deadline.

If the University Cash Services counter is closed, payment must be made online to prevent disenrollment.

Your *myNorthridge* portal will tell you how much you owe (or what your Financial Aid covers)

You must pay or be dis-enrolled from classes

This is your electronic signature
Financial Matters

On your myNorthridge CSUN portal, in the “Financial Matters” tab you can find:

- How much money you owe, after enrolling
- Financial Aid information: (application status, aid offer, scholarship info, etc.)

http://www.csun.edu/financialaid
### Writing

<table>
<thead>
<tr>
<th>Writing Courses</th>
<th>Summer</th>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Early Start</strong></td>
<td>113A + UNIV 61</td>
<td>113B + UNIV 62</td>
<td></td>
</tr>
<tr>
<td><em>(EPT below 147)</em></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><em>(No Early Start)</em></td>
<td>114A</td>
<td>114B</td>
<td></td>
</tr>
<tr>
<td><em>(No Early Start)</em></td>
<td>115</td>
<td><em>(Basic Skills GE, Speech or Critical Reasoning)</em></td>
<td></td>
</tr>
</tbody>
</table>

AAS (Asian American Studies), AFRS (Africana Studies), CAS (Central American Studies), CHS (Chicano Studies), ENGL (English), QS (Queer Studies)

### Math

<table>
<thead>
<tr>
<th>Developmental &amp; General Education Math</th>
<th>Summer</th>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Early Start</strong> <em>(ELM below 34)</em> &amp; <em>(Pass Equivalent of Math 092)</em></td>
<td>MATH 093</td>
<td>GE MATH</td>
<td></td>
</tr>
<tr>
<td><strong>Early Start</strong> <em>(ELM 34 -49)</em> &amp; <em>(Pass Equivalent of Math 093)</em></td>
<td>GE MATH</td>
<td>GE MATH</td>
<td></td>
</tr>
<tr>
<td><em>(Eligible for GE Math – no Early Start)</em></td>
<td>GE MATH</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

GE Math varies by major – Many require Supplemental Instruction in a 1 unit CR/NC course.
*Some Community College Courses and AP & IB tests can also satisfy.
** Must complete by spring or will be “stopped out of CSUN and all CSUs, EO 665
Developmental Math Courses

**Math 092 & 093**

- If your ELM scores place you in Math 092 or 093, **Early Start will be required**. You will register for Fall the next higher math level (either 093 or GE Math).

- If you are not able to move forward through Early Start, you will need to **adjust your Fall schedule** to the correct class.

- Math **092 and 093 count in your total units for class level for financial aid and Insurance**

- They are **credit/no credit grading only => they do not count in your GPA**
Executive Order 665

Math 092 & 093

Writing Courses 113A or 114A

Must be completed by the end of your first year or you will be "stopped out" of CSUN.
**GE Math by Majors**

<table>
<thead>
<tr>
<th>CADV</th>
<th></th>
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<tbody>
<tr>
<td>MATH 140 [4]</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>COM DIS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>MATH 140 [4]</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>EOH</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>MATH 102* [3] &amp; MATH 104 [3] (or MPT test score MATH 105 *[5])</td>
<td></td>
</tr>
<tr>
<td>MATH 140 (or HSCI 390/L) [4]</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>FCS</th>
<th></th>
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<tbody>
<tr>
<td>MATH 140 [4] or MATH 131 [3]</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>RTM</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Any math, department recommends MATH 131 [3] or 140 [4]</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HSCI</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Public Health</strong></td>
<td></td>
</tr>
<tr>
<td>MATH 140 [4]</td>
<td></td>
</tr>
<tr>
<td><strong>Health Administration</strong></td>
<td></td>
</tr>
<tr>
<td>MATH 102 [3]</td>
<td></td>
</tr>
<tr>
<td><strong>Radiological Science</strong></td>
<td></td>
</tr>
<tr>
<td>MATH 102*[3] &amp; MATH 104 [3] (or MPT test score MATH 105 [5])</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>KIN</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Phys Ed, Sports Studies, Dance, Applied Fitness &amp; Ath Trng.</strong></td>
<td></td>
</tr>
<tr>
<td>MATH 140 [4]</td>
<td></td>
</tr>
<tr>
<td><strong>Ex Sci</strong></td>
<td></td>
</tr>
<tr>
<td>MATH 140 [4]</td>
<td></td>
</tr>
</tbody>
</table>

Later, to satisfy PHYS 100A/L prerequisite will need: MATH 102* [3] & MATH 104 [3]; or MPT test score to qualify for Math 104* [3] or MATH 105*[5]. Recommend Trigonometry at community college.

<table>
<thead>
<tr>
<th>Math 140</th>
<th>Statistics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Math 131</td>
<td>Math Ideas</td>
</tr>
<tr>
<td>Math 102</td>
<td>College Algebra</td>
</tr>
<tr>
<td>Math 104</td>
<td>College Trigonometry</td>
</tr>
<tr>
<td>Math 105</td>
<td>Pre-Calculus</td>
</tr>
</tbody>
</table>

*Math 102, 104 and 105 have a mandatory CR/NC Supplemental Instruction Lab as co-requisites. Check Class Notes and be sure to put in same shopping cart as course. If you achieve a sufficient MPT score lab or grade in prerequisite course, the lab may be waived.*
Balancing Your Schedule

How Many Units to Take? Balance Your Life!

Course Priority is:
1. Developmental courses
2. Basic Skills GEs – (Writing & Math, Speech, Critical Thinking)
3. Major Courses
4. Other GEs
5. Do not enroll in 300 or 400 level classes

<table>
<thead>
<tr>
<th>CLASSES</th>
<th>UNITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Writing</td>
<td>3</td>
</tr>
<tr>
<td>Math (if finished, Major or GE)</td>
<td>3-4</td>
</tr>
<tr>
<td>MAJOR CLASS (or GE)</td>
<td>3</td>
</tr>
<tr>
<td>MAJOR CLASS or GE</td>
<td>3</td>
</tr>
<tr>
<td>(GE or MAJOR CLASS)</td>
<td>(3)</td>
</tr>
<tr>
<td>Full time TOTAL UNITS:</td>
<td>12 – (16)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CLASSES</th>
<th>UNITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Writing</td>
<td>3</td>
</tr>
<tr>
<td>Math 093</td>
<td>5</td>
</tr>
<tr>
<td>MAJOR CLASS (or GE)</td>
<td>3</td>
</tr>
<tr>
<td>Kin activities class or Univ 61</td>
<td>1</td>
</tr>
<tr>
<td>Full time TOTAL UNITS:</td>
<td>12</td>
</tr>
</tbody>
</table>
Balancing Your Schedule

How Many Units to Take? Balance Your Life!

Not a “one size fits all”
What will work for you and your circumstances?

Keep in Mind:

• **Study time** - 1:3
  • (Inside of class: Outside of class)
• **Commute time**
• **Work**
  • (Part Time, if Full Time Student)
• **Personal/Family Obligations**
• **“Me” time**
• **Your Strengths and Preferences**
Suggested Courses by Major

**CADV**
- CADV 150 [3]
- PSY 150 [3]
- (Early Childhood option: FCS 234 [3], HSCI 131 [3])

**COM DIS**
- BIO 101 & 101L [3/1]

**EOH**
- HSCI 132 [3]
- BIOL 101/101L [3/1]

**FCS**
- FCS 170 (all) [2]
- FCS 232 (all) [3]
- Classes in Your Option

**HSCI**
- PSY 150 [3]
- SOC 150 [3]
- BIOL 101/101L [3/1]
- Classes in Your Option

**KIN**
- KIN 200 [3]
- KIN 201/L [3]
- BIOL 101/101L [3/1]
- (Athletic Training & Applied Fitness: PSY 150 [3], FCS 207 [3])

**RTM**
- RTM 278 [3]
- RTM 204 [3]

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**ALL MAJORS: RECOMMENDED GEs [3]**

**Arts/Hum:** ART 100/L, CHS 111, MUS 105, MUS 106HH, MUS 107, MUS 108, RS 100, TH 111 (two classes - not needed for Int Dsgn)

**Soc Sci:** PSY 150, SOC 150, URBS 150, GEOG 150 (two classes - not needed if HSCI)

**Comp Cult Std:** CAS 100, CHS 100, AAS 100, AFRS 100, GWS 100, GWS 110 (two classes not needed if AP language score ≥3)

**Title V Hist:** HIST 270, 271, CHS 245, AFRS 271, or AFRS 272 (one class)

**Title V Govt:** POLS 155, CHS 260, AFRS 161 (one class)

*Do not enroll in 300 or 400 level classes*
CHHD Freshmen Connection
Learning Communities

- Supportive Learning Community of 25 incoming freshmen
- Receive ongoing support from a Peer Mentor
- Receive guidance from a Faculty Mentor
- Receive Career Advisement

- **Health Careers** (6 unit bundle)
  - University 100 – Freshman Seminar (3 units)
  - Health Sciences 131 – Health & Society (3 units)

- **Child & Adolescent Development** (6 unit bundle)
  - University 100 – Freshman Seminar (3 units)
  - Child & Adolescent Development 150 – Foundations of Child and Adolescent Development

- **Kinesiology** (6 unit bundle)
  - University 100 – Freshman Seminar (3 units)
  - Kinesiology 200 – Foundations of Kinesiology (3 units)

- **Family Consumer Science** (5 unit bundle)
  - University 100 – Freshman Seminar (3 units)
  - Family Consumer Science 170 - Individual and Family Development (2 units)
PLEASE KEEP IN MIND

SPRING 2016 SEMESTER REGISTRATION BEGINS IN November

Please Plan Ahead! Mark Your Calendars!

Spring 2016 academic advisement for Freshmen in CHHD

- Mandatory Advisement Workshops will begin in October (sign ups in late September)
- SSC/EOP Workshops will continue through mid November
- **You Cannot Register Unless You Have Attended An Advisement Workshop**
Get Back to Us!

- When your AP Scores come in
- When your summer programs’ grades come in (Early Start, summer session, EOP, etc.)
- If you get into programs with specific class requirements (e.g., dorms’ Living Learning Communities, Honors, etc.)
- When your Community College transcripts have been evaluated by CSUN
- Any change you need to make – LET US KNOW!!!
- Call us: 818.677-2883

To better assist you, please provide us:

- Your NAME, CSUN ID Number, and major
- What you specifically need to change