

Educational Therapy Is...

Intensive individualized intervention for students with learning challenges that may be a result of neurological, cognitive, developmental, language, and emotional issues.

Educational Therapists...

- Apply specialized training in learning disabilities and use strategies that teach to the student's strengths while remediating the individual weaknesses;
- Foster communication and collaborate with all significant participants in the client's learning context;
- Recognize that emotional, behavioral and learning problems are intertwined;
- Attend to social and emotional needs in addition to academic goals.

When Selecting an Educational Therapist, Ask About...

- Educational background, training, and experience;
- Areas of specialization;
- Short-term objectives and long-range goals for the client;
- Approaches and techniques for intervention;
- Fee structure and policies;
- Associate, Professional or Board Certified membership in the Association of Educational Therapists.

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AET sets standards for the qualifications of Associate, Professional, and Board Certified Educational Therapists. Clients can be confident that professionals bearing these endorsements have met rigorous training and supervision requirements.

What is the Difference Between an Educational Therapist and a Tutor?



Association of Educational Therapists
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Find an Educational Therapist in your area!
www.AETonline.org



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What is the Difference Between an Educational Therapist and a Tutor?

While a tutor generally focuses on teaching a specific subject matter, an educational therapist's focus is broader. Educational therapists collaborate with all the significant people concerned with the student's learning. They focus not only on remediation, but also on building underlying learning skills to help clients become more self-aware, self-reliant, efficient learners.

Differences in Training

- **An educational therapist** has extensive training and experience in learning disabilities and intervention strategies specific to learning differences.
- **A tutor's** background does not necessarily include training in learning disabilities, specific syndromes, assessments, appropriate interventions, or case management. Tutors are generally skilled in a specific subject matter.

Differences in Goals and Strategies

- **An educational therapist** sets goals and develops an intervention plan that addresses not only academic difficulties, but also psycho-educational and socio-emotional aspects of life-long learning through an eclectic combination of individualized intervention strategies. Referrals are made to specialists when needed.
- **A tutor** frequently focuses on improving grades and commonly uses traditional teaching methods to reach academic goals.

Differences in Services Provided

- **An educational therapist (ET)** conducts formal and informal assessments, utilizes specific, and when appropriate, alternative teaching strategies. In addition, an ET provides case management by coordinating with the student's team of teachers, parents, and allied professionals.
- **A tutor** typically provides individual assistance with homework or instruction in a specific subject matter.





You are cordially invited to the Santa Monica Study Group

When: The 2nd Tuesday of every month

Time: 11-12:30

For more information about topic and location, kindly contact

Nazanin Dadfarin at Nazanin.Dadfarin@KP.org

We hope to see you there!



You are cordially invited to the West Valley Study Group

Where: Education Building,
CSUN Campus

For more information about topic and date,
please contact Jose Chavez at jmchavez003@gmail.com

We hope to see you there!

Watts Counseling and Learning Center



1465 East 103rd Street • Los Angeles, CA 90002
(323) 564-7911 • Email: info-watts@kp.org

The Watts Counseling and Learning Center is a nonprofit Community Benefit program of Kaiser Permanente Southern California. Since 1967, the Center has provided counseling, outreach, and educational services to the residents of the Watts community. Kaiser Permanente Health Plan membership is not required to receive these services.

Counseling Programs

Counseling — The Center provides individual, family, marital, parent-child, and group therapy in English and Spanish.

Kids Can Cope — Children whose parents or siblings have or had cancer or other life-threatening illness can receive innovative, specialized counseling, and support groups.

School Outreach Services — The Center provides individual and group counseling at local schools.

Internships — Graduate social work interns from the University of California, Los Angeles, University of Southern California, California State University at Long Beach and Los Angeles, and Smith College, North Hampton, Massachusetts; and psychology interns from Kaiser Permanente Los Angeles Medical Center receive professional fieldwork education supervised by licensed clinical staff.

Educational Programs

Educational Therapy — Students with learning difficulties receive educational assessments and individual/small group educational therapy sessions. Special educational advocacy in collaboration with parents is also available.

About Kaiser Permanente Southern California

Kaiser Permanente is committed to helping shape the future of health care. We are recognized as one of America's leading health care providers and not-for-profit health plans. Founded in 1945, our mission is to provide high quality, affordable health care services to improve the health of our members and the communities we serve. We currently serve more than 3.5 million members in Southern California. Care for members and patients is focused on their total health and guided by their personal physicians, specialists and team of caregivers. Our expert and caring medical teams are empowered and supported by industry-leading technology advances and tools for health promotion, disease prevention, state-of-the-art care delivery and world-class chronic disease management. Kaiser Permanente is dedicated to care innovations, clinical research, health education and the support of community health. For more information, go to: www.kp.org/newscenter. To learn about Kaiser Permanente's work in the community, go to: <http://info.kaiserpermanente.org/communitybenefit/html/index.html>

Homework Help Club — Elementary grade students receive after school homework assistance.

Math Tutoring — Elementary through high school students receive math assistance.

Outreach Programs

Youth Work Preparation Certificate Program — High school students take part in an annual eight-week program focusing on work skills and health care careers. High school students ages 16 and older participate in a summer youth employment program.

Personal Development Groups — Various outreach programs for Middle School students that provide goal setting and personal development opportunities.

College Bound Support Services — High school students receive college planning information through meetings or workshops. In collaboration with The Princeton Review, students planning to take the SAT exam participate in test preparation courses.

Reading Enrichment — Students participate in weekly sessions that build enthusiasm for reading through various activities and reading materials.

Child Development

Preschool Education for Parents and Children (PEPC) offers a state-licensed and nationally accredited (NAEYC) program in early childhood education for preschool children and their parents. PEPC develops school-readiness skills and motivates preschool children to enjoy learning; ongoing parent education groups are included. A nominal sliding-scale fee is charged.

Centro de Consejería y Aprendizaje de Watts



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El Centro de Consejería y Aprendizaje de Watts es un programa de beneficios comunitarios sin fines de lucro de Kaiser Permanente en el sur de California. Desde 1967, el centro ha ofrecido servicios de consejería, integración y educación a los residentes de la comunidad de Watts. No es necesario ser miembro del Plan de Salud de Kaiser Permanente para recibir estos servicios.

Programas de consejería

Consejería — El centro ofrece servicios de terapia individual, familiar, de pareja, para padres e hijos y de grupo, en español y en inglés.

Kids Can Cope — Es un programa para niños cuyos padres o hermanos tienen o han tenido cáncer u otras enfermedades que ponen en riesgo la vida; ofrece servicios innovadores y especializados de consejería y grupos de apoyo.

Servicios de alcance escolar — El centro ofrece servicios de consejería individual y de grupo en las escuelas locales.

Pasantías — Los internos graduados de la carrera de trabajo social de la Universidad de California (University of California), en Los Angeles, la Universidad del Sur de California (University of Southern California), la Universidad Estatal de California (California State University) en Long Beach y Los Angeles, y de Smith College, de North Hampton, Massachusetts; y los internos de psicología del Los Angeles Medical Center de Kaiser Permanente reciben capacitación profesional práctica supervisada por personal médico titulado.

Programas educativos

Terapia educativa — Evaluaciones educativas y sesiones de terapia educativa individual y para grupos pequeños para estudiantes con problemas de aprendizaje. También se ofrece un servicio para abogar por la educación especial de los estudiantes en colaboración con los padres.

Información acerca de Kaiser Permanente

Kaiser Permanente es una organización comprometida a seguir adelante para guiar, moldear y mejorar la calidad de los servicios de salud ahora y en el futuro próximo. Nos hemos consolidado como una organización ampliamente reconocida como uno de los proveedores más importantes de servicios de salud en los Estados Unidos y también por brindar un plan de seguro médico sin fines de lucro. Fundada en 1945, Kaiser Permanente tiene como misión brindar atención y cuidados de salud de alta calidad y económicamente accesibles que logren mejorar el nivel de salud de nuestros miembros al igual que la salud de los miembros de las comunidades que servimos. Actualmente contamos con 8.6 millones de miembros en nueve estados de EEUU incluido el Distrito de Colombia. Nuestros servicios tienen un enfoque en la salud integral de cada miembro cuyas necesidades son atendidas por un médico de cabecera junto con un equipo de especialistas, enfermeras y cuidadores. Además de ser expertos, funcionales y compasivos, nuestros profesionales médicos están empoderados por innovaciones múltiples que incluyen los más recientes avances tecnológicos y otras herramientas para promover la salud y evitar enfermedades, sistemas modernos para brindar atención médica y los tratamientos más avanzados a nivel mundial para el manejo de las condiciones crónicas. Kaiser Permanente está comprometido con la salud, con las innovaciones en el campo del cuidado médico, la investigación clínica, la educación para la salud y también apoya gestiones y proyectos de salud comunitaria. Si desea más información visite: www.kp.org/newscenter. Para enterarse sobre el trabajo que Kaiser Permanente realiza en la comunidad, visite: <http://info.kaiserpermanente.org/communitybenefit/html/index.html>

Club de ayuda con las tareas escolares — Los estudiantes de nivel primario reciben asistencia después de clases con las tareas escolares.

Clases de matemáticas con tutores — Los estudiantes de nivel primario a secundario reciben asistencia para estudiar matemáticas.

Programas de integración

Programa certificado de preparación laboral para jóvenes (Youth Work Preparation Certificate Program) — Los estudiantes de nivel secundario participan en un programa anual de ocho semanas de duración donde aprenden destrezas laborales y obtienen información sobre las carreras en el campo del cuidado de la salud. Los estudiantes de nivel secundario mayores de 16 años participan en un programa de empleo para jóvenes durante el verano.

Grupos de desarrollo personal — Diversos programas de integración para estudiantes de nivel medio que ofrecen información sobre cómo establecer metas y crear oportunidades de desarrollo personal.

Servicios de apoyo para la universidad — Los estudiantes de nivel secundario asisten a reuniones o talleres donde reciben información sobre cómo planear su ingreso a la universidad. En colaboración con la organización The Princeton Review, los estudiantes que realizarán el examen SAT participan en cursos de preparación para el examen.

Enriquecimiento de la lectura — Los estudiantes participan en sesiones semanales que fomentan el interés por la lectura a través de diferentes actividades y materiales de lectura.

Desarrollo infantil

El Programa de Educación Preescolar para Padres y Niños (Preschool Education for Parents and Children, PEPC) ofrece un programa con certificación estatal y acreditación nacional (National Association for the Education of Young Children, NAEYC) sobre educación para niños de nivel preescolar y sus padres. El programa PEPC ayuda a los niños a prepararse para la escuela y los motiva a disfrutar del aprendizaje; se incluyen grupos de educación para los padres. Se cobra una tarifa basada en los niveles de ingreso.