

# Leisure Studies and Recreation

Chair: Craig Finney

## COLLEGE OF HEALTH AND HUMAN DEVELOPMENT

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GRADUATE ADVISORS: Jan Tolan, Nancy White

### DEGREE PROGRAMS:

Undergraduate Degrees Offered:

- B.S., Recreation Management
- B.S., Recreation Therapy

Graduate Degree Offered:

- M.S., Recreation Administration
- Minor in Recreation Management

**ACADEMIC ADVISEMENT:** Academic advisement is mandatory during each semester registration period. In addition, faculty are available throughout the semester for consultations both by appointment and during regular office hours. Students are expected to meet with their assigned advisors as needed. Advising Handbook provided.

**THE MAJOR:** The major in Leisure Studies and Recreation is a competency-based curriculum that prepares the student in leadership, management, computer skills, communications, group dynamics, marketing, public relations, activity and event programming, and research by incorporating interdisciplinary perspectives. Courses apply knowledge and techniques of play, recreation and leisure throughout the life span, preparing the individual to work in a variety of human service/human development agencies with diverse, pluralistic, and international communities. Several exit assessment techniques are employed to assure student competence, including (but not limited to) portfolios, professional testing certification, and a supervised internship.

Two options for professional concentration are available: Recreation Management and Recreation Therapy. These are designed to assist the student in reaching specific professional goals.

**RECREATION MANAGEMENT OPTION:** A critical element in urban life today is understanding and working comfortably with diverse groups. Recreation professionals can make a difference in the quality of life for all citizens by encouraging and facilitating the positive use of leisure time. Recreation centers and the surrounding parks can become the focal points for community residents who may need assistance in breaking out of negative life patterns or simply enjoying their leisure time, regardless of age, ability, or socio-economic status. The Recreation Management emphasis has been developed to educate students in leisure and play theory, recreation programming, leadership, management, and working with diverse groups. Students complete practicum and internship experiences in various leisure service settings in the for-profit, government and non-profit sectors. Graduates find employment in community and campus recreation, the hospitality and tourism industry, camp administration, and senior centers.

**RECREATION THERAPY OPTION:** The Recreation Therapist is prepared to utilize recreation as a treatment and education modality for children, youth, adults, and older adults with physical, cognitive, emotional and/or social disabilities or impairments in clinical, residential, and community settings. Recreation Therapy programs are designed to facilitate positive changes within individuals with disabilities and to enable them to enjoy health, well-being, and independent leisure lifestyles. Therapists must be able to assess clients' needs and abilities and apply appropriate intervention strategies. Students in this option will complete clinical/community Recreation Therapy practicum and internship experiences. Graduates qualify for both state and national certification standards.

**MINOR:** This program provides a basic framework of skills and understandings in the function, structure and process of leisure and recreation services. Students completing the minor will be able to perform such services in support of professional roles in related fields.

**MASTER OF SCIENCE DEGREE:** The master's degree program in Recreation Administration was designed for persons interested in developing and/or improving their knowledge of and skills in leisure service management. It is geared for the working professional in the field of leisure and recreation services and students interested in pursuing doctoral study. The selection of courses allows students to "specialize" in either a) Leisure Services Administration, or b) Recreation Therapy Supervision/Administration.

### STUDENT LEARNING OUTCOMES OF THE UNDERGRADUATE PROGRAM:

1. Students will demonstrate critical thinking including analysis, synthesis and evaluation in the fields of play, leisure, recreation, parks and/or tourism through a variety of pedagogies.
2. Students will practice and self-assess progress toward mastery of the standards and competencies of appropriate accrediting bodies through continual self-assessment and portfolio development.
3. Students will complete 600 hours of professional internship in preparation for pursuing employment, demonstrating application and integration of theoretical knowledge in a practical setting.

**CAREERS:** Programs in this department prepare students for professional careers as coordinators, directors, supervisors, or managers in public, commercial, private, and clinical recreation, and non-profit human service agencies, hospitality and outdoor recreation providers.

### REQUIREMENTS FOR BACHELOR OF SCIENCE DEGREE

#### LOWER-DIVISION REQUIRED COURSES (9 UNITS)

LSRC	278	Recreation and Leisure in Contemporary Society.....	3
LSRC	202/L	Planning Programs and Events for the Recreational Experience and Lab.....	2/1
LSRC	204	Foundations of Recreation Therapy and Special Populations.....	3

#### UPPER-DIVISION REQUIRED COURSES (27 UNITS)

LSRC	300	Recreation and Community Development.....	3
LSRC	302	Dynamics of Leadership in Recreation and Human Services.....	3
LSRC	303	Promotion of the Recreation Experience.....	3
LSRC	304	Entrepreneurial Ventures in Recreation and Human Services.....	3
LSRC	402	Models of Play, Recreation and Leisure.....	3
LSRC	403	Evaluation Research in Recreation and Human Services.....	3
LSRC	490	Challenges in Leisure Services Seminar.....	3
LSRC	494ABC	Senior Internship	6

### EXPERIENTIAL LEARNING, PRACTICA, COMMUNITY SERVICE LEARNING, AND INTERNSHIPS

600 hours of volunteer or paid practical experience are required of all majors. Recreation Management students may acquire this experience in a wide variety of settings—e.g., travel and tourism, hospitality, outdoor education or wilderness, older adult and after school programs, employee services, municipal parks/recreation,

and community service providers. Recreation Therapy students acquire experience in settings such as hospitals, partial hospitalization programs, rehabilitation centers, long term and skilled nursing facilities, developmental centers, mental health centers, community agencies, and correctional facilities. Students must consult with faculty in their option regarding policies and procedures governing practical experience. (Multiple professional certifications are both possible and encouraged through judicious selection of field placements and elective coursework.)

**OPTION REQUIREMENTS**

**RECREATION MANAGEMENT (21 UNITS)**

The department is committed to providing a generalist framework from which students may seek one or more professional certifications. See advisor for specific career preparation patterns.

Select from the following:

**A. Career Setting**

LSRC	314	Leisure Aspects of the Hospitality Industry .....	3
LSRC	444	Nonprofit Organizations and Fund Development in Leisure and Human Services...	3
LSRC	480	Recreational Tourism .....	3
LSRC	499A-C	Independent Study .....	1-3

**B. Diversity**

ANTH	345	Ethnic Groups in America .....	3
AAS	340	Asian American Women .....	3
AAS	450	Asian American Child and the Schools .....	3
CHS	430	The Chicana/o Child .....	3
CHS	431	The Chicana/o Adolescent .....	3
COMS	360	Communication and the Sexes .....	3
JOUR	372	Minorities and the Media .....	3
LSRC	310/L	Adventure Recreation and Human Relations and Lab (No GE credit allowed for majors) ..	2/1
LSRC	330	Women, Leisure, and Ethnicity in the U.S. (No GE credit allowed for majors).....	3
LSRC	415	Leisure and Aging .....	3
PAS	330	Contemporary Issues in the African-American Community .....	3
PAS	420	The Black Child .....	3
POLS	197	Ethnic Politics.....	3
RS	378	American Jewish Experiences .....	3
SOC	307	Ethnic Diversity in America .....	3
WS	300	Women as Agents of Change.....	3

**C. Practical Application**

ACCT	220	Introduction to Financial Accounting .....	3
ART	303	Multicultural 3D Art .....	3
BLAW	280	Business Law I .....	3
CADV	406/L	Enhancing Childhood Creativity and Lab ...	2/1
FCS	330	Child Growth and Development I.....	3
HSCI	336	Health Aspects of Drug Use.....	3
KIN	470/L	Physical Education for Children and Lab.....	2/1
LSRC	151	Introduction to the Backcountry .....	1
LSRC	151A-H	Selected Activities in Backcountry .....	1-2
LSRC	280	Organizing Campus Recreation and Sport .....	3
LSRC	294CS/L	Recreation Service Learning Theory and Practicum.....	1/2
LSRC	305	Dynamics of Early Childhood Play .....	3
LSRC	351	Practices of Outdoor and Environmental Education .....	3
LSRC	431	Leisure Education .....	3
MATH	103	Mathematical Methods for Business.....	3
MKTG	304	Introduction to Marketing Management.....	3
COMS	151	Fundamentals of Public Speaking.....	3

**D. Urban Environment**

BIOL	323	Plants and Animals of Southern California .....	3
BIOL	325/L	Life in the Sea and Lab .....	3/1
GEOG	351	Urban Geography.....	3
GEOL	345	Geology of California.....	3
POLS	441	Interest Groups.....	3
POLS	467	Urban Administration .....	3
URBS	310	Growth and Development of Cities .....	3
URBS	450	Urban Problems Seminar.....	4

Other advisor-approved electives ..... 6 units maximum

E. Foundation Knowledge (assumes student has met prerequisite)			
BIOL	215	Introductory Microbiology .....	4
CHEM	101/L	Introduction to Chemistry and Lab.....	4/1
CHEM	333	Principles of Organic Chemistry.....	4
ECON	160	Principles of Microeconomics.....	3
ECON	311	Money, Banking and the Federal Reserve.....	3
FCS	201/L	Introduction to Food Science and Lab.....	2/1
FCS	303	Cultural Aspects of Food and Nutrition.....	3
HSCI	132	History of Preventive Medicine and Public Health.....	3

TOTAL UNITS IN THE MAJOR: 57

GENERAL EDUCATION (INCLUDING TITLE 5): 48 UNITS

(Maximum GE Overlap 15 units)

ADDITIONAL UNITS: 5-30

TOTAL UNITS REQUIRED FOR DEGREE: 120

**RECREATION THERAPY (26 UNITS)**

**LOWER-DIVISION REQUIRED COURSES (6 UNITS)**

BIOL	211/212	Human Anatomy and Lab .....	2/1
BIOL	281	Human Physiology.....	3

**UPPER-DIVISION REQUIRED COURSES (14 UNITS)**

PSY	310	Behavioral Disorders.....	3
FCS	330	Child Growth and Development.....	3
LSRC	375/L	Programming and Adaptive Techniques of Recreation Therapy and Lab.....	3/2
LSRC	475	Therapeutic Recreation Process.....	3

**ELECTIVES (6)**

Select from the following:

ART	481	Art as Therapy .....	3
CD	345	Hearing Science.....	3
EPC	451	Fundamentals of Counseling and Guidance .....	3
FCS	425	Independent Living for Elderly and Disabled Individuals.....	3
HSCI	312	Health Administration .....	3
HSCI	336	Health Aspects of Drug Use .....	3
KIN	230/L	Introduction to Adapted Physical Education and Lab .....	2/1
KIN	311/L	Individual Program Design, Adapted P.E. and Lab.....	2/1
KIN	329/L	Motor Learning and Development and Lab... 2/1	
KIN	346	Physiology of Exercise .....	3
KIN	347	Individual and Special Physical Education.....	3
KIN	429	Perceptual-Motor Problems of the Atypical Student.....	3
LSRC	294CS/L	Recreation Service Learning Theory and Practicum .....	1/2
MUS	483	Music in Therapy .....	3
PSY	313	Developmental Psychology .....	3
PSY	317	Psychopharmacology .....	3
PSY	345	Social Psychology .....	3
PSY	365	Introduction to Gerontology .....	3
PSY	370	Dynamics of Individual Behavior .....	3
PSY	383	Interpersonal Competence and Group Dynamics .....	3
PSY	406	Developmental Disability .....	4
PSY	407	Medical Psychology .....	4
PSY	461	Adolescence.....	3
PSY	465	Aging .....	4
SOC	304	Sociology of Deviance .....	3
SOC	305	Culture and Personality .....	3
SOC	345	Social Psychology .....	3
SOC	348	Juvenile Delinquency .....	3
SOC	355	Criminology .....	3
SOC	440	Sociology of Aging .....	3
SOC	445	Social-Psychological Aspects of Health Care Problems .....	3
SOC	474	Contemporary Treatment of Law Violators ... 2/1	
SPED	160	American Sign Language .....	4
SPED	360	American Deaf Culture.....	3
SPED	400	Introduction to Special Education .....	3

TOTAL UNITS IN THE MAJOR: 62

GENERAL EDUCATION (INCLUDING TITLE 5): 48 UNITS

(Maximum GE Double count: 12 units)

TITLE 5: 6 UNITS

TOTAL UNITS REQUIRED FOR DEGREE: 120  
THE MINOR (24 UNITS)

## REQUIRED CORE (12 UNITS)

LSRC	202/L	Planning Programs and Events for the Recreational Experience and Lab .....	2/1
LSRC	204	Foundations of Therapeutic Recreation and Special Populations .....	3
LSRC	251	Recreation and the Natural Environment.....	3
LSRC	402	Models of Play, Recreation, and Leisure .....	3

ELECTIVES (12 UNITS, TO BE SELECTED FROM THE  
FOLLOWING COURSES)

LSRC	294CS/L	Recreation Service Learning Theory and Practicum .....	1/2
LSRC	300	Recreation and Community Development.....	3
LSRC	305	Dynamics of Early Childhood Play.....	3
LSRC	351	Outdoor and Environmental Education.....	3
LSRC	314	Leisure Aspects of the Hospitality Industry.....	3
LSRC	302	Dynamics of Leadership in Recreation and Human Services .....	3
LSRC	405	Play and the Exceptional Child .....	3
LSRC	415	Leisure and Aging .....	3
LSRC	431	Leisure Education.....	3
LSRC	444	Nonprofit Organizations and Fund Development in Leisure/ Human Services .....	3
LSRC	480	Recreational Tourism: Issues and Trends.....	3

## MASTER OF SCIENCE DEGREE

## REQUIREMENTS FOR ADMISSION TO THE PROGRAM:

Bachelor's degree in Recreation. Students not so qualified must successfully complete a prescribed program with a grade point average of 3.0. University requirements must be met for promotion to classified status. Graduate admission fall only. Students progress through the program as a cohort and are actively engaged in the scheduling of courses on evenings and weekends. Normal progress to degree should not exceed 6 semesters. Anticipated outcomes of the program include:

1. Enhanced professional awareness and marketability;
2. Expanded awareness of interdisciplinary foundations that support professional collaborations;
3. Appreciation for role of the program and discipline within the academy.

## REQUIRED COURSES (6 UNITS)

LSRC	602	Theoretical Foundations of Leisure and Play ....	3
LSRC	684	Advanced Research Method and Design.....	3

## MANAGEMENT SEMINARS (9 UNITS)

LSRC	570	Futures Research and Planning in Leisure Services .....	3
LSRC	580	Tourism Planning: A Cultural and International Perspective.....	3
LSRC	608	Consultation in Leisure Services.....	3
LSRC	642	Current Issues and Trends in Therapeutic Recreation .....	3
LSRC	644	Evaluation and Documentation in Therapeutic Recreation .....	3
LSRC	661	Seminar in Administrative Problems in Recreation.....	3
LSRC	665	Interorganizational Strategies for Leisure Agencies .....	3

## ELECTIVES (9-12 UNITS, ACCORDING TO SPECIALIZATION)

To be chosen with the approval of the graduate advisor.

## QUALIFICATION AREAS (WRITTEN AND ORAL)

2 areas (0 Units)

## THESIS/PROJECT (3-6 UNITS)

LSRC	698	Thesis or Graduate Project	
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## ORAL EXAMINATION

Required of candidates, includes the defense of thesis or project.

## COURSE LIST

## LOWER-DIVISION

LSRC 151A-H. INTRODUCTION TO OUTDOOR EDUCATION  
AND THE BACKCOUNTRY (1)

Introduction to safe backcountry camping and travel, including elements of trip preparation, cross-country navigation, effects of environmental conditions of cold, heat, and altitude on the human body, nutrition and environmental hazards. Emphasis on safety, environmental awareness and minimizing environmental impact. Arranged field trips are required.

LSRC 202/L. PLANNING PROGRAMS AND EVENTS FOR  
RECREATION EXPERIENCES and LAB (2/1)

Prerequisite: Lower-division writing requirement; Corequisite: LSRC 202L. Preparatory: LSRC 204. Overview of the program and event planning process as it relates to the provision of human and leisure services through play, recreation, and leisure experiences for a variety of service recipients and settings. Lab experiences applying skills and principles addressed.

LSRC 204. FOUNDATIONS OF THERAPEUTIC RECREATION  
AND SPECIAL POPULATIONS (3)

Introduction to recreation therapy. Study of the nature and function of recreation in rehabilitation agencies and settings. Survey of the physical and mental limitations of a variety of individuals with special needs and disabilities, with emphasis on planning and adapting recreational programs both in clinical and community/inclusive settings. (Offered fall semester)

LSRC 251. RECREATION AND THE NATURAL ENVIRONMENT  
(3)

Study of recreational use of outdoor/natural areas and the trends creating changing patterns of use. Overview of human, animal, and vehicular impacts on the outdoor recreation resources. (Available for General Education, Lifelong Learning)

## LSRC 265. WATER SKIING AND WAKEBOARDING (1)

Develops proficiency in water skiing skills, including wakeboarding, with an emphasis on safety and the proper use of equipment.

## LSRC 267/L. SAILING and LAB (1/1)

Corequisite: LSRC 267L. Development of the skills and art of sailing, including the development of basic seamanship, small boat handling competency, safety procedures and regulations, and introductions to competitive sailing and ocean cruising. 1 hour lecture; 2 hours lab per week.

LSRC 278. RECREATION AND LEISURE IN CONTEMPORARY  
SOCIETY (3)

Investigation of the contributions of play, leisure and recreation to the social, psychological and economic well being of individuals and groups; incorporating local, regional, national and international perspectives. Regular written assignments are required. LSRC major requirement. (Available for General Education, Lifelong Learning)

LSRC 280. ORGANIZING CAMPUS RECREATION AND SPORT  
(3)

Overview of the concepts and applications for effective campus recreation and sport programming and administration. Of value to current and future leaders in the field of campus recreation and sport. Includes specific field observation experiences.

LSRC 294CS/L. RECREATION SERVICE LEARNING THEORY  
AND PRACTICUM and LAB (1/2)

Corequisite: LSRC 294CSL. Service learning theory applied to the design, coordination, leadership, implementation, and evaluation of activities addressing the needs of campus and community-based individuals and groups, primarily in the greater Los Angeles area, coordinated by a department faculty member. Offers a community service opportunity with activities relating to concepts and theories presented in the course .

**LSRC 296A-Z. EXPERIMENTAL TOPICS COURSES IN RECREATION AND LEISURE STUDIES (1-3)**

Experimental courses in Recreation and Leisure Studies with course content to be determined.

**UPPER-DIVISION**

**LSRC 300. RECREATION AND COMMUNITY DEVELOPMENT (3)**

Prerequisite: Lower-division writing requirement. Examination of the multicultural dynamics of urban life and recreation's role in building community and in developing youth capacity and indigenous leadership.

**LSRC 302. DYNAMICS OF LEADERSHIP IN RECREATION AND HUMAN SERVICES (3)**

Prerequisites: Lower-division writing requirement. Includes an analysis of personal leadership theory and small-group dynamics, and a review of classic leadership studies with emphasis on leadership values and methods including group dynamics, communication, decision making, and motivation. Emphasis on competencies and skills needed for successful leadership of small groups. Experiential components are an integral part of class design. Field trip experiences required.

**LSRC 303. PROMOTION OF THE RECREATION EXPERIENCE (3)**

Interpretation and promotion of recreation programs and services through the use of media processes and resources, marketing principles, and computer applications.

**LSRC 304. ENTREPRENEURIAL VENTURES IN RECREATION AND HUMAN SERVICES (3)**

Analysis of approaches and techniques necessary to initiate an entrepreneurial start-up recreation and human service arenas. Topics include the nature of entrepreneurialism, development of a business plan, organization of the enterprise, financial management, and operations management and computer applications.

**LSRC 305. DYNAMICS OF EARLY CHILDHOOD PLAY (3)**

Study of play in relation to the child's early growth and development. Implications for functional, environmental, and leadership dimensions of organized play experiences in early years. Some sections of this course may offer a community service opportunity with activities relating to concepts and theories presented. Check the schedule of classes for the CS designation.

**LSRC 310/L. ADVENTURE RECREATION AND HUMAN RELATIONS and LAB (2/1)**

Prerequisite: Lower-division writing requirement. Corequisite: LSRC 310L. Introduction to personal growth and adventure. Explores issues of identity, racial and ethnic diversity, gender, and self-esteem through readings, written assignments, and recitation. Regular written assignments required. Lab: Introduction to adventure recreation and diversity issues through group initiatives and participation in a shared adventure of ropes course activities. (Available for General Education, Lifelong Learning)

**LSRC 314. LEISURE ASPECTS OF THE HOSPITALITY INDUSTRY (3)**

Study of the leisure experience in the context of the hospitality industry. A systems approach is used to study the design and organization of components of the hospitality industry intended to achieve leisure and recreation outcomes for guests and visitors.

**LSRC 330. WOMEN, LEISURE AND ETHNICITY IN THE UNITED STATES (3)**

Prerequisite: Lower-division writing requirement. Examines the relationship among women, ethnicity, and leisure; provides opportunities to investigate a variety of factors affecting women in the U.S. Regular written assignments required. Some sections of this course may offer a community service opportunity with activities relating to concepts and theories presented. Check the schedule of classes for the CS designation. (Available for General Education, Comparative Cultural Studies)

**LSRC 351. OUTDOOR AND ENVIRONMENTAL EDUCATION (3)**

Study of outdoor educational philosophy and methods as they apply to the outdoor educator. Includes the history, development, and basic principles of outdoor/ environmental education but emphasizes strategies for teaching, interpreting, and program planning in outdoor environments.

**LSRC 352. PLAY AND HUMAN POTENTIAL (3)**

Prerequisite: Lower-Division writing requirement. Examination of the play phenomenon across the lifespan. Exploration, analysis and evaluation of the play phenomenon in development of human potential. Regular written assignments are required. Some sections of this course may offer a community service opportunity with activities relating to concepts and theories presented. Check the schedule of classes for the CS designation. (Available for General Education, Lifelong Learning)

**LSRC 353/L. LITERATURE OF THE WILDERNESS EXPERIENCE and LAB (2/1)**

Prerequisite: Lower-division writing requirement. Corequisite: LSRC 353L. Review of the writings of various wilderness adventurers both past and present (such as Boone, Powell, Muir, Leopold, Abbey). Emphasis on assessing their experiences in the wilderness, their goals, and their methods. Regular written assignment are required. Lab: Allows students to personally experience some of the values of wilderness environments discussed in LSRC 353. In addition, students develop personal goals (such as those sought by previous wilderness adventurers) to be achieved on arranged field trips to wilderness areas. (Available for General Education, Lifelong Learning)

**LSRC 375/L. PROGRAMMING AND ADAPTIVE TECHNIQUES OF RECREATION THERAPY and RT LAB (3/2)**

Prerequisites: LSRC 204. Corequisite: LSRC 375L. Recommended Corequisite or Preparatory: KIN 345. Study and basic application of programming, therapeutic approaches, and adaptations of appropriate recreation therapy activities for diverse special needs populations. (Offered spring only)

**LSRC 396A-Z. EXPERIMENTAL TOPICS COURSES IN RECREATION AND LEISURE STUDIES (3)**

Experimental courses in Recreation and Leisure Studies, with course content to be determined.

**LSRC 398AEE. SUPERVISED INDIVIDUAL PROJECTS (1-1)**

Study and research in selected areas, with course content to be determined. Academic Internship course.

**LSRC 402. MODELS OF PLAY, LEISURE AND RECREATION (3)**

Examines the historical, theoretical, and philosophical foundations of play, leisure, and recreation, and the relevance to the professional today. Explores how play theory and philosophy impact the provision of service to individuals across the lifespan and with diverse needs.

**LSRC 403. EVALUATION RESEARCH IN RECREATION AND HUMAN SERVICES (3)**

Investigation into the fields and methods of Recreation and Leisure systems, including special techniques and concepts of research as applicable to these systems.

**LSRC 405. PLAY AND THE EXCEPTIONAL CHILD (3)**

Alternative approaches to traditional play techniques for the exceptional child.

**LSRC 406/L. ENHANCING CHILDHOOD CREATIVITY and LAB (2/1)**

Corequisite: LSRC 406L. Integrative seminar and lab experience focusing on the theoretical approaches for enhancing childhood creativity. The uses of play and fantasy are explored as the means for developing programs which are child oriented. Regular written assignments are required. (Crosslisted with CADV 406/L)

**LSRC 415. LEISURE AND AGING (3)**

Study of the psycho-social aspects of aging as related to leisure and recreation. Implications for functional, environmental and leadership dimensions of leisure and recreation experiences in the later years. Some sections of this course may offer a community service opportunity with activities relating to concepts and theories presented. Check the schedule of classes for the CS designation.

## LSRC 431. LEISURE EDUCATION (3)

Comprehensive study of the current trends, practices and techniques in the field of leisure education. Simulated situations are employed. Check schedule of classes for CS designation. (Offered fall semester)

## LSRC 444. NONPROFIT ORGANIZATIONS AND FUND DEVELOPMENT IN LEISURE AND HUMAN SERVICES (3)

Historical survey of the development of the volunteer movement and its leisure function in American society; theory of voluntary participation and philanthropy; structure and function of volunteer boards; analysis of fund raising organization and techniques. (Offered spring semester).

## LSRC 452/L. OUTDOOR RECREATION LEADERSHIP and LAB (3)

Prerequisites: LSRC 251; 351; PSY 383. Corequisite: LSRC 452L. Analysis of leadership theory and small group dynamic as they apply to such unique outdoor recreation circumstances as camps, sailing programs or wilderness expedition. Emphasis on the competencies, training, methods and procedures that are critical to the leading of safe outdoor programs. Lab: Development of outdoor leadership through the direct application of leadership theories and methods in outdoor recreation programs and backcountry settings. Preparatory course for outdoor recreation professionals. Arranged field trips are required.

## LSRC 475. THERAPEUTIC RECREATION PROCESS (3)

Prerequisites: LSRC 204; 375/L. In-depth approach to recreation therapy assessment, individualized program planning, and documentation. Case studies utilized throughout the course.

## LSRC 480. RECREATIONAL TOURISM: ISSUES AND TRENDS (3)

Prerequisite: Completion of lower-division writing requirement. Study of the phenomena of domestic and international recreational tourism. Emphasis on investigating and understanding the variables that impact recreational tourism and travel destination areas. Regular written assignments are required.

## LSRC 490. CHALLENGES IN LEISURE SERVICES SEMINAR (3)

Prerequisite: LSRC 403; senior standing. Analytical approach to theories and principles of recreation, leisure, and play as they relate to field observations and practical applications.

## LSRC 494A-C. SUPERVISED INTERNSHIP (1-3)

Prerequisite: Senior standing. Supervised internship in professional recreation settings. (Credit/No Credit Only)

## LSRC 496A-Z. EXPERIMENTAL TOPICS COURSES IN LEISURE STUDIES AND RECREATION (3)

Experimental courses in Leisure Studies and Recreation with course content to be determined.

## LSRC 498AEE-BEE. FIELD ASSIGNMENT AND REPORTS (1-2)

Analysis and reports of the student's performance; regular group meetings. Academic Internship course.

## LSRC 499A-C. INDEPENDENT STUDY (1-3)

## GRADUATE

## LSRC 561. SEMINAR IN RECREATION AND SPORT THEORY AND MANAGEMENT (3)

Advanced study of contemporary problems involved in the administrative organization of leisure service and sport management agencies.

## LSRC 570. FUTURES RESEARCH AND PLANNING FOR LEISURE SERVICES (3)

In-depth investigation into futures literature and research designs and methodologies and how they relate to recreation and leisure services planning for the future.

## LSRC 580. SEMINAR IN TOURISM PLANNING: A CULTURAL AND INTERNATIONAL PERSPECTIVE (3)

Analysis and evaluation of the impact of historical tourism planning trends and their influence on human services and quality of life issues. Advanced study of the application of contemporary tourism planning models.

## LSRC 595A-Z. EXPERIMENTAL TOPICS COURSES (1-3)

## LSRC 602. THEORETICAL FOUNDATIONS OF LEISURE AND PLAY (3)

In-depth investigation into the theoretical foundations basic to the profession of leisure and play; and an analysis of current issues from the perspective of these diverse theoretical positions.

## LSRC 608. CONSULTATION IN LEISURE SERVICES (3)

Theory, analysis and application of concepts and strategies of consultation as applied to Leisure Service personnel working in field settings. In-depth exploration of the application of consulting techniques to practical situations.

## LSRC 642. SEMINAR IN CURRENT ISSUES AND TRENDS IN THERAPEUTIC RECREATION (3)

Completion of undergraduate course work in Recreation Therapy. Comprehensive study and analysis of the issues and trends affecting the delivery of therapeutic recreation in clinical and community settings.

## LSRC 644. SEMINAR IN EVALUATION AND DOCUMENTATION IN THERAPEUTIC RECREATION (3)

Completion of undergraduate coursework in Recreation Therapy. Comprehensive study and analysis of evaluation and documentation methods related to the delivery of therapeutic recreation services.

## LSRC 665. INTERORGANIZATIONAL STRATEGIES FOR LEISURE AGENCIES (3)

Study of leisure agencies and their relationships within communities, and through various levels of organization. Emphasis on the strategies for sharing scarce resources.

## LSRC 684. ADVANCED RESEARCH METHOD AND DESIGN (3)

Prerequisite: LSRC 403 or equivalent. Application of research techniques to recreation and parks problems. Procedures in collection, analysis, and presentation of data; utilization of findings. Lecture-lab.

## LSRC 698. THESIS OR GRADUATE PROJECT (3-6)

Prerequisite: Classified graduate status and acceptance by a thesis committee. Planning, preparation and completion of a thesis or project on an advanced topic in the field of recreation.

## LSRC 699. INDEPENDENT STUDY (1-3)

Prerequisite: Consent of graduate coordinator. Intensive investigation into the area of specializations