

Child and Adolescent Development

Chair: Joyce Munsch

COLLEGE OF HEALTH AND HUMAN DEVELOPMENT

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ACADEMIC ADVISOR: Nancy Petry

FACULTY: Rosemary Gonzalez, Roxana Marachi, Joyce Munsch, Whitney Scott, April Taylor, W. David Wakefield

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DEGREE PROGRAMS:

Undergraduate Degrees Offered
B.A., Child Development

MAJOR: The Department of Child and Adolescent Development offers an interdisciplinary liberal arts degree program which leads to a Bachelor of Arts in Child Development. Students explore the scientific study of human development from birth through adolescence with an interdisciplinary focus that includes psychological, educational, and social-behavioral perspectives. A critical component of the degree program includes connecting theories to practice through fieldwork and internships with community organizations and schools throughout the San Fernando Valley and greater Los Angeles area.

Students in the major complete coursework from multiple academic departments across the Cal State Northridge campus that center around (a) an overview of the field, (b) the domains of social and cognitive development, (c) modes of inquiry and research in development, (d) cultural and linguistic influences on development, (e) professional development and training, and (f) a range of elective coursework that may be based on students' interests.

The major provides a strong foundation for post-baccalaureate graduate programs in child and adolescent development, educational psychology, developmental psychology, school psychology, early childhood education, special education, educational leadership, marriage and family therapy, clinical social work, clinical psychology, and teaching credential programs.

CAREERS: The program will be of interest to a wide range of students, including those who are interested in direct-service careers with children and families (i.e., teaching, counseling, therapy, social work, etc.) as well as indirect-service professions (i.e., educational researchers, lobbyists, consultants, school administrators, politicians, etc.).

Many professional careers in the field of child and adolescent development require advanced degrees and/or credentials as well as relevant work experience. After completing the Bachelor of Arts degree, students can pursue advanced degrees and credentials leading to careers including, but not limited to:

- Early Childhood Education Teachers
- Elementary, Middle and High School Teachers
- Special Education Teachers
- School Counselors and School Psychologists
- School Principals and Administrators
- School Board Members
- Educational Researchers
- Child and Family Attorneys
- Child Psychologists and Therapists
- Licensed Clinical Social Workers
- Pediatricians and Obstetricians

- Registered Nurses
- Child Life Specialists
- Genetic Counselors
- College/University Professors
- Community/Youth Agency Administrators
- Educational Consultants
- Policy and Legislative Analysts
- Politicians

A variety of other career options also exist. Students are encouraged to meet with Academic Advisors and Faculty in the Department to discuss their specific career goals and objectives. The Cal State Northridge Career Center (<http://www.csun.edu/career>) is also an excellent resource for obtaining information about careers and professions in the field of child and adolescent development.

SELECTING COURSES: Students are encouraged to use the list of degree requirements (see "Requirements for the Bachelor of Arts Degree" below) in planning and selecting coursework for the Child and Adolescent Development degree. One advantage of the interdisciplinary nature of the major is that students often have **multiple options** for courses that meet the same degree requirement. For example, to satisfy the "Cognitive Development" requirement for the degree, students may select either CADV 350, EPC 315, PSY 302, or PSY 304. To select the best course, students should carefully read the catalog descriptions of each course option (available in the appropriate section of the catalog) to ensure a strong match between students' personal goals and the course learning objectives. Students are encouraged to enroll in courses taught by Child and Adolescent Development faculty whenever possible since the themes of (a) technological literacy, (b) critical thinking and writing, and (c) professional and career development are integrated throughout each of the CADV courses. These features will benefit students' professional and academic preparation in the field of Child and Adolescent Development.

ACADEMIC ADVISEMENT: Students are strongly encouraged to visit the department website (<http://hhd.csun.edu/cdev>) for the most current information and news in the department. Electronic versions of forms and worksheets can also be found at the department website. Students who need an appointment with an academic advisor can request an appointment through the department website. This information is also available at the department office (SQ 281).

TRANSFER STUDENTS: Students interested in majoring in Child and Adolescent Development who are transferring from a community college or 4-year university are strongly encouraged to complete all of their General Education courses (e.g., become GE certified) before transferring to help ensure timely graduation from Cal State Northridge. It is helpful if transfer students complete the equivalent courses to CADV 150 (Foundations of Child and Adolescent Development), MATH 140 (Introductory Statistics), and PSY 150 (Principles of Human Behavior) before transferring. These courses are available at most colleges and universities. Students can use the ASSIST website (<http://www.assist.org>) to determine which courses will transfer to Cal State Northridge and to determine the correct course equivalencies at their community college or university.

STUDENT LEARNING OUTCOMES FOR THE UNDERGRADUATE PROGRAM:

Graduates of the undergraduate program in Child and Adolescent Development should be able to:

1. Demonstrate knowledge of the theories, concepts, and methodology that underlie the study of the physical, cognitive, and social development of children and adolescents and the multiple contexts in which they live. Apply developmental theories in community settings.
2. Write critically about theories and constructs of child and adolescent development. Orally deliver information in a manner that engages an audience.

3. Facilitate the development of children in a culturally pluralistic society. Gain knowledge of culture, race and ethnicity while increasing their personal self-awareness and discovering strategies for implementing social justice within the larger community.
4. Demonstrate technological literacy that allows both access to and dissemination of information electronically. Demonstrate effective management of information by utilizing media sources and complying with the ethics of manipulating and presenting information.
5. Describe, critique, and practice various empirical methodologies used to study child and adolescent development including design, data analysis, and interpretation.
6. Students will be able to articulate and participate in the importance of developing professionalism including the areas of career exploration, ethical issues of direct services to youth, and service learning in the community.

CHS 430	The Chicana/o Child.....	3
CHS 431	The Chicana/o Adolescent.....	3
CHS 432	Counseling the Chicana/o Child.....	3
COMS 356	Intercultural Communication	3
PAS 420	The Black Child	3
PAS 421	Strategies for Black Child Development	3

Linguistic Contexts.

ANTH 310	Language in Culture: Anthropological Linguistics	3
CHS 433	Language Acquisition of the Chicano.....	3
CHS 482	Language of the Barrio.....	3
DEAF 360	American Deaf Culture	3
ENGL 301	Language and Linguistics.....	3
ENGL 405	Language Differences and Language Change.....	3
LING 441	Sociolinguistics (3)	
PAS 395	Bilingualism in the African American Community	3
SPAN 310	Language and Contemporary Hispanic Life	3

Professional Development (10 units)

All students must take CADV 470, CADV 394B and CADV 494B. In addition, students must take one of the two courses noted below.

CADV 470	Advanced Theories of Child and Adolescent Development.....	3
CADV 394B/494B	Child and Adolescent Development Internships	2/2

Choose one of the following:

CADV 451	Alternative Approaches to Discipline	3
CADV 452	Child Advocacy	3

REQUIREMENTS FOR THE BACHELOR OF ARTS DEGREE

LOWER-DIVISION REQUIRED COURSES

Introduction to the Field (13 Units)

CADV 150	Foundations of Child and Adolescent Development.....	3
CADV 250	The Child and Adolescent Development Profession.....	3
MATH 140	Introductory Statistics*.....	4
PSY 150	Principles of Human Behavior*	3

*General Education Courses

UPPER-DIVISION REQUIRED COURSES

Concepts and Applications of Cognitive and Social Development (12-14 units)

Choose one course from the "Overview of Development" section and one course from the "Modes of Inquiry" section.

Overview of Development

FCS 330	Child Growth and Development I	3
PSY 313/L	Development Psychology and Lab	3/1

Modes of Inquiry

CADV 380	Methods of Child and Adolescent Study	3
FCS 431/L	Child and Family Assessment and Lab	3/1
PSY 320/L	Statistical Methods in Psychological Research and Lab	3/1

Domains of Development

Choose one course from 2 of the 3 following sections. Students must select CADV 350 or 352 as one of these choices:

Cognitive Development

CADV 350	Applied Cognitive Development	3
EPC 315	Psychological Foundations of Learning and Teaching	3
PSY 302	Human Learning in the Formative Years.....	3
PSY 304	Cognitive Psychology and Instruction.....	3

Social Development

CADV 352	Applied Social Development.....	3
FCS 432	Family Theories	3
PSY 352	Motivation.....	3

Language Development

CD 361	Language Development in Children.....	3
LING 417	Language Development and Acquisition.....	3

Cultural and Linguistic Contexts of Child and Adolescent Development (9 units)

All students must take CADV 460. In addition, students must take one course from the "Cultural Contexts" section and one course from the "Linguistic Contexts" section.

CADV 460	Race, Ethnicity, Gender and Culture in Development.....	3
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Cultural Contexts.

AAS 355	Biracial and Multiracial Identity.....	3
AAS 450	The Asian American Child and the Schools.....	3
AAS 453	Asian American Families.....	3
ARMN 440	The Armenian-American Child	3

ELECTIVES

CHOOSE Any 12 units of coursework from the list below. Courses are organized by areas of interest. (Note that courses are only counted once in the major, either as a required course or as an elective but not as both)

Development

CADV 350	Applied Cognitive Development.....	3
CADV 352	Applied Social Development.....	3
CADV 406/L	Enhancing Childhood Creativity and Lab.....	2/1 or
LSRC 406/L	Enhancing Childhood Creativity and Lab.....	2/1
CADV 451	Alternative Approaches to Discipline	3
CD 361	Language Development in Children	3
ENGL 301	Language and Linguistics.....	3
FCS 330	Child Growth and Development I.....	3
FCS 335	Prenatal and Infant Development.....	3
FCS 438	Adolescents as Parents	3
LING 417	Language Development and Acquisition	3
PSY 313/L	Developmental Psychology and Lab.....	3/1
PSY 361	Adolescence.....	3

Atypical Development

PSY 310	Behavior Disorders	3
PSY 317	Psychopharmacology.....	3
PSY 406	Developmental Disability.....	3
PSY 454	Clinical Psychology.....	4
SPED 400	Introduction to Special Education	3
SPED 401A	Instruction in Special Education: Assessment and Methods	3
SPED 402A	Behavior Assessment and Positive Behavior Support 3	3
SPED 431	Atypical Development of Infants and Toddlers	3

Education*

ART 479	Art Education Across Cultures.....	3
CADV 406/L	Enhancing Childhood Creativity and Lab.....	2/1 or
LSRC 406/L	Enhancing Childhood Creativity and Lab.....	2/1
CADV 451	Alternative Approaches to Discipline	3
ENGL 428	Literature for Children.....	3
ENGL 429	Literature for Adolescents	3
EPC 314	Psychological Foundations, K-12.....	3
FCS 433	Administration of Children's Programs.....	3
FCS 436	Parental Development	3

KIN	370/L	Physical Education in Early Childhood Education and Lab.....	2/1
KIN	470/L	Physical Education for Children and Lab.....	2/1
LSRC	305	Dynamics of Early Childhood Play.....	3
LSRC	352	Play and Human Potential.....	3
MUS	361/L	Music Literature for Children and Lab.....	2/1
MUS	362/L	Music for Early Childhood and Lab.....	2/1

*Students interested in becoming elementary school teachers are advised to visit the department office to consult the suggested list of subject-matter courses for pre-service teachers.

Counseling

ART	481	Art as Therapy.....	3
CADV	450	Helping Children Cope with Medical Environments.....	3
CADV	499C	Student Peer Advising Program.....	3
FCS	340	Marriage and Family Relations.....	3
FCS	480	The Helping Professional.....	3
EPC	451	Fundamentals of Counseling and Guidance.....	3
PSY	460	Counseling and Interviewing.....	3
PSY	483	Principles of Human Relations.....	3
SOC	345	Social Psychology.....	3
SOC	426	Social Legislation and Social Policy.....	3
SOC	459	Child Welfare.....	3
SOC	481	Counseling, Interviewing and Intervention.....	3

Culture, Language and Development

AAS	355	Biracial and Multiracial Identity.....	3
AAS	450	The Asian American Child and the Schools.....	3
ANTH	310	Language in Culture.....	3
ARMN	440	The Armenian-American Child.....	3
CHS	416	Children's Songs and Games.....	3
CHS	430	The Chicana/o Child.....	3
CHS	431	The Chicana/o Adolescent.....	3
CHS	432	Counseling the Chicana/o Child.....	3
CHS	433	Language Acquisition of the Chicana/o and ESL Speakers.....	3
COMS	356	Intercultural Communication.....	3
CD	361	Language Development in Children.....	3
CHS	482	Language of the Barrio.....	3
DEAF	360	American Deaf Culture.....	3
ENGL	301	Language and Linguistics.....	3
LING	417	Language Development and Acquisition.....	3
LING	441	Sociolinguistics.....	3
PAS	395	Bilingualism in the African American Community.....	3
PAS	420	The Black Child.....	3
PAS	421	Strategies for Black Child Development.....	3
SPAN	301	Language and Culture.....	3
DEAF	485	Issues in American Sign Language.....	3

Research, Methodology and Assessment

CADV	380	Methods of Child and Adolescent Study.....	3
FCS	431/L	Child and Family Assessment and Lab.....	3/1
LSRC	403	Research Evaluation in Human Services.....	3
PSY	320/L	Statistical Methods in Psychological Research and Lab.....	3/1
PSY	321/L	Experimental Psychology and Lab.....	3/1
PSY	420/L	Advanced Statistical Methods and Lab.....	3/1
FCS	431/L	Child Growth and Development II and Lab.....	3/1

TOTAL UNITS IN THE MAJOR: 56-59

GENERAL EDUCATION

MATH 140 overlaps with Lower-Division General Education requirements. CD 361, ANTH 310, COMS 356 FCS 340 and LSRC 352 overlap with Upper-Division General Education requirements.

NOTE: A maximum of 9 units may overlap with courses counted in a major or minor in Psychology.

DOUBLE MAJORS OR MINORS IN PSYCHOLOGY

A maximum of 9 units may overlap with courses counted in a major or minor in Psychology. Students pursuing a double major or minor in Psychology must be mindful of this unit limit as they plan their

courses. The department encourages students who are double-majoring or minoring in Psychology to meet with an Academic Advisor to ensure timely graduation.

CREDENTIALS

Child Development Permit: The Child Development Permit is a document which verifies that you have fulfilled the requirements established by the Commission on Teacher Credentialing (CTC) (www.ctc.ca.gov) for assisting, teaching, or supervising in a child development program (pre-kindergarten) in the State of California. The Child Development Training Consortium (www.childdevelopment.org) provides information related to these permits. Information is also available on the Child and Adolescent Development Website and in the department office in SQ 281.

California Teaching Credential: Teachers employed in public schools in California must hold a valid teaching credential authorized by the Commission on Teacher Credentialing (CTC) (www.ctc.ca.gov). Child and Adolescent Development majors who are interested in becoming elementary school teachers must also complete a teaching credential program. The Cal State Northridge Teaching Credential Program offers both the Multiple-Subject Teaching Credential and the Single-Subject Teaching Credential (See the Credential Program section of the catalog for more information).

NOTE: As a result of the "No Child Left Behind" federal legislation, individuals pursuing careers as elementary school teachers MUST pass the California Subject Examination for Teachers (CSET) (www.cset.nesinc.com) in order to work in public school classrooms. Child and Adolescent Development majors interested in becoming elementary school teachers should consider selecting elective courses which will prepare them for subject matter areas they will teach (see handouts available in the CADV Department Office and at the Department website).

AFFILIATED STUDENT ORGANIZATION

The Child and Adolescent Development Associate (CADA) is a student organization affiliated with the Department of Child and Adolescent Development. CADA strives to enrich the lives of its members by providing career, academic, and professional development activities. The Association also provides opportunities for students to develop social and professional networks within the field of child and adolescent development, education, and child psychology. CADA holds regular meetings throughout the academic year and works closely with the department in serving students and communities within the San Fernando Valley and Greater Los Angeles area. If you would like to join CADA or find out more information, visit their website (www.csun.edu/cada) or email the current executive officers at cada@csun.edu.

TOTAL UNITS FOR DEGREE: 120

COURSE LIST

LOWER-DIVISION

CADV 150. FOUNDATIONS OF CHILD AND ADOLESCENT DEVELOPMENT (3)

This course surveys typical and atypical child and adolescent development. Readings and coursework provide basic grounding in the major theories/ theorists of human development, an overview of major topics in cognitive, social and physical development as they relate to the culture in children's development, and develop basic competencies for child observation as a study methodology.

CADV 196A-Z. EXPERIMENTAL TOPICS COURSES (1-6)

CADV 250. THE CHILD AND ADOLESCENT DEVELOPMENT PROFESSION (3)

Prerequisite or Corequisite: CADV 150. Provides an overview of the history, contemporary status, and projected future of child and adolescent development as a discipline. Contemporary professional issues, advocacy and professionalism in careers that use child and adolescent development as a foundation are investigated.

UPPER-DIVISION

CADV 350. APPLIED COGNITIVE DEVELOPMENT (3)

Prerequisites: Completion of Lower-Division writing requirement exam; MATH 140; CADV 150; CADV 250. Students survey major topics of cognitive development from infancy to adolescence, review research literature about environmental factors that influence children's cognitive development, and assess the implications for observing and working with children and their families. Students have an opportunity to learn how children's developing ability to think and articulate can be used as a basis for communicating effectively with them.

CADV 352. APPLIED SOCIAL DEVELOPMENT (3)

Prerequisites: Completion of Lower-Division writing requirement exam; MATH 140; CADV 150; CADV 250. This course surveys human social development from infancy through adolescence. Several theoretical frameworks that inform the study of social development are presented as well as empirical evidence extending knowledge of the processes and content of social development. Emphasis is placed on connecting theories and constructs of social development to effective practice as child and adolescent professionals, the development of observation skills and use of developmentally appropriate practices with children and adolescents in naturalistic settings.

CADV 380. METHODS OF CHILD AND ADOLESCENT STUDY (3)

Prerequisites: Completion of Lower-Division writing requirement exam; MATH 140; CADV 150; CADV 250. Designed to introduce students to the scientific process of studying children and adolescents. Through hands-on experiences, students gain insight into some of the key issues facing researchers, including problems of measurement, observation and interpretation, generation and testable questions, development of coding systems, and establishment of reliability. Students work in small groups to plan and carry out their own research projects at university-affiliated sites.

CADV 394B. CHILD AND ADOLESCENT DEVELOPMENT INTERNSHIP I (2)

Prerequisites: Completion of PSY 150, CADV 150, CADV 250, CADV 350 or CADV 352 with an average grade of 2.0. Students must complete an application (available in Department Office SQ 281) in the spring semester prior to enrolling the following Fall. First of a two-semester internship sequence enabling students to apply theory to practice in a community setting. Internship includes 75 hours of service in a community organization/ setting in addition to regular class meeting.

CADV 406/L. ENHANCING CHILDHOOD CREATIVITY and LAB (2/1)

Prerequisite: Completion of the lower-division writing requirement. **Corequisite:** CADV 406L. An Integrative seminar and lab experience focusing on the theoretical approaches for enhancing childhood creativity. The uses of play and fantasy are explored as means for developing programs that are child oriented. Regular written assignments are required. (Crosslisted with LSRC 406/L)

CADV 450. HELPING CHILDREN COPE WITH MEDICAL ENVIRONMENTS (3)

Prerequisites: Completion of the Lower-Division writing requirement and CADV 150. The developmental impact of illness, disability and hospitalization on children and youth are studied. Methods used by child development specialists to help children cope with the emotional stress of ill health and disability will be presented.

CADV 451. ALTERNATIVE APPROACHES TO DISCIPLINE (3)

Investigation of literature on discipline in child development settings. Practical and theoretical approaches are related and integrated.

CADV 452. CHILD ADVOCACY (3)

Designed to increase student knowledge of local, state and national advocacy organizations and their influence on public policy. Focus is on the individual child development professional's role as a child advocate.

CADV 460. RACE, ETHNICITY, GENDER AND CULTURE IN DEVELOPMENT (3)

Prerequisites: Completion of Lower-Division writing requirement exam; CADV 150; CADV 250. Explores the development of ethnic minority children and adolescents in multicultural settings. Particular focus is placed on students' exploration of their own understandings and awareness of culture, ethnicity, and gender, based on the premise that effective professionals must clearly understand their own personal biases and level of privilege before looking at traits and characteristics of other groups. Specific attention is given to exploring the practical application of these concepts and theories in community settings.

CADV 470. ADVANCED THEORIES IN CHILD AND ADOLESCENT DEVELOPMENT (3)

Prerequisites: Senior standing; CADV 350 or CADV 352. This capstone course is a culminating experience for majors. It facilitates professional development through high level discussions and thinking on concepts and theories of development for transition into graduate-level programs in human development or related fields and/or into a career. Designed to synthesize the broad concepts of child and adolescent development, to address contemporary issues in the field.

CADV 494B. CHILD AND ADOLESCENT DEVELOPMENT INTERNSHIP II (2)

Prerequisites: CADV 394B. The second semester internship builds upon the in-depth understanding of the program and experiences gained from the first semester internship. Individual goals enhance the professional development of students. Includes 75 hours of service in a community setting/organization in addition to regular class meetings. (Credit/No Credit)

CADV 499. INDEPENDENT STUDY (1-3)

Prerequisite: Arranged with the permission of the instructor. Enrollment in an Independent Study is by permission of the Department Chair and with the consent of the instructor who agrees to be a sponsor. Enrollment is granted based on evidence of the student's ability to work independently on a project. Students who are on probation or who have been disqualified and have not yet completed academic readmission requirements may not enroll in CADV499 courses. Regular progress meetings with the faculty sponsor and a final written report are required before credit can be given for the course. NOTE: The maximum number of units from 499 courses that can be counted toward the baccalaureate degree is six (6) units in a major and three (3) additional units outside the major. Enrollment in an Independent Study is not allowed for the purpose of substitution for an existing course. An Independent Study is related to a major course or study and is not available for meeting a General Education requirement.