## PSY 150: Writing Assignment #5a

This writing assignment is worth 100 points. To receive the full 100 points, you must complete the assignment by the due date, meet all the guidelines listed under "Paper Topic," and communicate your ideas with clarity and accuracy.

### Paper Topic:

This assignment asks you to consider what you have learned about classical conditioning and how it works in your daily life to establish conditioned emotional responses.

Are you very afraid of something like bees, mice, heights, or earthquakes? Do you know someone that has a similar fear?

For this paper, identify one of your fears (or a friend's fear) and write about how you think the fear was acquired according to classical conditioning principles. Once you have made an accounting of the development of the fear, identify the CS, UCS, CR, and UCR in the scenario. How is this fear maintained? How might the fear be eliminated or extinguished?

#### Format:

Your paper must be:

- 1 to 3 pages long
- Typed
- Double-spaced
- Use 1-inch margins
- Font: use Times
- Font size: use 12-point
- Saved in Rich Text Format (RTF) and submitted as an email attachment
- Your name should appear at the top-right of each page

## Evaluation and grading:

This writing assignment is worth 100 points. You will be graded on how well you address the questions presented in the writing guide under "Paper Topic." You will also be graded on proper mechanics (grammar, syntax, spelling) used to communicate your ideas. Most likely, your word processing program has a grammar and spell checker. I encourage you to use that tool, before you submit your assignment.

# Submitting Your Work:

Save your work in Rich Text Format (RTF). To do this in Microsoft Word, use your mouse pointer to select the "File" menu. Select the "Save As..." menu option. In the window that appears, find the "Format" drop-down menu. Click on this menu and select "Rich Text Format". Now give your file a filename and select a location to save the file. Finally, click on the "Save" button. Email your document as an attachment to your instructor at: blw@csun.edu