Introduction

So far we have been discussing things a counselor is and is not, what we would want in a counselor/therapist, etc. Now let’s concentrate on ourselves and what we bring to the counseling relationship.

Instructions

Break into __________ groups. Each group gets a set of value cards.

Rank Order these value cards in two piles:
   (1) the top three values that ALL of you share, and
   (2) the bottom three values that all appreciate least

Decision: Group consensus, not democratic voting.  
All must agree.  
Try not to agree with group simply to avoid conflict.  
Have your choices truly reflect you.

Discussion: Share the lists.

Why this order?

How did you come to agreement?

Then, take a few thoughtful moments to write some short answers/reactions to some of the following questions:

• What are values?  
• How did you acquire them?  
• Situational or constant?  
• As you persuaded each other, would you do that to clients?  
• Where do they come from?  
• Are they your own or society’s  
• How do values change?  
• How not??

Points for Task: ______________________ (15 possible)

Name of Student Participant: ____________________________