Instructions:
The skill of reflection will be demonstrated first. After the demonstration, break into groups of three. Assign each group member to either be a listener, observer or speaker for the first practice segment. Speakers must be able to talk about an event or experience for five minutes without stopping while the listener practices using the skill, reflection. After five minutes, “time” will be called. Switch roles and have another person demonstrate the same skill. After each person has demonstrated reflecting, give feedback to your group members. Then answer the following questions:

How did your group feel about practicing these skills?
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________

Were there any problems?
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________

Was there anything you did not understand?
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________

How did it feel to be the observer/listener/observer?
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________

Was feedback helpful?
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________

Points for Task: ____________________________ (10 possible)

Name of Student Participant: ____________________________________________